

(last updated 1/3/2021)

## COVID-19 Preparedness Plan for BPAA Basketball

**Brooklyn Park Athletic Association (BPAA) Basketball** is committed to providing a safe and healthy environment for all our players, coaches and parents. To ensure we have as safe and healthy workplace, we have developed the following COVID-19 Preparedness Plan in response to the COVID-19 pandemic. Coaches, players and parents are all responsible for implementing this plan. Our goal is to mitigate the potential for transmission of COVID-19 in our gyms and communities, and that requires full cooperation among our coaches, players and parents. Only through this cooperative effort can we establish and maintain the safety and health of all persons in our association.

Coaches, players and parents are responsible for implementing and complying with all aspects of this COVID-19 Preparedness Plan. **BPAA Basketball** coaches, players and parents have our full support in enforcing the provisions of this policy and we encourage our coaches, players and parents to ask questions, raise safety and health concerns and offer suggestions related to the plan and its implementation.

Our families and players are our most important assets. We are serious about safety and health and keeping everyone safe at **BPAA Basketball**. Involvement is essential in developing and implementing a successful COVID-19 Preparedness Plan. We have involved our board members along with our coaches/players in this process by **coaches/players to send their feedback to association board members or our [BPAABasketball@gmail.com](mailto:BPAABasketball@gmail.com) email. All questions or concerns will be answered directly, shared with the broader group, or integrated within the plan.** Our COVID-19 Preparedness Plan follows State of Minnesota Industry Guidance for our business, Centers for Disease Control and Prevention (CDC) Guidelines, federal Occupational Safety and Health Administration (OSHA) standards related to safety and health precautions required in response to COVID-19 and applicable executive orders.

**The Safe Play: Back to the Hardwood Safety Guidelines will be followed, first and foremost.** (<http://myas.org/media/5527/mnbasketballreturntocompetitionrevised6-29.pdf>)

In addition, this Plan addresses the following:

1. hygiene and respiratory etiquette;
2. engineering and administrative controls for social distancing;
3. coach/player hygiene and source controls;
4. drop-off, pick-up and delivery practices and protocols; and
5. communications, training and supervision practices and protocols.

# 1. Policies and procedures that assist in the identification of sick coaches/players and ensure sick coaches/players stay home

Coaches/Players have been informed of and encouraged to self-monitor for signs and symptoms of COVID-19. The following policies and procedures are being implemented to assess coaches/players health status prior to entering the gym and for coaches/players to report when they are sick or experiencing symptoms. Employees may also use the CDC Symptom Checker for advice on when to seek medical attention or testing if they feel they may have the disease. <https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>

People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. Symptoms may appear **2-14 days after exposure to the virus**. People with these symptoms may have COVID-19:

- Cough
- Shortness of breath or difficulty breathing
- Fever
- Chills
- Muscle pain
- Sore throat
- New loss of taste or smell

This list is not all possible symptoms. Other less common symptoms have been reported, including gastrointestinal symptoms like nausea, vomiting, or diarrhea.

## If a player/coach has a known exposure to covid or has tested positive:

- Immediately notify the Coach and BPAA basketball at [BPAABasketball@gmail.com](mailto:BPAABasketball@gmail.com)
- Team families will be notified of the occurrence.

**BPAA Basketball** has also implemented a policy for informing coaches/players if they have been exposed to a person with COVID-19 at practice/game and requiring them to quarantine for the required amount of time. These policies were established in the best interest of league families to reduce transmission. Discretion will be used when dealing with possible exposure or confirmed case details.

<b>If a player/coach has direct exposure to someone who has tested positive:</b>	
<i>Player/coach</i> cannot return to team activities until 14 days from exposure to the covid positive person.	<i>Team</i> practices/games may continue as planned.
<b>If a player/coach tests positive for covid:</b>	
<i>Player/coach</i> cannot return to team activities until 14 days after positive test, assuming symptoms have resided.	<i>Team</i> activities practices/games will be postponed/cancelled for 14 days
<b>BPAA has the right to modify policies for individual cases at the guidance of the Minnesota Department of Health.</b>	

## 2. Social distancing – maintaining six feet of physical distancing

Social distancing of six feet will be implemented and maintained between players in the gym through the following engineering and administrative protocols:

### Practices and games: Starting Jan 4<sup>th</sup> for practices, and Jan 14<sup>th</sup> for games

- Social distance at 6 feet as much as possible
- Max number of **100** people in a facility at any given time for games/tournaments
- Face coverings are required by all attendees at all times **even during practices and games.**
- Ball will be sanitized before, during and after games and practices
- 1 Pod of 12 people or less will be allowed in the small elementary gyms OR
- 2 Pods of 12 people or less will be allowed in the middle school gyms
- During games, fans should be prepared to stand or sit on the floor if seating is not provided at the school

## 3. Coach/Player hygiene and source controls

Coach/player hygiene and source controls are being implemented at all times.

- Stay home if you are feeling sick
- Stay home if a family member or someone in your home is sick. Wash hands often with soap and water for at least 20 seconds; if soap and water not readily available, use a hand sanitizer containing at least 60% alcohol.
- Avoid touching eyes, nose, and mouth with unwashed hands
- Cough/sneeze into your elbow
- No player to player or coach to player contact (Ex. No high fives, no sharing water bottles)

## 4. Drop-off, pick-up and delivery practices and protocols

**Phase 4 (practices and games) starting June 24** – Participants should enter and leave the facility in a timely fashion and not congregate outside or inside facility. Following competition, they must leave facility immediately. Team meetings may not occur in the facility. Ridesharing should be kept at a minimum. Program organizers will stagger practice/game start times for clearing out the facility after each set of practices/games.

## 5. Communications, training and supervision practices and protocols

This COVID-19 Preparedness Plan was communicated **via email** to all coaches, players and parents on 1/3/2021 and necessary training was provided. Coaches, players and parents are to work through this new program together and update the training as necessary. This COVID-19 Preparedness Plan has been certified by **BPAA Basketball** and was on its website on 1/3/2021. It will be updated as necessary.

COVID-19 Contact Person: Courtney Cassem 763-242-0912.