



ALASKA USA WRESTLING (AUSAW) 2019 FOLKSTYLE, FREESTYLE & GRECO-ROMAN STATE CHAMPIONSHIPS



www.ausaw.org

May 2, May 3, May 4, 2019 ~ Curtis D. Menard Memorial Sports Center ~ 1001 South Clapp Street
OFFICIAL 2019 ENTRY FORM

All contestants **MUST COMPLETE** and **SIGN** this form and turn in at registration table to receive weigh in card(s).
Please print clearly.

CLUB NAME _____

WRESTLER NAME _____ USAW Card # _____

ADDRESS _____ CITY _____ STATE _____ ZIP _____

PHONE _____ DATE OF BIRTH _____ AGE DIVISION _____

ENTRY FEE: (Please read the General Information page for Registration Procedure)

\$30 per style for pre-registrants ~ Individual competitor or team registration is online at www.trackwrestling.com and must be completed **on or before 10:00pm Tuesday, April 30, 2019. Payment must be made online at time of registration.**
\$50 per style for late-registrants or wrestlers not registered on www.trackwrestling.com before 10:00pm Tuesday, April 30, 2019.

Please **circle** the style beside the age group you plan on participating in.

NOTE: Only **FREESTYLE & GIRLS** is available to Pre-Bantam and Bantam age divisions.

NO double entry per tournament will be allowed

6U (Pre-Bantam) (Born 2013-2014):	Freestyle		Girl's Freestyle (6U, 2013-2014)
8U (Bantam) (Born 2011-2012):	Freestyle		Girl's Freestyle (see 9U below)
10U (Intermediate) (Born 2009-2010):	Freestyle	Greco-Roman Folkstyle	Girl's Freestyle (9U, 2010-2012)
12U (Novice) (Born 2007-2008):	Freestyle	Greco-Roman Folkstyle	Girl's Freestyle (12U, 2007-2009)
14U (Schoolboy/girl) (Born 2005-2006)	Freestyle	Greco-Roman Folkstyle <u>OR</u> Girl's Folkstyle	Girl's Freestyle (14U, 2005-2006)
16U (Cadet) (Born 2003-2004):	Freestyle	Greco-Roman Folkstyle <u>OR</u> Girl's Folkstyle	Girl's Freestyle (16U, 2003-2004)
Junior (Born 9/1/99 & after plus enrolled in grades 9-12):	Freestyle	Greco-Roman Folkstyle <u>OR</u> Girl's Folkstyle	Girl's Freestyle (Junior, Born 9/1/99 & after plus enrolled in grades 9-12)
Open/Senior:	Freestyle	Greco-Roman Folkstyle <u>OR</u> Girl's Folkstyle	Girl's Freestyle AK Moms

MEDICAL CONSENT

Name of your primary Insurance Company _____ Policy No. _____

Family Doctor _____ Phone _____

Presently on any medication? _____ If yes, please list medication(s) _____

Drug Sensitivities or Allergies _____

Special Medical Conditions (please describe, if any) _____

Emergency Contact: NAME _____ Phone _____

ALASKA USA WRESTLING & CITY OF WASILLA/MENARD CENTER WAIVER

I, named below as participant or as parent or legal guardian of a participant in events sponsored by AUSAW, recognize that the events involve physical activities that have risks and injuries associated with participating in these events including, but not limited to those of bodily injury, partial or total disability, paralysis, and death or personal property damage. I, named below, for myself, my heirs, administrators, executors and assignees, hereby waive, release and discharge, covenant and agree that I will never institute any demand, claim, or suit against AUSAW or the Menard Center, City of Wasilla and/or their employees/officers, agents, contractors and volunteers for any bodily injury, partial or total disability, paralysis, death or personal property damage that might occur from any cause whatsoever as a result of treatment for any injury suffered while taking part in the AUSAW State Folkstyle, Freestyle & Greco-Roman Wrestling Tournament.

PRINT Name of Competitor _____

SIGNATURE of Competitor _____

Date _____

SIGNATURE of Parent or Guardian _____

Date _____

2019 ALASKA USA WRESTLING (AUSAW)

2019 FOLKSTYLE, FREESTYLE & GRECO-ROMAN STATE TOURNAMENT SCHEDULE

May 2, May 3, May 4, 2019 ~ Curtis D. Menard Memorial Sports Center ~ 1001 South Clapp Street

Directions: From Anchorage, take Parks Hwy. to Wasilla. Continuing North, drive approximately 2.5 miles past the Carrs/Safeway store and make a left turn on South Clapp Street.

