



The Torch

SYC Weekly Digest

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On behalf of our board of directors, here's hoping all of our SYC families have a great holiday season! As 2019 draws to a close, I want to thank each of you for trusting SYC with your children. I would also like to thank our wonderful, hardworking staff and the many dedicated volunteers that make our club such a special organization. SYC has provided a diverse selection of youth sports since 1962, and we are proud of our club's enduring presence in the community. The loyalty and commitment of our SYC families, working with our staff and volunteers, make this possible.

There were many positive developments in 2019 - a new evaluation system and on-line draft capability for our recreational basketball program, the expansion of our travel soccer program, the addition of a fall season for field hockey with record number of players, and our first ever summer basketball camp, just to name a few. 2020 holds a great deal of promise for the club with new programs and initiatives. We are excited to begin offering new programs for young athletes with special needs, big improvements to Hooes Rd. Park, and providing all volunteers with new and expanded training.

SYC takes the safety of the children you entrust to us seriously; we want their youth sports experiences to be positive ones filled with joy, growth and development. We all look forward to serving our member families throughout the coming new year.

Happy New Year!

Chris Spera
SYC President

OPEN REGISTRATIONS

WINTER SPORTS

Soccer Clinics
Softball Pitching Clinics

SPRING SPORTS

Field Hockey
Flag Football
Girls Lacrosse
Boys Lacrosse

Boys Lacrosse 12U & 14U are waitlisting; however, we only need a few more players to make an additional team, so go ahead and register ASAP!

Rugby (Tag and Tackle)
Rec Soccer
Pee Wee Soccer
Softball
Track
UP - NEW!
Volleyball

FEATURED SPORT

SPRING REC SOCCER

REGISTER TODAY!



Spring Rec Soccer

Now is the time to register for Spring Rec Soccer. Don't wait until later and then get hit with late fees. :(Secure your spot and **REGISTER TODAY!**

[READ MORE](#)

[REGISTER HERE](#)

NEWS AND SPECIAL EVENTS



Spring Track Registration is NOW OPEN!

Spring Track is one of our sports that has limited space and FILLS UP QUICKLY. If your child wants to participate in Spring Track this season, [REGISTER NOW](#). If you hold off on registering, it could be too late!

Learn more and Register
[HERE!](#)

WINTER SOFTBALL PITCHING CLINICS



Winter Softball Pitching Clinics with Suzy Willemssen at [The St. James Complex](#)

\$20 per session - 8 Session Dates

Wednesdays, 6PM - 7PM Jan 15, 22, 29, and Feb 5
Fridays, 6:30PM - 7:30PM Jan 10, 17, 24 and Feb 7

Read More & Register
[Here](#)



SYC WINTER CHEER KICK-OFF CLINIC



STRENGTH & PERFORMANCE TRAINING



BUILD MUSCLE - GENERATE POWER - PREVENT ACL INJURY
Intended for Soccer Players
2003/2004 Boys - 2004/2005/2006 Girls

Sign up for one or both of our 4 week training sessions! It's only \$55 for 4 workout dates. Train to increase your strength and power and reduce your risk of ligament injuries in the off-season. Meet once a week on Sundays at [Hayfield Elementary School](#) gym.

[Read More & Register
Here](#)

IN THE COMMUNITY



First Hike Fairfax 2020 Photo Contest Returns with More...

Start the new year off right by exploring trails in Fairfax County! First Hike Fairfax returns with even more prizes for the New Year's Day photo contest. On January 1, 2020, the Fairfax County Park Authority will once again join America's state...

[Read more](#)

www.fairfaxcounty.gov



Save the Date Snack Pack Project January 20, 2020

Snack Packing Assembly for the Under-served Children of Fairfax County Public Schools hosted by Rotary Club of West Springfield.

We will need volunteers and snack donation from the community.

Hilton Springfield
12pm-2pm

**Sign Up
Here!**



SAVE on Lacrosse Equipment with these [COUPONS!](#)

Stay Tuned: DICK'S Sporting Goods 20% Off Day details are coming soon - Tentatively Sat, Feb 2, 2020.

Add some winter cheer to your gear



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