

2024 EKVC Athletes Parents/Guardians Handbook



**ELEVATE
YOUR GAME**

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I. Introduction

Welcome to the East Kootenay Volleyball Club (EKVC) Handbook, your comprehensive guide to all things related to our vibrant regional volleyball community. Since its inception in 1997, EKVC has provided athletes with opportunities to enhance their volleyball skills throughout the year, extending beyond the school season. With over two decades of experience, we have grown into a dynamic club that offers a wide range of programs, including development and competitive options for both girls and boys aged 13 to 18, clinics, summer camps, athlete development days, tournaments, and indoor and outdoor seasons.

At EKVC, our overarching goal is to provide year-round volleyball programs across the East Kootenay region, facilitated by qualified coaches tailored to each age group. We've adopted a Divisional structure that spans from developing foundational skills to nurturing competitive athletes, fostering a strong and vibrant volleyball community.

For those passionate about volleyball, we offer volunteer opportunities that align with your interests such as coaching, officiating, serving on the board, and many others, all while serving as positive role models and helping shape the future of the sport in our region. Additionally, EKVC plays a pivotal role as a feeder system for the College of the Rockies Avalanche programs, providing a pathway for our athletes to pursue volleyball at the university or college level. We also offer educational and service awards for post-secondary EKVC alumni, supporting their higher education journey.

This handbook has been thoughtfully created to assist athletes and parents/guardians in navigating the process of becoming an EKVC Athlete/Representative and to provide a clear understanding of the club's overall expectations. We look forward to sharing this volleyball journey with you as we grow as athletes and community members.

Vision

East Kootenay Volleyball Club is striving to create meaningful growth and development to its athletes and coaches.

Mission

Build the Clubs' capacity to encourage volleyball involvement across the Region.

Core Values

 Inclusivity  Commitment  Growth  Respect

- We value belonging and participant centered focus.
- We value dedication and passion.
- We value empowerment and learning.
- We value inspiration and integrity.

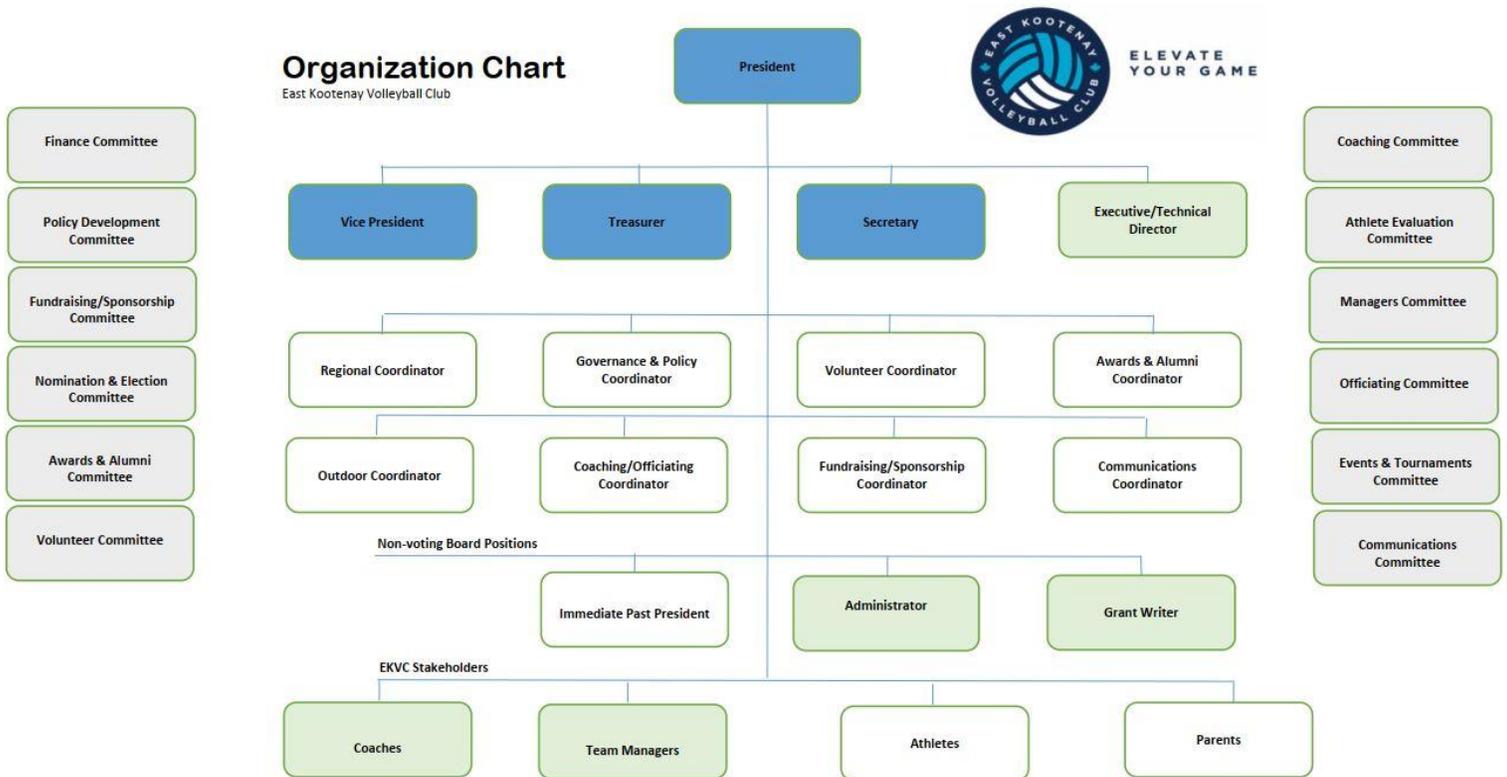
At EKVC, we embrace these core values to create a supportive and nurturing environment where athletes can thrive, coaches can excel, and the love for volleyball can continue to flourish. We invite you to explore the opportunities and experiences that EKVC has to offer, and we look forward to having you as a part of our volleyball family.