Thursday, May 2, 2019

10U (Intermediate)-Open Folkstyle Tournament with Girl's Brackets 14U-Open

Folkstyle Bracket changes up to **9:40am**, Wrestling Tournament begins at **10:00am**

Registration and Weigh-in for Folkstyle: 7:00am – 8:00am at Menard Sports Center

This weigh-in will be used for all tournaments IF you have entered all tournaments. **Wrestling to begin at 10:00am.**

Registration and Weigh-ins for all other tournaments: 5:00pm – 8:00pm at the Menard Sports Center

All 6U Pre-Bantams, 8U Bantams, Girl's Tournament participants and Greco-Roman participants (10U Intermediate-Open Divisions) MUST weigh-in Thursday night. Note: Greco and Female participants can also weigh-in at this time for Freestyle on Saturday. Participants wrestling only Freestyle on Saturday (10U Intermediate – Open & AK Moms) MUST WEIGH IN FRIDAY NIGHT

Friday, May 3, 2019

6U (Pre-Bantam) and 8U (Bantam) Freestyle Tournament & Girl's Freestyle Tournament

Greco-Roman Tournament 10U (Intermediate) – Open

Doors Open 7:00 am ~ Coaches/Officials Meeting 8:00 am

Bracket changes up to **8:45am**

Wrestling Begins at 9:30 a.m. for the 6U (Pre-Bantam) and 8U (Bantam) Freestyle Tournament, Girl's Tournament and Greco-Roman Tournament

Registration and Weigh-ins: 5:00pm – 8:00pm

10U (Intermediate) – Open Freestyle & AK Moms Divisions wrestling on Saturday

Saturday, May 4, 2019

Freestyle Tournament: 10U (Intermediate) – Open & AK Moms Divisions

Doors Open 7:00 am ~ Coaches/Officials Meeting 8:00 am

Bracket changes up to **8:45am**

Opening Ceremonies/Parade of Teams 9:00am ~ Wrestling Begins 9:30 am

- REGISTRATION PROCEDURE -

Step 1:

Teams or Individuals need to be pre-registered on www.trackwrestling.com by 10pm Tuesday, April 30th. **Online payment is due at the time of registration.** If you have questions about this procedure please call Jeanette Perkins at 907-982-3051.

There are four (4) separate tournaments so please be sure to choose the correct one(s). **Entry Fee is \$30.00 for each registered tournament.** Entry fee \$50.00 per style for late-registrations or wrestlers not registered on www.trackwrestling.com before 10:00pm Tuesday, April 30, 2019.

Step 2:

VERY IMPORTANT: The attached entry form must be accurately completed for each participant and presented to the registration table to receive a weigh-in card.

GENERAL INFORMATION

PLEASE NOTE: Once competitor's registrations have been received, there will be no refunds issued for any of the styles club members or individual members have registered for (unless there are extenuating circumstances).

ELIGIBILITY: All athletes must be a current member of Alaska USA Wrestling and meet age requirements. USA Wrestling cardholders who purchased their cards outside of Alaska USA Wrestling will be required to pay an additional \$10 AUSAW fee.

INDIVIDUAL AWARDS: Attractive medals to the top six placers in each weight class for Folkstyle Tournament, Freestyle Tournament and Greco-Roman Tournament and to the top 3 in each weight class for the Girl's Tournament. Medals will be awarded each day after the tournaments are completed.

TEAM AWARDS: The top 3 teams for Folkstyle, Greco & Girls will receive plaques.

There will be 2 divisions of teams based on size for Freestyle.

Division I – Teams with 30 or more wrestlers registered for State Freestyle Championship Tournament

Division II – Teams with fewer than 30 wrestlers registered for the State Freestyle Championship Tournament

Plaques will be awarded in each division to the top three (highest points) teams in the Kids Division (6U Pre-Bantam – 14U Schoolboy/girl) and the top three teams in the 16U Cadet – Open Division.

A Grand Champion (Freestyle) trophy will be awarded to the team with the highest points – 6U Pre-Bantam through Open Divisions in each division.

Triple Crown Belt Buckle: Will be awarded to the wrestler who places 1st in 3 state tournaments. Criteria: must be 3 or more wrestlers in each weight bracket and there must be at least 2 teams represented in each bracket.

RULES: The rules of the UWW, with current USA Wrestling modifications where applicable, will govern the event. **Wrestlers in the Kids Division (6U Pre-Bantam – 14U Schoolboy/girl) must wear headgear.** Headgear is recommended but not mandatory for 16U Cadets and Juniors. Wrestlers with braces must wear a mouthpiece. Folkstyle will use current National High School Coaches Association Rules with USA Wrestling modification and 15 minute resting period.

WEIGH-INS: Each athlete must weigh-in at the official weigh-ins wearing a singlet & submit to skin & nail checks at that time, see medical info.

