

## PGSA 2025 Season

### Frequently Asked Questions

#### What equipment is required?

Each player will need a batting helmet (with a cage), glove, bat and fielder's mask (example [here](#)). Fielding masks are required at certain infield positions and PGSA strongly encourages all players in the field to wear a mask.

Softball sizes per our league rules	
6U	10" softie
8U	11" softie
10U	11" softball
12U	12" softball
14U	12" softball

#### What uniform pieces are required?

PGSA provides players game and practice jerseys, as well as socks. Players will need to supply black softball pants (knee length, example [here](#)), a black belt (example [here](#)) and a black long sleeve shirt to wear under their uniform shirt on chilly days. Softball cleats and sliding shorts (example [here](#)) also are recommended for 10U and up. Label everything!

You may be able to source some of these items at Play it Again Sports or from a PGSA Gear Swap. PGSA will provide players with a 20% off coupon to Dick's for a weekend in early March.

#### When does the PGSA season start? When will I know the game schedule?

Pre-season starts after February vacation, with indoor training (typically once or twice a week) and assessments in March. Fields are usually dry enough to begin outdoor practice by mid-April. Games begin immediately after April vacation.

The game schedule generally is not released until mid-April. Practice schedules are decided in March based upon field and coach availability.

PGSA plays in a league with SAU 16 teams (Exeter, East Kingston, Stratham, Brentwood, Newfields, Kensington), Hampton, Rye, Atkinson, Newmarket, Seabrook, and Fremont. Teams play approximately 10 games per season and there are playoffs for divisions 10U and up. 6U teams play fewer games.

During the season, teams typically have 3-4 softball commitments per week (between games and practices).

#### Where are practices and home games?

PGSA generally uses the fields at Tony Rahn Park located off of Corporate Drive at Pease and the Sherburne Field (adjacent to the Sherburne School) located at 35 Sherburne Road, Portsmouth. Clough Field (adjacent to Little Harbor School) and the field at Greenland Central School also may be used.

6U-10U practices and home games usually are at Tony Rahn Park and 12U/14U teams use Sherburne Field. Practice fields may change due to availability.

Winter practices are held indoors at Community Campus, Greenland Central School, and sometimes Portsmouth elementary schools.

**What parent/guardian involvement is required?**

PGSA is a volunteer league. Parents/guardians are expected to volunteer in some capacity (field clean up, field prep, team parent, etc.) during the season.