

**ATHLETIC INJURY REFERRAL
MARIETTA HIGH SCHOOL**

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Referral Date: _____

Injury Date: _____

Athlete Name: _____

Sport: _____

TO BE COMPLETED BY PHYSICIAN ONLY

DIAGNOSIS: _____

Evaluate and Treat as indicated (check specific modalities and treatments if desired)

Permission for ATC to evaluate and treat as needed

MODALITIES:

Ice / Ice Massage

Moist Heat

E-Stim

Ultrasound

Other (explain below)

EXERCISES:

Passive ROM

Active ROM

Cardio

Manual Therapy

Active-Assistive ROM

Stretching

PRE

Please explain any specific Tx not listed:

PARTICIPATION STATUS:

No participation until follow-up on: _____

May return to participation without follow-up upon:

a. Full pain-free ROM

b. Comparable collateral strength

c. Ability to perform sports specific movements

May return on this date: _____

Restricted participation with these conditions:

May return to full participation immediately

Physician Printed

Date

Physician Signature

Phone #