



PARENT PACKET SUMMER AND VACATION CAMPS

Dear Parents/Guardians:

Welcome to TSC's Multisports Indoor Adventures Program. Thank you for considering TSC for your family's camp experience. In order to comply with board of health regulations, we will need the following paperwork completed before your child can have fun at our camp. Tyngsboro Sports Center would like to provide your child with the safest environment possible. We understand that we are asking for a lot of information, but to better serve your family, please take a moment to provide detailed answers when filling out the forms.

TSC Paperwork Checklist – to assist your family in preparation for camp/vacation programs.

___ Child's Fact Sheet

___ Pick-up authorization/Emergency Contact and Release forms

___ Health Care Policies

___ Camper's Profile

___ Physical

___ Immunization

___ Authorization for medication form (only applicable if TSC will be administering medication to your camper during camp hours)

REMINDER TO ALL PARENTS

Each child must be examined by a physician (within the last 18 months) prior to enrollment, as required by the Commonwealth of Massachusetts. Included with this physical is an immunization history. Each child must be immunized prior to entrance at TYNGSBORO SPORTS CENTER (TSC). Please be sure that your child's immunizations are up to date at the time of entrance into the camp program. If TSC does not have your child's physical and immunization records at the start of the camp week, entrance will be denied until records are received. TSC will not give refunds if this situation occurs. This parent packet and the physical/immunization records may be sent to TSC via our email mail@tyngsborosportscenter.com or brought in with your child.

Remember, we are available to assist you in making you and your camper's experience a pleasurable one. If you have any questions or need assistance filling out forms, contact us at 978-649-9393. We are looking forward to a summer of endless opportunities of fun, excitement and personal growth.

Thank you,

TSC STAFF



**PARENT PACKET
SUMMER AND VACATION CAMPS**

VACATION PROGRAM WAIVER FORM

Child's Name: _____ Date of Birth _____
Parent/Guardian's Name: _____
Address: _____
City: _____ State: _____ Zip Code: _____
Home Phone: _____ Work Phone: _____
Email: _____ Cell Phone: _____

HOLD HARMLESS RELEASE FORM

In consideration of being allowed to participate in any way in the Tyngsboro Sports Center, Inc. programs, related events and activities, the undersigned acknowledges, appreciates and agrees that:

1. The risk of injury from activities involved in this program is significant, including the potential for permanent paralysis and death, and while particular rules, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist; and,
2. I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, and assume full responsibility for my participation; and,
3. I willingly agree to comply with the stated and customary terms and conditions for participation. If, however I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the nearest official immediately; and,
4. I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE AND HOLD HARMLESS Tyngsboro Sports Center LLC, its officers, officials, agents, and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessors of premises used to conduct the event ("RELEASES"), WITH RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH, or loss or damage to person or property; and,
5. In the event that a claim is brought by Participant or Release against the other, the defendant shall be able to recover reasonable attorney's fees if incurred in successfully defending against such claim.

I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

I also understand that TSC regularly takes pictures during our programs that are used for promotional materials and give permission to TSC to use these pictures without compensation.

We at Tyngsboro Sports Center understand and appreciate specific family concerns and medical issues. If you have any specific requests, please make these concerns in written format to have on file with the camper's registration.

This is to certify that I, as parent/guardian with legal responsibility for this participant, do consent and agree to his/her release as provided above of all the Releasees, and for myself, my heirs, assigns, and next of kin, I release and agree to indemnify and hold harmless the releases from any and all liabilities incident to my minor child's involvement or participation in these programs as provided above,

Parent/Guardian Signature _____ Print Name _____ Date Signed _____



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CHILD FACT SHEET

CHILD INFORMATION

Child's Name _____

CHILD'S IDENTIFICATION INFORMATION

Eye Color: _____ Hair Color: _____ Sex: _____

Height: _____ Weight: _____ Skin Color: _____

Identifying Marks: _____

PARENT/GUARDIAN INFORMATION

PRIMARY CONTACT *(Authorized To Sign-Out Camper)*

Parent/Guardian Name: _____

Relationship to Child: _____

Cell Phone #: _____

*Home Telephone #: _____

*Home Address: _____

Bus. Name: _____

Bus. Address: _____

Bus. Telephone #: _____

Work Hours: _____

*If different from child's home phone or address

SECONDARY CONTACT *(Authorized To Sign-Out Camper)*

Parent/Guardian Name: _____

Relationship to Child: _____

Cell Phone #: _____

Home Telephone #: _____

Home Address: _____

Bus. Name: _____

Bus. Address: _____

Bus. Telephone #: _____

Work Hours: _____

MEDICAL INFORMATION

Child's Physician: _____

Clinic: _____ Telephone #: _____

Has/Does your camper: *(Please Circle)*

Frequent ear infections: Yes No Diagnosed with ADD/ADHD: Yes No

Heart Trouble: Yes No Learning disabilities: Yes No

Headaches: Yes No IEP: Yes No

Diabetes: Yes No Skin Problems: Yes No

Asthma: Yes No If yes, will they have an inhaler? Yes No

If you answered yes to any of the above questions please give a detailed explanation: _____