II. Club Structure & Organization

Board of Directors

The East Kootenay Volleyball Club places a strong emphasis on accountable stewardship and the long-term development of our organization. Our Board of Directors holds the ultimate responsibility in this regard. The Board collectively offers leadership to the association through strategic planning and the establishment of organizational policies that delineate priorities, values, and boundaries for the actions of our staff and committees.

For more detailed information about our Board and our organizational policies, we invite you to visit our website at <https://www.ekvcvolleyball.com/about>. There, you will find comprehensive insights into the structure, responsibilities, and policies that guide our commitment to the development and success of the East Kootenay Volleyball Club.



Coaching

At EKVC, our coaches are dedicated to fostering an environment that is not only fun and competitive but also safe for our athletes. Our coaches play a pivotal role in the holistic development of our athletes, both on and off the court, and we recognize the lasting impact they can have on their lives. EKVC is dedicated to ensuring that these impacts are overwhelmingly positive and contribute to building a strong community throughout the East Kootenays.

Our coaches endeavour to guide our athletes in a manner that helps them create cherished memories of their time as team members, regardless of their skill level. These memories are instrumental in building

a sense of accomplishment, both in terms of technical skills as athletes and personal growth as responsible and respectful citizens.

Managers

Each team at EKVC benefits from the indispensable support of a Team Manager. These dedicated volunteers serve as the backbone of team coordination, taking on diverse responsibilities to ensure the team's success. Their role includes:

- **Communication:** Team Managers serve as key communication hubs within the team, ensuring that information flows smoothly between coaches, athletes, parents, and the club administration. They play a vital role in disseminating important updates, schedules, and other pertinent details related to team activities.
- **Coach Liaison:** Team Managers act as liaisons between coaches and parents, fostering open communication and collaboration. They help relay important information, address concerns, and build a strong partnership between coaching staff and parents.
- **Tournament Management:** Team Managers oversee tournament logistics, ensuring that their team meets registration deadlines, making travel and accommodation arrangements, and ensuring an adequate presence of parent volunteers at events.
- **Hotel and Travel Coordination:** Team Managers are responsible for arranging accommodations for both athletes and coaches during tournaments, contributing to the smooth execution of team travel plans.
- **Fund Collection:** Team Managers diligently collect funds required for various purposes, including tournament fees, optional apparel, and team-building activities, ensuring the team's financial operations run efficiently.
- **Financial Oversight:** Team Managers are responsible for signing off on all coaches' expenses, ensuring accuracy, and maintaining transparency in financial matters. They also ensure that the team remains within the budgeted expenses and diligently track funds, being accountable to the executive.
- **Facilitation and Delegation:** Team Managers play a pivotal role in ensuring that all parent duties are fulfilled by facilitating and delegating tasks as needed, thereby contributing to the overall team's success.
- **(Optional) Team Apparel and Fundraising:** They assist with team clothing orders, initiate fundraising activities as approved by the executive, and organize team social events to promote camaraderie.

Team Managers report directly to the Head Coach and the Coaching Committee, helping to uphold EKVC's commitment to excellence both on and off the court. Their dedication and efficient management are vital to the success and well-being of our teams and athletes. We extend our sincere gratitude to them for their valuable contributions as volunteers. To become a team manager for the season, please apply here: <https://www.ekvcvolleyball.com/volunteer>

Volunteers

EKVC relies on the dedicated efforts of numerous individuals, including coaches, managers, tournament coordinators, board members, and committee members, to ensure its smooth operation and success. If you're interested in joining our team as a volunteer visit our website at <https://www.ekvcvolleyball.com/volunteer> for more information on how to get involved. Your support and involvement are greatly appreciated as we continue to grow and thrive as a volleyball community.

Affiliates

At East Kootenay Volleyball Club (EKVC), we are proud to foster strong partnerships with key organizations such as Volleyball BC, Volleyball Alberta, and Volleyball Canada to provide our athletes with a diverse range of tournament and event opportunities. Our geographical location influences the nature of our participation.

Indoor Volleyball Season

The primary avenue for indoor volleyball is through Volleyball Alberta, which offers our athletes the chance to compete in various tournaments called Premiers. These indoor tournaments are typically hosted in major cities such as Calgary and Edmonton. Additionally, some premier events may take place in locations like Grande Prairie or Lethbridge, offering our athletes exposure to top-level competition and valuable experiences.

