





# San Juan Hills High School Emergency Action Plan – BASEBALL FIELD

Call 911 for life-threatening emergencies. If unresponsive and not breathing normally, begin CPR and get the AED

911	
<b>Local EMS Number</b>	OCFA Station 56 (714) 573-6000
<b>School Address</b>	29211 Stallion Ridge San Juan Capistrano, CA 92675
<b>Cross Streets</b>	Stallion Ridge & Avenida La Pata
<b>EMS Access Point</b>	Turn onto Stallion Ridge Rd. Proceed straight ahead to the front of the campus to the last access gate located at the end of the main Student Parking Lot.
<b>Caller</b>	Provide location, an explanation of services needed, and victim's name
<b>Athletic Trainer</b>	Javier LeBrija Office: 949-234-5900 ext 16630
<b>Athletic Director</b>	Farrel Moore Office: 949-234-5999
<b>Principal</b>	Cina Abedzadeh Office: 949-234-5957
<b>School Nurse</b>	Kerry Coryell Office: 949-234-5900 ext 16006

AED	
<b>GET THE AED</b>	
<b>Closest AED</b>	Home side dugout
<b>GET THE ATHLETIC TRAINER</b>	
<b>Typical Location</b>	<b>5<sup>th</sup> / 6<sup>th</sup> Period:</b> Athletic Training Room <b>After School:</b> Stadium, gym, other athletic areas on campus

- EMS Access Gates to unlock 
- EMS Access Route 
- AED Locations 
- Athletic Training Room 

CPR / AED
<b>START CPR</b>
<ol style="list-style-type: none"> <li>1. Position person on back.</li> <li>2. Put one hand on top of the other on middle of person's chest. Keeping arms straight, push hard and fast. 100 presses/minute. Let chest completely recoil after each compression.</li> <li>3. Take turns with other responders as needed.</li> </ol>
<b>WHEN AED ARRIVES, TURN IT ON AND FOLLOW VOICE PROMPTS</b>
<ol style="list-style-type: none"> <li>4. Remove clothing from chest.</li> <li>5. Attach electrode pads as directed by voice prompts</li> <li>6. Stand clear while AED analyzes heart rhythm</li> <li>7. Keep area clean if AED advises a shock</li> <li>8. Follow device prompts for further action</li> <li>9. After EMS takes over, give AED to Athletic Administrator for data download</li> </ol>

ROLE OF FIRST RESPONDERS
<ol style="list-style-type: none"> <li>1. Provide Care <ul style="list-style-type: none"> <li>• Check ABCs (airway, breathing, circulation)</li> </ul> </li> <li>2. Call 911 <ul style="list-style-type: none"> <li>• Give the appropriate information and give directions directly to your location/SJH stadium</li> </ul> </li> <li>3. Get AED <ul style="list-style-type: none"> <li>• Retrieve closest AED and/or necessary emergency equipment</li> </ul> </li> <li>4. Direct EMS to scene <ul style="list-style-type: none"> <li>• Unlock / open all necessary gates and flag down emergency rigs</li> </ul> </li> <li>5. Notify parent of student or emergency contact <ul style="list-style-type: none"> <li>• Designate someone to ride in ambulance</li> </ul> </li> <li>6. All additional personnel should assist with crowd control around the scene to make way for EMS</li> </ol>



MEDICAL FACILITIES
<p><b>Providence Mission Hospital</b> Trauma Hospital – Open 24 Hours 26800 Crown Valley Pkwy Mission Viejo, CA 92691</p>
<p><b>Kaiser Irvine Medical Hospital</b> – 24 Hr Emergency Room 6640 Alton Pkwy Irvine, CA 92618</p>
<p><b>MEDHERO Urgent Care</b> Hours: 8:00am – 8:00pm 905 Calle Amanecer #115 San Clemente, CA 92673</p>