Thursday, May 2nd WEIGH INS:

FOLKSTYLE Participants must weigh in Thursday morning. Wrestlers wrestling in all three (3) styles may weigh in at this time.

All 6U (Pre-Bantams), 8U (Bantams), Greco-Roman participants (10U Intermediate-Open Divisions) and Girls Tournament MUST weigh in Thursday night.

NOTE: Greco and Female participants can also weigh in at this time for Freestyle on Saturday.

Friday, May 3rd WEIGH INS:

10U (Intermediate)-Open & AK Moms Freestyle Divisions wrestling on Saturday ONLY – NO THURSDAY Weigh Ins.

If an out of town competitor is arriving later than the official weigh in, please contact the tournament director, Bob Ottum, at alaskausaw@gmail.com or call 907-227-9153. Bob Ottum is the **ONLY** person who can approve weigh ins outside of the posted times.

All Athletes must weigh in wearing a competition singlet. All weigh in cards will have a “blind” computer generated draw number printed on them so participants will not need to choose one at weigh ins. Competitors will be locked into the weight class they declare at the time of weigh ins. If a wrestler chooses to bump up a weight class, officials must be told during the competitor's weigh in, which will be noted, on their weight card. If Pairing Officials find there is only one person in a weight class, the wrestler will have the option of medaling with an exhibition match in that weight class or he/she will be allowed to bump up to the next weight class which has more wrestlers, if applicable.

For more information, see AUSAW.org, AUSAW State tab: “AUSAW Pairing Procedures, Rules, and Guidelines”

Please see AUSAW.org, AUSAW State tab: 2019 Age & Weight Divisions: Note changes to Names of Age Divisions & Alaska USA Wrestling adds 6U/Pre-Bantam, DOB: 2013-2014, weights: 35, 40, 43, 45, 49, 53, 56, 62, 70

PAIRINGS: Separation of wrestlers from the same club when possible. Seeding will be random draw. Double elimination using vertical pairings.

Folkstyle, Freestyle & Greco: Any bracket with six (6) or more competitors will be pooled and cross-bracketed. Pool A #1 wrestles Pool B #2. Pool B #1 wrestles Pool A #2. Then the winners wrestle each other for 1st/2nd, and the losers wrestle each other for 3rd/4th. Pool A #3 wrestles Pool B #3 for 5th/6th.

Girls Freestyle Tournament: will use vertical pairings with double elimination, no cross bracketing.

COACHING: Two (2) coaches maximum in each competitor's corner on the mat during a match. Coaches **MUST hold a current Wrestling Leader card, AUSAW Copper or higher** certification and a concussion training certificate to be in a corner. **Coaches with these credentials will be issued coaches Wristbands to access the floor! Please attend the daily coaches meetings to receive your wristband.** Spectators or parents videotaping or taking pictures will not be allowed on the mat edge – this area must be kept clear.

MAT ACCESS: Access to the wrestling area is limited to wrestlers, carded certified coaches, one person per corner with a video pass, and one parent escort per 6U (Pre-bantam) and 8U (Bantam). Wristbands will be handed out to carded coaches at the coaches meetings and \$15.00 video wristbands will be available for purchase. The Video bands and Coach's bands are good for all three (3) days of the tournament. Do not lose or remove them. Once a wrestler has wrestled, he/she will need to leave the wrestling area until the next match is assigned to a mat. All wrestling fans need to be in the stands and not in the wrestling area; a security team will be assigned to keep the wrestling area clear for the safety of our participants. Video bands are for active videoing of an upcoming wrestler. Just like the wrestler, you are expected to leave the floor after the match. **Video bands are NOT a floor pass,** please respect this, no loitering on the floor.

MEDICAL INFORMATION: Athletes must be prepared to submit to a skin disease screening prior to weigh in. The Head Official has full authority, with consult of onsite medical personnel, without appeal in determining the eligibility of an athlete to compete. In the event of injury or illness, no contestant will be permitted to continue the competition without approval of the Head Official and Tournament Director, with consult of onsite medical personnel, whose decision is final and not subject to appeal.

Each age division will be assigned specific mats during the tournament.

TOURNAMENT T-SHIRTS/ CONCESSIONS/ HOSPITALITY ROOM: State tournament t-shirts will be available for sale all 3 days. A Concession stand will be available all 3 days. There will be a hospitality room for **OFFICIALS AND CLUB COACHES ONLY (coaches who coach for a club and not just his/her own wrestler)**. Admittance will only be allowed to those wearing Officials' shirts and coaches with wristbands.

RV Parking available for a fee. Contact the facility directly for more information.