The Indoor season runs from January to May depending on age group. Registration is online and can be found here: <https://www.ekvcvolleyball.com/registrationpage>

Outdoor Volleyball (Beach)

For outdoor volleyball, particularly beach volleyball, our athletes have the flexibility to compete in either British Columbia (BC) or Alberta (AB), taking advantage of the diverse playing opportunities in both provinces. This flexibility allows us to cater to the preferences and goals of our athletes while maximizing their exposure to different styles of play.

The Outdoor season runs from May to July with Clinics and Summer Camps offered at different times throughout both seasons. Registration is online here: <https://www.ekvcvolleyball.com/registrationpage>

Through partnerships with Volleyball BC and Volleyball AB and our geographical location, EKVC is committed to providing a well-rounded and comprehensive volleyball experience, enabling our athletes to grow and excel in both indoor and outdoor settings. We look forward to continuing these collaborations and aiding our athletes on their volleyball journey.

III. Club Philosophy

Developing the 4 Cs

EKVC is committed to fostering an environment of personal empowerment and responsibility by focusing on the development of the 4 Cs: competence, confidence, connection, caring, and compassion across four key dimensions – physical, intellectual, psychological, and social. By encompassing these principles across these dimensions, EKVC aims to empower its athletes to take ownership of their personal development and contribute positively to their team and community.

Developing the 4 Cs

Adapted from Côté and Gilbert, 2009



	Physical	Intellectual	Psychological	Social
Competence	Develop a wide variety of skills that enable athletes to engage in healthy living activities	Encourage athletes to think creatively and imaginatively about how to play each game	Encourage athletes to value skill development as a determinant of optimal play	Teach athletes how to play with others so all improve
Confidence	Teach athletes to participate with confidence, knowing the tactical and strategic dimensions of each game	Teach athletes to apply tactics and skills to the dynamics and artfulness of play	Encourage athletes to apply effort to skills and play performance	Encourage athletes to respect the power of collective effort
Connection	Create opportunities for athletes to experience affiliation with others through physical pursuits	Encourage athletes to work with other participants to develop strategies for success	Teach athletes to value camaraderie with fellow players	Encourage athletes to value the sense of connection and belonging associated with group or team play
Caring and Compassion	Have athletes help others experiences the reward of playing with enthusiasm	Encourage athletes to play in ways that build other players' skills and confidence	Ensure athletes play competitively but with humility and respect for opponents, and lose with dignity	Encourage athletes to support other team or group members, whatever the performance outcome

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Long-term Development (LTD)

EKVC endorses Volleyball Canada’s Long-term Development (LTD) model to help increase participation in recreational sport and physical activity while developing the next generation of athletes.

LTD is a training, competition, and recovery program. It establishes guidelines for coaches, athletes, administrators, and parents in all areas, including planning, training, competition, and recovery. It considers the ever-changing competitive program and the overall demands on the athletes.

More information can be found here: <https://volleyball.ca/en/about/ltad>

Safe Sport Training

- Creating a culture where everyone can thrive is a shared responsibility. The Safe Sport Training module developed by the Coaching Association of Canada (CAC) will help anyone involved in sport identify and prevent situations of maltreatment. Together, we can make sport safe for everyone. <https://safesport.coach.ca/>

- All coaches/managers and others must submit a Criminal Record Check (CRC) and a Vulnerable Sector Search before working with our athletes.



Everyone has a role to play

All Roles

- Treat all participants respectfully, following the Universal Code of Conduct, to prevent and address maltreatment in sport
- Raise “safe sport” awareness within your organization to ensure everyone can identify problematic situations before they escalate
- Immediately report any acts or suspicions of maltreatment
- Be a positive influence and advocate a safe sport environment for your sport organization
- Advocate for meaningful inclusion of all individuals, regardless of their age, ancestry, colour, race, citizenship, ethnic origin, place of origin, language, creed, religion, athletic potential, disability, family status, marital status, gender identity, gender expression, sex and sexual orientation
- Pursue and participate in continuing education to improve your knowledge and abilities in various areas of safe sport
- Make sure that your intentions, actions, and efforts reflect a commitment to prioritizing the safety of all participants
- Know your duty to report obligations for child protection

National Decision-Makers

- Screen and employ coaches who demonstrate a commitment to prioritizing safe sport
- Take appropriate measures to intervene and mitigate safe sport related issues (for example, disciplining a coach)

Direct Athlete Contact

- Engage in behaviours and practices that are ethical and developmentally appropriate and that support the physical, psychological, social and emotional welfare of participants
- Provide encouragement and positive support to all athletes during practices and competition, regardless of performance
- Prioritize personal development of athletes over performance excellence
- Ensure licensure and sport-specific education are relevant and up to date

No Direct Athlete Contact

- Ensure that organizational policies and systems regarding child protection are clearly communicated and easily accessible

Communication

Channels

- To facilitate efficient communication within the club, coaches and managers will utilize the group chat application **Teamlinkt**. This group chats serve as valuable tools for staying connected and coordinated with athletes and parents/guardians, as well as for providing information during tournaments. It is an established dedicated team group chat for practice coordination and event updates to ensure a streamlined communication for logistical matters. This approach enhances overall communication efficiency and helps ensure that everyone involved is well-informed and connected.
- Do not use personal emails to communicate with parents and athletes due to liability.
- Be sure to use the **Rule of Two**, see infographic.