Please list all allergies: _____

For each allergy, please give a detailed explanation about the causes, symptoms, reactions, and treatments? _____

Please list any other medical conditions that we should know about: _____

Will TSC be administering medication during the camp day? No Yes *(If yes please fill out the consent form)*



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AUTHORIZATION AND CONSENT FORM

I understand that every effort will be made to contact me in the event of an emergency requiring medical attention for my child. However; if I cannot be reached I hereby authorize TYNGSBORO SPORTS CENTER to transport my child to Lowell General Hospital (Lowell, MA) or Saint Joseph’s Hospital (Nashua, NH), and to secure for my child the necessary medical treatment. I understand the staff members of TYNGSBORO SPORTS CENTER are trained in the basics of First Aid and I authorize them to give my child first aid when appropriate.

Signature: _____ Print Name: _____ Date: _____

EMERGENCY CONTACT AND RELEASE FORM

In case of an emergency, please give names of persons who can be called and are authorized to pick-up your child if we cannot reach a parent (please attach another sheet if more room is needed).

PICK-UP AUTHORIZATION: At camper sign-out, I authorize the following people to pick up my child from camp: For your child’s safety, A PICTURE ID IS REQUIRED each and every time your child is picked up.

PICK-UP AUTHORIZATION

EMERGENCY CONTACT?

Name: _____ Relationship to Child: _____ Y N

Address: _____ Telephone #: _____ Cell Phone #: _____

Name: _____ Relationship to Child: _____ Y N

Address: _____ Telephone #: _____ Cell Phone #: _____

Name: _____ Relationship to Child: _____ Y N

Address: _____ Telephone #: _____ Cell Phone #: _____

NOT AUTHORIZED TO PICK-UP:

1. _____ 2.) _____ 3.) _____

HEALTH POLICIES AND GUIDELINES

TSC does have a healthcare consultant, Doctor Russell Coleman, on-call. Our consultant has advised us on our health policies, and will always be available to advise us in both acute and chronic medical situations. As part of our health care policy, TSC cannot accept any child with a diagnosed communicable disease (measles, mumps, chicken pox, etc). Please do not send your child to TSC if he/she shows signs of possible contagious diseases (new cold, sore throat, fever, rashes, diarrhea, vomiting, etc) TSC does not have sufficient staff or facilities to care for sick children. A parent should not bring their child to our facility if he/she is too ill to participate in activities, if the child requires special attention due to their illness, or if any signs or poor health are evident. The health of all children and staff is in jeopardy if an ill child is allowed to attend. Parents must notify the staff if their child has been exposed to and infectious disease so we can alert the families of the children attending the program. If during the day the TSC staff notices a child is unable to participate in activities due to poor health, the parent will be called to come and pick up the child. If a parent cannot be reached, an emergency contact will be called. It is the responsibility of the parent to notify TSC if there should be any changes regarding emergency numbers or contacts. If you decide that your child should remain at home, please call 978-649-9393 and inform TSC of the absence. You have the right to request in writing to review the background of our counselors and our health care, discipline and grievance policies/procedures.



PARENT PACKET SUMMER AND VACATION CAMPS

Board Health Regulations for Administering Medication During Camp Hours

105 CMR 430.160 (A)

Medication prescribed for campers shall be kept in original containers bearing the pharmacy label, which shows the date of filling, the pharmacy name and address, the filling pharmacist's initials, the serial number of the prescription, the name of the patient, the name of the prescribing practitioner, the name of the prescribed medication, directions for use and cautionary statements, if any, contained in such prescription or required by law, and if tablets or capsules, the number in the container. All over the counter medications for campers shall be kept in the original containers containing the original label, which shall include the directions for use.

105 CMR 430.160 (C)

Medication shall only be administered by the health supervisor* or by a licensed health care professional authorized to administer prescription medications. The health care consultant shall acknowledge in writing the list of medications administered at the camp. If the health care supervisor is not a licensed health care professional authorized to administer prescription medications, the administrations of medications shall be under the professional oversight of the health care consultant. Medication prescribed for campers brought from home shall only be administered if it is from the original container, and there is written permission from the parent/guardian.

105 CMR 430.160 (D)

When no longer needed, medications shall be returned to a parent or guardian whenever possible. If the medication cannot be returned, it shall be destroyed.

**Health Care Supervisor – A person who is at least 18 years of age, specially trained and certified in at least current American Red Cross First Aid (or its equivalent) and CPR, has been trained in the administration of medications and is under the professional oversight of a licensed health care professional authorized to administer prescription medications.*

This camp complies with the MDPH and the local Board of Health. All children MUST have the required immunizations completed and forms in to TSC PRIOR to the start of the session. Please refer to the immunization page at the end of this packet for required immunizations.

