RUN COURSE
42 KILOMETERS / 2 LOOPS
PENTICTON, CANADA
TURNS BY TURN DIRECTIONS

- Exit Transition and head left/east onto Lakeshore Drive towards Front St
  - Turn left onto Front St
  - Turn right (east) onto Vancouver Ave at the roundabout
- Slight left onto Vancouver Place to access the Kettle Valley Trail (KVR)
- Follow the KVR to Naramata Road approx 3.5km (turnaround point)
  - Return on KVR to Vancouver Pl
  - Turn right (west) onto Vancouver Ave
- Turn right at the Museum to access the bridge to Okanagan Lake Park
  (this completes the out-and-back section of the course that you will only do once)

- Run around the perimeter of Okanagan Lake Park onto Lakeshore Dr
  - Turn right onto Lakeshore Dr
  - Turn left (south) onto Main St, which turns into Skaha Lake Rd
  - Turnaround at Lee Ave and return on Skaha Lake Road/Main St
    - Turn left onto Link Rd
    - Turn left onto Martin St
    - Turn right onto Estabrook Rd
    - Turn right onto Winnipeg St
    - Turn left onto Lakeshore Drive
    - Continue left onto Riverside Drive
    - Turn left onto Burnaby Ave
    - Turnaround at Westminster Ave
    - Turn left onto Riverside Drive
    - Turnaround at Hwy 97/Eckhardt
    - Continue back onto Riverside Drive
    - Continue right onto Lakeshore Drive
      - Turn right onto Winnipeg Ave
      - Turn left onto Estabrook Rd
      - Turn left onto Martin St
      - Turn right onto Link Rd
  (this completes lap 1 of 2)

- Turn right onto Main Street, which turns into Skaha Lake Road
- Turnaround at Lee Ave and return on Skaha Lake Road/Main Street
  - Turn left onto Link Rd
  - Turn left onto Martin St
  - Turn right onto Estabrook Rd
  - Turn right onto Winnipeg St
  - Turn left onto Lakeshore Drive
  - Continue left onto Riverside Drive
  - Turn left onto Burnaby Ave
  - Turnaround at Westminster Ave
  - Turn left onto Riverside Drive
  - Turnaround at Hwy 97/Eckhardt
  - Continue back onto Riverside Dr
  - Continue right onto Lakeshore Dr

- Continue on Lakeshore Drive to the Finish line on Lakeshore Dr between Winnipeg St and Martin St

Start Elevation: 348 m    •    Finishing Elevation: 349 m    •    Gain: 238 m