24 Hour Rule

East Kootenay Volleyball Club requires a 24-Hour Rule for parents/spectators to discuss concerns. Parents are not to approach a coach within 24 hours of an event, practice, and team or club experience to discuss or air a grievance. **Exception:** ***Athletes at risk – mental or physical health; the club may be required by law to provide an Incident Report.

If a parent attempts to approach coaches within the 24 hours, Coaches have the right to remove themselves from any dialogue and remind parents of the appropriate chain of communication to which they have agreed within the Parent Contract.

Parents are encouraged to go home and contemplate their issue/grievance/observation over the next 24 hours to reflect, and then follow the chain of communication (as cited below) to address any grievances.

***If approached by an athlete you may be required by law to provide an Incident Report. Immediately contact the Coaching Communicator at regional@ekvcvolleyball.com for direction.

Chain of Communication

The following Chain of Communication serves as a roadmap for addressing unresolved or escalated issues. We encourage all parties involved to approach the situation with composure and a shared understanding that the aim of the dialogue is not to determine who is "right," but rather to collaboratively seek a resolution by recognizing that we are all on the same side when it comes to resolving the issue.

1. Athlete and Coaches – Athlete Advocacy First – The athlete should first speak to the coaches following the Rule of Two about their concern(s). Parents are encouraged to role play and “coach” their athlete on how to approach the coach and advocate for themselves. Self-advocacy, regardless of the issue, is one of the many life skills that athletes will hopefully derive from their experience with EKVC. The athlete is welcome to have another athlete with them as support if needed.

If the matter remains unresolved after the athlete has spoken to the coaches, then proceed to step 2.

2. Athlete, Parent, Coaches and Manager – The athlete should inform their parents/guardians of the unresolved concern and the parent/athlete (if age appropriate) should then approach the manager via written email communication and request a mutually acceptable meeting time and place. Coaches and Manager to attend along with Athlete and Parent following the Rule of Two. The Manager or Coaches to write an Incident Report at this stage and send it to the Coaching Committee.

If the matter remains unresolved after the parent and/or athlete have spoken to the manager and coaches, then proceed to step 3.

3. Parent, Athlete, Manager, Coaches and Coaching Committee member – The parent and/or athlete (if age appropriate) should request that the Manager contact the Coaching Committee via written email communication and request their involvement in the resolution. The Coaching

Committee will communicate further with the coaches and investigate the situation with the hope of full resolution. Should the situation remain unresolved, the Coaching Committee will convene and request parent and athlete (if age appropriate) and coaches to attend a resolution meeting.

If the matter remains unresolved after the parent and athlete have spoken to the manager, coaches, and coaching committee, then proceed to step 4.

4. The Board of Directors – In light of no resolution, the Board reserves the right to then mediate the situation and make a binding decision on the matter in question.

Any issues or disputes, irrespective of their nature or origin, must adhere to the Chain of Communication outlined earlier. It is essential to approach all communications with the intention of constructively resolving the issue, giving both sides an opportunity to be heard, and refraining from discussing the matter with other teammates. Remember, our aim is to contribute to the solution, not exacerbate the problem.

How to Resolve Conflict

Conflict is a natural part of any team or organization. In our club, we are committed to addressing conflicts in a constructive and respectful manner to maintain a positive and inclusive environment for all members.

The following steps outline our approach to conflict resolution:

Step 1: Acknowledge the Conflict

- Recognize that a conflict exists. Avoid ignoring or downplaying the issue.
- Encourage those involved to express their concerns openly and honestly.

Step 2: Create a Safe Environment

- Ensure that the discussion takes place in a private and confidential setting.
- Emphasize the importance of respectful communication and active listening.

Step 3: Define the Issues

- Encourage each party to articulate their perspective on the conflict.
- Clearly identify the specific issues or behaviors contributing to the conflict.

Step 4: Seek Common Ground

- Identify shared goals and interests between the parties involved.
- Emphasize the importance of finding mutually beneficial solutions.

Step 5: Generate Solutions

- Brainstorm potential solutions together.
- Encourage creativity and open-mindedness in exploring different approaches.

Step 6: Evaluate and Select Solutions

- Assess the pros and cons of each proposed solution.
- Select the solution(s) that are most practical and acceptable to all parties.

Step 7: Develop an Action Plan

- Create a clear action plan outlining the steps to implement the chosen solution.
- Specify responsibilities, timelines, and milestones.

Step 8: Implement the Plan

- Execute the action plan as agreed upon.
- Monitor progress and adjust if necessary.

Step 9: Follow Up

- Schedule follow-up meetings or check-ins to assess progress and address any issues that may arise.
- Ensure that the resolution is effective and sustainable.

Step 10: Closure and Reconciliation

- Acknowledge the resolution of the conflict.
- Encourage parties involved to reconcile and move forward positively.

Step 11: Document the Resolution

- Maintain a record of the conflict, the resolution process, and the agreed-upon solution(s).
- This documentation can serve as a reference in case of future conflicts.