All counselors at TSC are CORI and SORI verified. Parents/Guardians have the right to review the background checks, health care, discipline policies and grievance procedures upon written request.

SUNSCREEN AUTHORIZATION

(Sunscreen Brought from Home)

I, _____ (please print full name), authorize the Tyngsboro Sports Center Staff to apply on my child a Sunscreen Lotion provided from home.

Child's Name: _____ Child's Age: _____

Name of the Sunscreen Lotion provided: _____

Possible side Effects (include previous sunscreen reactions):

Reason for application: Protecting from sun. Amount to be given: Cover exposed areas of skin.

Signature: _____ Print Name: _____ Date: _____



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HAND SANITIZER AUTHORIZATION

I authorize my child to utilize hand sanitizer while at the Tyngsboro Sports Center. If I prefer that my child uses a certain type, I will send the hand sanitizer to the Tyngsboro Sports Center with my child each day.

Signature: _____ Print Name: _____ Date: _____

The following section is not required by TSC, but would help us better understand your camper and their needs. This will be a confidential form and will be used as a helpful guide for counselors to get to know your child better.

Campers Name: _____ Age: _____

School: _____ Grade entering in the fall: _____

Is this your child's first summer at TYNGSBORO SPORTS CENTER? YES NO

Has your child ever attended any other camps or summer programs? YES NO

Campers Personality:

Sociability:

Interests:

Dislikes and apprehensions? What may cause ambivalence, anxiety, or resistance?

Talents or passions:

Special needs: Any social, emotional, or psychological issues that may require special attention from staff and camp? Are there any support programs such as IEP that your child is on?

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PARENT PACKET SUMMER AND VACATION CAMPS

Grades Kindergarten – 6

In ungraded classrooms, Kindergarten requirements apply to all students ≥ 5 years.

DTaP	5 doses ; 4 doses are acceptable if the 4 th dose is given on or after the 4 th birthday. DT is only acceptable with a letter stating a medical contraindication to DTaP.
Polio	4 doses ; 4 th dose must be given on or after the 4 th birthday and ≥ 6 months after the previous dose, or a 5 th dose is required. 3 doses are acceptable if the 3 rd dose is given on or after the 4 th birthday and ≥ 6 months after the previous dose.
Hepatitis B	3 doses ; laboratory evidence of immunity acceptable
MMR	2 doses ; first dose must be given on or after the 1 st birthday and the 2 nd dose must be given ≥ 28 days after dose 1; laboratory evidence of immunity acceptable
Varicella	2 doses ; first dose must be given on or after the 1 st birthday and 2 nd dose must be given ≥ 28 days after dose 1; a reliable history of chickenpox* or laboratory evidence of immunity acceptable

Grades 7 – 12

In ungraded classrooms, Grade 7 requirements apply to all students ≥ 12 years.

Tdap	1 dose ; and history of DTaP primary series or age-appropriate catch-up vaccination. Tdap given at ≥ 7 years may be counted, but a dose at age 11-12 is recommended if Tdap was given earlier as part of a catch-up schedule. Td should be given if it has been ≥ 10 years since Tdap.
Polio	4 doses ; 4 th dose must be given on or after the 4 th birthday and ≥ 6 months after the previous dose, or a 5 th dose is required. 3 doses are acceptable if the 3 rd dose is given on or after the 4 th birthday and ≥ 6 months after the previous dose.
Hepatitis B	3 doses ; laboratory evidence of immunity acceptable. 2 doses of HepB given on or after 18 years of age are acceptable.
MMR	2 doses ; first dose must be given on or after the 1 st birthday and the 2 nd dose must be given ≥ 28 days after dose 1; laboratory evidence of immunity acceptable
Varicella	2 doses ; first dose must be given on or after the 1 st birthday and 2 nd dose must be given ≥ 28 days after dose 1; a reliable history of chickenpox* or laboratory evidence of immunity acceptable

Campers, staff and volunteers 18 years of age and older

MMR	2 doses , anyone born in or after 1957. 1 dose, anyone born before 1957 outside the U.S. Anyone born in the U.S. before 1957 is considered immune. Laboratory evidence of immunity to measles, mumps and rubella is acceptable
Varicella	2 doses , anyone born in or after 1980 in the U.S., and anyone born outside the U.S. Anyone born before 1980 in the U.S. is considered immune. A reliable history of chickenpox or laboratory evidence of immunity is acceptable
Tdap	1 dose ; and history of DTaP primary series or age-appropriate catch-up vaccination. Tdap given at ≥ 7 years may be counted, but a dose at age 11-12 is recommended if Tdap was given earlier as part of a catch-up schedule; Td should be given if it has been ≥ 10 years since Tdap
Hepatitis B	3 doses (or 2 doses of HepB) for staff whose responsibilities include first aid; laboratory evidence of immunity is acceptable

*A reliable history of chickenpox includes a diagnosis of chickenpox, or interpretation of parent/guardian description of chickenpox, by a physician, nurse practitioner, physician assistant or designee.