



New Hampshire Youth Football & Spirit Conference Medical Clearance Form 2023

ASSOCIATION NAME - _____

Must be Completed, Signed, & Dated by Licensed State Examiner after January 1st, 2023

The following are example of skills and abilities that a participant needs to have:

Cheer participant needs ability to support team members in a pyramid/stunt, lifting or pulling a team member up over their shoulders, pulling or lifting themselves up on another teammate, coordination to move in unison, able to be in cold weather, and to be able to stand for duration of 2-3 minutes for competition, follow direction of coaches.

Football participant needs physical contact, short burst of running, balance and coordination, leg and arm strength, and able to be in cold weather, follow direction of coaches.

The section below must be complete and signed by any Licensed State Examiner; (i.e., Medical Doctor, Registered Physician Assistant, Registered Nurse Practitioner, etc.) that the candidate is physically fit.

*I, hereby swear and attest, that I am licensed by the state and qualified in determining that:
(Childs Name:) _____ is physically fit and I have found no medical or observable conditions which would contra-indicate him/her from participating in youth flag football, tackle football, cheer, dance, or athletic activities. I am therefore clearing this individual for athletic participation.*

Childs information on file:

To be completed by the Licensed State Examiner signing this form.

DOB: _____

Street Address: _____

Town/City: _____ **State:** _____ **Zip Code:** _____

Signature & Date:
(Must be dated after January 1st, 2023)

Please Print - or - Use Office Stamp Here:
Print Name Clearly - Including Office Address:

PLEASE NOTE: If this Medical Clearance is voided by injury, accident, or illness, it will be the responsibility of the Parent/Legal Guardian to notify the participants Coach and League Officials. It will also be the responsibility of the Parent / Legal Guardian to obtain WRITTEN permission from his/her physician to resume participation. A "Doctors Resume Participation Medical Clearance Form" is available from the league, or you may have the doctor supply his/her own WRITTEN Clearance if it is on the doctor's official stationery and includes the following statement: "(Participants Name) is physically fit and I have found no medical or observable conditions which would contra-indicate him/her from participating in youth flag football, tackle football, cheer, dance or athletic activities. I am therefore clearing this individual for athletic participation. This statement must be supplied by the physician attending to the injury, accident, or illness. This form can be modified or substituted ONLY to comply with local and/or state laws or due to medical practitioner regulations.