Step 12: Seek Mediation (if necessary)

- If a conflict remains unresolved despite efforts, consider involving a neutral mediator or a designated club representative to facilitate the resolution.

In our club, we are committed to fostering an environment where conflicts are addressed promptly, respectfully, and effectively. We encourage open communication, empathy, and a shared commitment to maintaining a positive team atmosphere. By following these steps and adhering to our conflict resolution principles, we can work together to resolve conflicts and continue to build a strong and supportive volleyball community.

OPEN AND OBSERVABLE ENVIRONMENTS: RULE OF TWO



RULE OF 2

WHAT IS IT?

RULE OF TWO states that there will always be two screened and safety-trained adults with a participant, especially a minor athlete, when in a potentially vulnerable situation.

WHAT ARE OPEN AND OBSERVABLE ENVIRONMENTS?

Open and observable spaces involve making meaningful and concerted efforts to avoid situations where a person of authority: coach, official, staff member, etc., might be alone with an athlete and/or vulnerable individual.

-  Not closed or concealed from others
-  No closed doors or secluded locations
-  Others should be aware the interaction is taking place
-  Others can see, observe or take note of the interaction

INTERACTIONS



ELIMINATE one-to-one electronic messaging and ensure that all communications are sent to the group and/or include parents (for minors) or other certified coaches and/or staff members.

CONSIDER the gender of the participant when selecting the screened people for the closed meeting.

ENSURE a minor participant rides in a vehicle with two screened adults present. 



Volleyball Canada (VC) endorses the Coaching Association of Canada's Responsible Coaching Movement and all participants of VC events, activities, and meetings are encouraged to adhere to these best practice guidelines. www.coach.ca/responsiblecoaching

For more information, visit volleyball.ca/en/about/safe-sport



IV. Athletes

The expectations for athletes are well-defined to ensure a positive and respectful environment within the team and the club. These expectations include:

General Expectations:

- Regularly attend practices and communicate scheduling conflicts in advance.
- Accept the team role assigned by coaches.
- Demonstrate a strong work ethic, a desire to succeed, and a collaborative attitude.
- Put the team's interests ahead of personal interests.
- Provide a doctor's or physiotherapist's note if requested to participate after an injury.
- Respect team members, promote inclusivity, and be a positive role model.

During Games and Tournaments:

- Treat opponents, officials, and spectators with respect.
- Adhere to EKVC rules and policies for sportsmanship.
- Respect officials and accept their decisions.
- Win gracefully without boasting and lose gracefully without making excuses.

It's crucial for athletes representing EKVC to uphold a high standard of conduct and sportsmanship, both during practices and competitions. Maintaining respectful and sportsmanlike behavior is essential for creating a positive and inclusive athletic community within EKVC.

Tryouts/Evaluations

Anyone wanting to play with EKVC for the Indoor season must Tryout for a spot on a team. Tryouts or evaluations may be held at the discretion of the Club. A tryout/evaluation does not guarantee a spot on a team.

Generally, Tryouts are held the first two weeks of December with registration opening the beginning of November. It is a two-part registration, first with EKVC to sign up to tryout and the second part is a separate registration process through Volleyball Alberta to register as a Youth Competitive Player.

For the most up-to-date information, we encourage you to visit our [website](#), as well as our on [Facebook](#) and [Instagram](#) pages. We appreciate your initiative in seeking information through these resources.

We strive to offer thorough and detailed information. If you contact the club via email, please understand that this organization is operated by volunteers. We kindly request your patience while awaiting a response to your email.

Please note:

***The club has the final decision regarding team composition and the determination of whether an athlete plays in an older or younger age group. These decisions are grounded in considerations of skill development, alignment with age class qualifications, and the specific volleyball positions required for each team.



VOLLEYBALL TRYOUTS
INDOOR TRYOUT INFORMATION

Registration for Tryouts will open November 3rd, 2023. Anyone wanting to play with EKVC this season must tryout for a spot on a team.

Phase 1 (pre-tryouts)	<ul style="list-style-type: none">• Review EKVC website and Club Handbook to learn about the organization at www.ekvcvolleyball.com• Decide which level you play at• Complete Tryout Interest to receive up to date information• *Details found at https://www.ekvcvolleyball.com/tryout
Phase 2 (tryouts)	<ul style="list-style-type: none">• Register for Tryouts and Youth Competitive Player - Indoor• The day of tryouts bring proof of Volleyball Alberta registration, water, and comfortable shoes• Come prepared to work hard and have fun, you will be evaluated by multiple coaches to earn a spot
Phase 3 (selection)	<ul style="list-style-type: none">• Team composition is evaluated by the Coaching Committee and Executive• This process may take some time, so we greatly appreciate your patience. You will receive notification regarding the tryout within 7 days.
Phase 4 (post-tryouts)	<ul style="list-style-type: none">• You will be contacted to learn if you earned a spot on a team. The initial notification will be sent to the first 12 rostered players• Once the first 12 players have either accepted or declined their spots within the 24-hour timeframe, additional players will be informed of their team placements.• To secure your spot, the invitation must be accepted within 24 hours and payment of the non-refundable registration fees is received• All athletes will be notified within a 48 hour time period• Once you accept a spot you will learn about team schedules and practice locations

*** The club has the final decision regarding team composition and the determination of whether an athlete plays in an older or younger age group. These decisions are grounded in considerations of skill development, alignment with age class qualifications, and the specific volleyball positions required for each team.

www.ekvcvolleyball.com  

Divisional Structure

EKVC has implemented a Divisional structure that includes Blue (High Performance), White (Intermediate Development) and Green (Evolving Development) teams.

