



## SSA – 2014 12U Girls National

---

---

### 2026 TEAM PLAN EXPECTATIONS

#### TEAM GOALS

- Continue to understand the **Five** Basic Principles of Defense
- Continue the **Five** Basic Principles of Attacking (#3 & #4)
- Understanding Fast/Slow/Low/Go
- Quicker decisions/Speed of play.
- Focus on individual footwork/touches with a focus on juggling
- Focus on more support passing
- Understand principle of Slanting and overlapping
- Improving strikes and finishing.
- Discussion/learning diamond formation and 4-2-3-1 Pivot players

#### PLAYER EXPECTATIONS

- Provide 100% effort and focus at every practice/game.
- Accountable for your own actions, and learn from your mistakes.
- Be confident in your abilities, and ask questions to coaches when not understanding a principle or a skill.
- Display a positive attitude toward all teammates at **all** times.
- Arrive on time and prepared for practices/games. On time means on the field, dressed, and ready to compete before official start time.
- Players should practice soccer activities, such as **JUGGLING**, outside of practice to improve skills

#### PARENTS EXPECTATIONS

- Verbal abuse of officials will not be tolerated Any concerns about official(s) will be addressed by the coaches. If a parent is asked to leave a game, and they refuse, team will forfeit the game. SSA will be notified about the behavior.
- Parents will show respect for all team members.
- Parents will refrain from coaching from sidelines.
- Parents will notify coaches of any medical issues concerning your daughter. All information will remain confidential.
- Parents will keep up your financial obligations to your daughter and team updated and pay team manager in a timely manner.
- Beat girls in Parents/players game

- 1) Problems will not be discussed before/during/after a game unless coaches/ parents agree.
- 2) The parent(s) and coach will find a mutual time/place to discuss an issue.
- 3) If the issue becomes "heated" coach reserve the right to reschedule meeting.
- 4) Parents have the right to talk to SSACoaching Director and will be encouraged to do so, if they are not happy about anything.

## SEASON 2026

- Fall TCL League (Games Weekends September-Early October)
- Winter Training 1-2 days a week (TBD/Last Season Monday nights)
- Winter League 6-8 Games and/or Soccer Blast TOCA League
- HAUS Training Winter
- TCL League National Schedule March-July

## TOURNAMENT POSSIBILITIES

- One Fall Regional Tournament (Possible Wisconsin Dells) or Local
- One Winter Tournament warm weather
- One Spring/Summer Travel Tournament (6-8 Hours such as Chicago/St. Louis Iowa/KC)
- One Spring/Summer Regional Tournament 2-4 hours away (Fargo/Appleton)
- Shakopee Cup May 15<sup>th</sup>-17<sup>th</sup>
- USA Cup Blaine July 14<sup>th</sup>-18<sup>th</sup> and/or one other local tournament

## PRACTICES

- 2025 practices were Tuesdays/Wednesdays/Thursdays from 5-6:30 PM. Next season is TBD.
- Few optional practices will be added from time to time.

Playing time: In competitive traveling leagues the coach decides on the amount of playing time for players. We currently are at the highest level team in this age group. Playing time will not always be equal. Obviously playing time is based on what coaches are seeing at practices. Players can help themselves by attending Futsal and taking advantage of everything Shakopee offers. Coaches know who is attending and how often they attend, and can easily see improvement in players who participate. SSA discusses playing time on the website.

At this age, I like to keep the playing time equal whenever possible. It helps improve everyone's skills as I hope these girls play together for a long time. If I see a player had less playing time in one game I try to make that up as soon as possible. I feel I do a very good job of this, but again remember that at this level playing time is at coaches discretion.

I also believe in developing/improving goalies. That includes footwork which is also achieved when they get a chance to play on the field. I lean on giving keepers extra time, at times, during the season.

Coaches also understand players do have other sports activities and I am a firm believer that other activities do help to improve, and develop, a well-rounded athlete. However, during late March to mid-July Soccer comes first.

Thanks!

Michael P. Ceola

952-210-0114

[mblueramcard@gmail.com](mailto:mblueramcard@gmail.com)

[mceola@isd191.org](mailto:mceola@isd191.org)

