



SHSAA Regional Wrestling Championships  
March 7, 2026 A.E. Peacock Collegiate Moose Jaw

Welcome to the SHSAA Regional Wrestling Championships held at A.E. Peacock Collegiate in Moose Jaw.

**DATE: SATURDAY, MARCH 7, 2026**

**LOCATION: AE PEACOCK COLLEGIATE MOOSE JAW (145 ROSS ST E.)**

**GENERAL INFORMATION:**

1. Admission prices:
  - a. \$7 adults
  - b. \$5 students grades 7-12
  - c. Grade 6 & under free
2. There will be medical personnel on site as well as access to ice.
3. There will be a full concession serving hot meals, snacks and drinks for the duration of the tournament.
4. Outdoor shoes will not be permitted in the gym area. This is to ensure the health and safety of wrestlers.
5. Coaches will be given a ticket to access a free hot lunch at the concession (there will be a separate line for speedy access). Room 109 will be available for coaches to sit and eat their lunch.
6. Spectators need to stay in the bleachers.
7. We are currently working on having a livestream that will be accessible to those who cannot make the trip.

**ENTRY:**

1. All wrestlers from registered schools outside of Regina and Saskatoon **MUST** attend the meet in order to qualify for the Provincial Tournament.
2. Registered schools may enter more than one wrestler per division.
3. Every participating school **MUST** contact the SHSAA with their intent to enter, and indicate the number of competitors by the Monday preceding the regional competition. Competitors who have not been pre-registered by their coaches will not be allowed to participate in the tournament.
4. The Saskatchewan District team that advances to the Provincial Tournament will consist of up to four qualifiers from this meet per weight division.

**WEIGH IN:**

A weigh-in will not be held at the Regional tournament. **Each wrestler must weigh in at their home school. A school administrator or their designate must certify the weight. Certified weights must be submitted to the SHSAA office by 12:00 pm on the Thursday preceding the meet (March 5, 2026)**

**SKIN INSPECTIONS:**

Skin inspections will begin at 8:00. Female athletes will have skin inspection on the south side of the gym. Male athletes will have skin inspection on the north side of the gym.

**WARM UPS WILL NOT COMMENCE UNTIL SKIN CHECKS ARE COMPLETED.**

**START TIME:**

The tournament will begin at 10:00 am. Four wrestling mats will be available for matches.

**RULES FOR HIGH SCHOOL WRESTLING:**

Please refer to the SHSAA Handbook (pages 131-138), the Wrestling Canada Lutte rule book, and the Wrestling Activity page on the SHSAA website for more information on High School wrestling rules.

**INDIVIDUAL AWARD:**

A Gold Medal will be awarded to the top finisher in each weight class. Medal presentation will take place at the end of the day.

**SCHOOL TEAM COMPETITION:**

There are six school awards: 3A, 4A and 5A Girls; 3A, 4A and 5A Boys