EKVC Blue (High Performance) Team

- The expected number of practices per week is 2.5
- 4) weekends for Premier 1, 2, & 3 + VA Provincials
- 4) days of competition for Volleyball Canada Nationals
- Expected Tournament Participation - Blue teams are considered High Performance athletes in the specific age category. It is the club expectation that Blue teams will attend ALL Volleyball Alberta premiers, Provincials, and VC Nationals. The goal of blue teams is for our athletes to play in division 1, 2, or 3 within Volleyball Alberta.

EKVC White (Intermediate Development) Team

- The expected number of practices per week is 2
- *4) weekends: Premier 1, 2, & 3 + VA Provincials
- *4) days of competition for Volleyball Canada Nationals (optional, decision can be made on attendance with help from the manager and parent feedback)
 - Expected Tournament Participation - EKVC encourages our teams to participate in all VA sanctioned premiers and provincials, but as this is a development team exception can be made due to lack of players available, or poor timing of an event.
 - *EKVC white teams are not expected to attend Volleyball Canada Nationals but are more than welcome to attend based on the confirmation of parents and willingness to organize.
 - The goal of white teams gives athletes an opportunity to develop skills and work towards reaching a higher level of play on a blue team in the future.

EKVC Green (Evolving Development) Team

- The expected number of practices per week is 2
- *4) weekends: Premier 1, 2, & 3 + VA Provincials
- *4) days of competition for Volleyball Canada Nationals (optional, decision can be made on attendance with help from the manager and parent feedback)
 - Expected Tournament Participation - EKVC encourages our teams to participate in all VA sanctioned premiers and provincials, but as this is a development team exception can be made due to lack of players available, or poor timing of an event.
 - *EKVC green teams are not required to attend Volleyball Canada Nationals but are more than welcome to attend based on the confirmation of parents and willingness to organize.
 - The goal of green teams gives athletes an opportunity to develop skills and work towards reaching a higher level of play on a white or blue team in the future.

Skill Development

The Athlete Skill Development Breakdown has been created to support our coaches in setting development goals and to provide them with a clear understanding of their athletes' skill levels at both the start and end of the season. As a tool for setting goals, the skills breakdown will assist EKVC coaches in comprehending and training for precise targets. This will prove invaluable as athletes progress from U13 to U18 by providing a consistent metric of growth that we can anticipate from one season to the next.

Introduce & acquire		Early development		Late development		Refinement	
		U13	U14	U15	U16	U17	U18
Serving (variations)		EKVC Age Groups					
Underhand							
Standing float							
Standing float specific target							
Jump float							
Jump float at specific target							
Jump float with power							
Jump spin serve							
Spin serve power							
Spin serve control							
Passing (individual)		EKVC Age Groups					
CR & DM (serve & ball movement)							
Forearm platform							
Forearm freeball passing							
Forearm pass from standing float							
Forearm pass from jump float							
Forearm pass from spin serve							
Overhead pass from float serve							
Passing (team)		EKVC Age Groups					
4 person SR formation							
3 person SR formation							
2 person SR formation							

Tournaments

EKVC registers all teams for Premier 1 tournament according to the Volleyball Indoor Tournament Schedule. Please mark the first travel tournament dates on your calendar and plan to travel.

At the team meeting, coaches and families will determine other Premier tournaments that they are able to attend according to availability and other factors. This can include Volleyball Canada Nationals.

Tournament travel costs for families vary from \$1,250.00 to \$2,000.00 for the season to attend all five tournaments.

Play Time

EKVC is committed to developing all its players. Each player will receive **fair** playing time. All Volleyball Alberta and Volleyball Canada substitution and playing time regulations for the specific age groups will be followed.

NOTE: FAIR playing time is different than **EQUAL** playing time.

Play time decisions will be based on the following factors:

- attendance
- athlete readiness
- attitude
- injuries
- team composition
- immediate needs to achieve a successful outcome

Play time will be determined at the coach's discretion.

Equal play (Tripleball) is the official competition format for 13U and 14U (Premier 1) age categories.

Affiliate Players (AP)

EKVC has implemented an Affiliate Players (AP) policy to ensure our teams have the best chance of participating in all Volleyball Alberta (VA) tournaments.

This policy allows EKVC teams to have a pool of qualified athletes to draw from when needed, ensuring that tournaments can be fully attended, if some players are unable to participate.

Athlete Development

EKVC is committed to training the "whole" athlete. We strongly believe in training athletes both on and off the court. As part of our Volleyball Club program fees, each player will receive strength and conditioning training, nutritional information as well as mental performance training to complete the athlete development process.

Season Start Up

One of EKVC's key objectives is to foster a positive and supportive volleyball community and culture. To foster a strong sense of connection within the Club, everyone is requested to actively participate in the Season Start-Up event during the first weekend of January. This gathering is open to EKVC coaches, teams, and parents, offering a platform to exchange information about the club. Players will have the opportunity to learn about sports mental health, nutrition, and participate in yoga sessions. Parents and managers will also receive valuable insights about tournaments, scorekeeping, and other season-related information.

