



Maverick Athletics

GENERAL INFORMATION

Athletic Director: Kari DiGiulio kari.digiulio@sduhsd.net (760) 436-6136 x6007

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PLEASE NOTE, AT THIS TIME, IT IS UNCERTAIN IF FALL SPORTS WILL BEGIN AT THEIR DESIGNATED TIMES. WE WILL KEEP FUTURE MAVERICKS UPDATED AS MUCH AS POSSIBLE ON OUR WEBSITE AND THROUGH LCC SCHOOL SOCIAL MEDIA ACCOUNTS.

Athletics at La Costa Canyon High School provides students with the opportunity to be a part of a team, compete for their high school and foster character development. We provide various levels of sport teams, depending on the particular sport.

Student-athletes at LCC are held to a high standard and must meet all eligibility requirements to compete.

GENERAL ELIGIBILITY REQUIREMENTS for incoming freshmen:

- 1) **2.0 GPA, or passing 4 classes with credit, depending what your former school issued for grades the spring semester of 2020.**
- 2) Continued eligibility during each season depends on quarter and semester grades at the high school level. (Quarter grades are reported in November and April. Semester grades are reported beginning of February and June.)
- 3) Online Athletic Clearance completed, including uploading physical and copy of insurance card (front and back)
- 4) **Please note that try-out dates may change; this is merely a guideline.**
- 5) Fall Try-out Information can be found here: [Try-outs 2020](#)

| Fall Sports - Tryout | Winter Sports (Nov-Feb) | Spring Sports (Feb-May) |
|---------------------------|-------------------------|--------------------------|
| Football (7/30) | Boys Basketball | Baseball / Softball |
| Girls Volleyball (8/5) | Girls Basketball | Boys Golf |
| Boys Water Polo (8/5) | Boys Soccer | Gymnastics |
| B/G Cross Country (8/14) | Girls Soccer | B/G Lacrosse |
| Girls Field Hockey (8/12) | Girls Water Polo | B/G Swim and Dive |
| Girls Golf (8/10) | B/G Wrestling | Boys Tennis |

| | | |
|-----------------------------|--|---------------------|
| Girls Tennis (8/8) | | B/G Track and Field |
| Competitive Cheer (AUG) | | Boys Volleyball |
| Sideline Cheer (July 31st) | | |

Important Dates

Online clearance is OPEN for all sports; however, FALL Sports will be given priority and processed first. You may select as many sports as you are planning on trying out for during the 2020-2021 school year.

July 15th : SOFT DEADLINE to complete the Online clearance process

HOW TO COMPLETE ATHLETIC CLEARANCE - Online Athletic Clearance Steps

1. Visit www.AthleticClearance.com
2. Watch quick tutorial video and **Register**. Parents register with valid email username and password. You will be asked to type in a code to verify you are human.
3. Log in
4. Select "**New Clearance**" to start the process.
5. Choose the School Year in which the student plans to participate (**2020-2021**). Choose the School - **La Costa Canyon High School**. Choose the **Sport(s)** your student will be trying out for. If your student is interested in playing multiple sports, please be sure to choose **all** the sports they may want to try out for. It makes the clearance process easy for the rest of the year.
6. Complete all required fields for Student Information, Educational History, Medical History and Signature Forms. (Please note: parent and student-athlete have **separate signature lines**. You must sign each signature one at a time. **Auto-populating the signatures will cause it to be incorrect and will have to be reset and delay your clearance.**)
7. Once you reach the **Confirmation Message** you have completed the process. **NEW THIS YEAR:** You need to upload the copy of the physical, as well as the copy of your medical insurance card (front and back)
8. All of this data will be electronically filed with the athletic department for **review**. When the online registration has been completed and the student has submitted the required paperwork, **an email notification will be sent to the registered email user account** indicating that the student has been **cleared for participation** in the tryout process.
9. Please direct any questions to Char Grogan, Athletic Secretary. Contact listed at top.