



BULLS

NEWS

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Hey LJFL Bulls!

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Earth Day is a time to celebrate our awesome planet, and what better way to show our love than by being good stewards right here in Livermore?



IMPORTANT DATES

Next board meeting: May 9, 2024 @ 7pm RLCC Fiesta Room

Football practice starts on July 15

Cheer practice starts on July 22

Jamboree: Aug. 17th

Week 1: Aug. 24



Volunteer Opportunities

- Website / Social media content editor
- Swag
- Snack Bar
- Field set up & take down
- Parking lot attendee
- Admission gate

Reminder: All families are required to do volunteer hours



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**Did you know?
Earth Day is April 22nd.**



**How do you plan to make an impact in your community?
Here are some simple ways to celebrate Earth Day by helping the environment,
saving money, and staying healthy...**

DONATE USED EQUIPMENT

Don't throw away equipment or team swag that doesn't fit you. Instead, donate them. When you donate your used gear, you are not only helping someone in need, you are recycling and reducing space in landfills.

ORGANIZE A TEAM CLEAN-UP

Gather the team and plan a park clean-up day. It doesn't have to be a chore. You can make it fun by bringing a Bluetooth speaker to jam while you work or make a competition out of it.

CARPOOL TO PRACTICE

Reduce your carbon footprint by carpooling to practice. If 100 people were to take advantage of the carpool option every day, more than of 1,320 pounds of carbon monoxide and 2,376,000 pounds of carbon dioxide could be removed from the air.



STUDENT-ATHLETES OF THE WEEK

The Livermore Bulls Junior Football League would like to recognize our student-athletes whose effort, desire, sacrifice and contribution has made a difference to their team, coaches and teammates throughout the season. Unlike most recognition awards these nominations represent much more than just personal achievement on the field of play. Great teams have players willing to take on new roles and support others for the greater good. By receiving this recognition, the player has demonstrated great character, leads by example, has a willingness to put others first, made sacrifices or other valuable contributions to the success of their team that which is not always recognized.



Player: Parker Gillette
Level: 2023 JV Dev
Team: Lutz

Parker Gillette showcases remarkable dedication, positivity, and diligence on the football field. His consistent effort is evident in every play, reflecting a commendable work ethic that distinguishes him. Beyond his physical abilities, Parker's infectious positivity and upbeat attitude leave a lasting impression. He approaches each practice and game with enthusiasm, uplifting his teammates and fostering a supportive environment. With his exceptional blend of effort, positive mindset, and hard work, Parker serves as an inspiring role model for athletes of all ages. Parker is a Livermore Bull!



Cheer Player: Ella E.
Team: Gold

This will be Ella's 2nd season cheering with LJFL. She will be going into the 5th grade. When she isn't cheerleading, she is swimming year round, playing softball, practicing piano, creating arts & crafts, or enjoying time with her younger sister and friends. Ella's enthusiasm and joy for everything she does can be seen both on the field and at practice. You will always see her smiling and encouraging her teammates. She is a light and her positive attitude and leadership qualities make her a great leader & teammate. Ella is a Livermore Bull!

Thank You, Sponsors!



Have any questions or want to provide feedback? Please drop us a note at: secretary@ljflbulls.com