Post-Secondary Awards

EKVC offers Post-Secondary Awards annually: Serve & Succeed and Community SPIKE AWARD

NAME	REQUIREMENT	DESCRIPTION
Serve & Succeed Award	Student-athletes recruited to post-secondary institutions	Recruitment to post-secondary institutions to play volleyball may apply for the Serve & Succeed with selection criteria based upon exemplary leadership, sportsmanship, and recruitment.
Community SPIKE Award	Sportsmanship, Performance, Integrity, Knowledge, and Excellence	Award selection criteria is based upon exemplary leadership, sportsmanship, and service to EKVC, fellow athletes, school, and /or the community at large. Recruitment status is not taken into consideration in the selection criteria/ process for this award.

These awards recognize graduating students who are current or former volleyball athletes of EKVC and who demonstrate dedication and leadership to the support of EKVC, fellow athletes, and /or their community at large. **Application deadline: May 15th**

More information can be found here: <https://www.ekvcvolleyball.com/awards>

Other Opportunities for Athletes

EKVC athletes that are interested in volleyball as a game have opportunities to coach, officiate, direct the Club by being a board member or otherwise mentor and guide the direction of the sport in the region as an enthusiastic, positive role model.

Some of the positions listed above are paid positions. For more information, contact info@ekvcvolleyball.com to ask about workshops or other training options.

Responsible Use of Social Media

Athletes must not use social media in a way that might be harmful to another athlete, coach, parent or guardian. The use of social media must comply with Anti-Bullying and Harassment Policies as well as demonstrate responsible and ethical behaviour as a representative of EKVC.

The use of social media must not:

- Make disparaging or defamatory statements;
- Harass, bully or unlawfully discriminate in any way;
- Make statements which cause, or may cause, harm to anyone's reputation or otherwise be damaging to someone's interests.

Remember that you are personally responsible for what you communicate in social media. Often materials published will be widely accessible by the public and will remain accessible for a long time. If you are uncertain or concerned about the appropriateness of any statement or posting, you should discuss it with your coach, manager, parent, or guardian before making the post. Athletes are representatives of the Club and themselves. The Club expects athletes to be a good example to the community in this role.

Athletes and/or Parents/Guardians are responsible for adhering to the social media guidelines. Failure to comply with the guidelines may be subject to disciplinary action.

Bullying and Harassment

Bullying and harassment is not acceptable or tolerated within EKVC. All Club Members will be treated in a fair and respectful manner. This includes but is not limited to:

(a) any inappropriate conduct or comment by a person towards a Club Member that the person knew or reasonably ought to have known would cause that person to be humiliated or intimidated, but

(b) excludes any reasonable action taken by a Club coach or supervisor relating to the management and direction of players or the place of training.

Examples of conduct or comments that might constitute bullying and harassment include verbal aggression or insults, calling someone derogatory names, harmful hazing or initiation practices, vandalizing personal belongings, racism, homophobia, sexism and spreading malicious rumors.

Club Members must:

- Not engage in the bullying and harassment of other Members.
- Report if bullying and harassment is observed or experienced.
- Apply and comply with the Club's policies and procedures on bullying and harassment.

This policy applies to all Club Members, including coaches, players, Directors, managers, volunteers, parents, and any other person performing a role within the Club. This policy also applies to interpersonal and electronic communications, such as email and social media. Failure to comply with the guidelines may be subject to disciplinary action.

Drugs/Alcohol, Vaping and Smoking

Alcohol, drugs and drug paraphernalia are not permitted at any time during practice, travel, tournaments or any other time an athlete is involved with EKVC activities.

Vapourizers (vapes/e-cigarettes) are odourless and can use various substances including marijuana. As there is no easy way for EKVC to determine what the substance of a vape is, it will be treated like drug paraphernalia. No athlete shall use tobacco products or a vapourizer during any activity organized or conducted by EKVC.

There are no acceptable conditions by which an athlete can use, possess, sell, or gather with others who are using drugs, alcohol using a vapourizer or smoking.

Failure to comply with the above policies will be subject to disciplinary action which may include suspension and removal from a team.

Athletes are encouraged to always make healthy choices.



V. Parents/Guardians and Spectators

EKVC is honored to have incredible parents and spectators. It is important to remember that the players respond to the actions and behaviors of the spectators. Parents/Spectators are expected to demonstrate good sportsmanship and show respect to all players, officials, and coaches. The likelihood that our children will realize positive sports value is greatly enhanced when everyone always models this behaviour.

Parents/Spectators are also expected to:

- Not coach players from the sidelines during the game
- Do not criticize the officials or coaches
- Cheer and support all players regardless of the outcome
- Communicate with the coach and create a supportive environment
- Understand and respect the different roles of parents and coaches
- At all times show empathy for our young developing athletes
- Understand that improper behavior at any event may result in being asked to leave the event by a referee or other official and respect that action
- be a role model for your athlete and the team

Parent/Guardian/Spectator Code of Conduct

The integrity of the club is larger than one participant, coach, or spectator, therefore it is important that everyone understands the goals and boundaries within our club. With the help of this agreement, we hope to clearly communicate these goals and boundaries. Our primary goal is to provide an environment of positive sportsmanship for all players. **See Appendix B**

Parent/Spectators, Coaches, Managers and anyone involved with youth in sport are asked to:

- Promote fitness and enjoyment through sport

- Developing new skills
- Instill a desire to succeed for themselves
- Teach responsibility, commitment, and cooperation
- Prepare one to deal with success and failure
- Provide an outlet for the release of energy
- Instill a positive attitude towards authority

To be a great sports parent, act like a grandparent - Even in the face of embarrassing failures on the field, grandparents support their grandchildren with no ulterior motive or agenda. So if you want to become the kind of person your child wants to be around after the big game, act more like a grandparent.

Driving

Parents and/or guardians are not covered under Volleyball Alberta's insurance policy, including automobile/accident insurance.

Coaches or managers are covered – but they are only covered by liability insurance for acts that occur within the scope of their duties as a coach or manager. This does not include coaches or managers acting as drivers for athletes.

In order for all parties to be properly informed, Volleyball Alberta recommends the following:

- Teams travelling to and from tournaments should consider enlisting the services of a professional transportation company to avoid the possibility of personal liability in the event of an accident.
- Parents and/or guardians who are transporting other athletes to and from tournaments should check with their auto insurance provider to ensure this transportation is covered under their insurance policy.
- Parents and/or guardians who are transporting other athletes across an international border (even the Canada-USA border) are required to have a notarized consent letter from the athletes' parents and/or guardians giving the driver permission to transport the athletes. See the Government of Canada's information page for more details and a sample consent letter: <http://travel.gc.ca/travelling/children/consent-letter>
- Volleyball Alberta coaches and managers should not offer to take personal responsibility for driving athletes at any time.
- Parents and/or guardians who permit another parent and/or guardian to transport their athlete should equip the athlete with:
 - Medical contact information including health card
 - Emergency phone contacts
 - Appropriate amount of food/money/clothing for the trip
 - Passport (if required)
- Parents and/or guardians who permit another parent and/or guardian to transport their athlete should obtain from the driver:
 - Proof of a clean driving record
 - License plate number and make/model of the vehicle
 - Emergency contact information

- Parents and/or guardians who are transporting other athletes retain personal responsibility for the safety and conduct of those athletes for the duration of the trip – including responsibility for getting the athletes to all games, team events, or practices – or until the athletes’ parents and/or guardians arrive to take personal responsibility for the athlete. Volleyball Alberta recommends volleyball teams travelling to and from tournaments enlist the services of a professional transportation company to avoid the possibility of personal liability in the event of an accident.



Financial Considerations

Understanding Your Investment in Youth Volleyball

As a parent, you want the best for your child, and you understand the value of investing in their development, both on and off the volleyball court. Enrolling your child in youth volleyball at EKVC not only fosters their physical skills but also instills important life lessons such as teamwork, discipline, and dedication. To ensure transparency and clarity, we've broken down the costs associated with youth volleyball registration, helping you understand what you're playing for and what your child will receive in return.

1. Recreation Fees (January to April/May):

- Age Categories: 13U-18U
- Practices: 1.5 - 2-hour sessions, age dependent

What's Included:

- Athlete Development: Focused training to enhance your child's volleyball skills.
- Gym & Facility Rental: Access to facilities with medium to high ceilings for safe and effective practice.
- Executive/Technical Director: Experienced leadership to guide the club and support player development.
- Coaches Honorarium, Accreditation, and Police Checks: Ensuring qualified coaches for your child.
- One Volleyball Alberta Tournament Registration Fee: Entry to a volleyball tournament to showcase their skills.
- Equipment & Volleyballs: Necessary gear for practice and games.
- Athletes Awards: A portion of the fees is allocated to recognizing our athletes for their dedication and achievements.
- Medical Supplies (Tournaments and Emergencies): Ensuring the safety and well-being of your child.
- Cleaning and Disinfecting Supplies: Prioritizing health and safety during uncertain times.
- Administration Fee: Managing the club's operations efficiently.

2. Volleyball Alberta and Volleyball Canada Youth Development Player Fees:

- These fees are non-refundable and cover participation in the broader youth development program.

3. Tournaments and Travel

Tournaments organized by Volleyball Alberta are usually held in Calgary and Edmonton. It's important to note that tournament travel, accommodation, and registration for the team are not included in the club fees. Families can expect tournament travel costs to vary, ranging from \$1,250 to \$2,000 for the season if they plan to attend all five tournaments, which includes four premier tournaments and one national tournament. These costs cover expenses such as transportation, lodging, and tournament registration fees.

By enrolling your child in EKVC's youth volleyball program, you're investing in their personal growth, athletic development, and overall well-being. We provide a safe and nurturing environment for your child to thrive in the sport of volleyball. We look forward to having your child as part of the EKVC family!

If Financial Assistance is needed, please visit <https://www.ekvcvolleyball.com/info> for information about service organizations such as KidSport, Athletics 4 Kids and JumpStart.

Fundraising

EKVC's fundraising approach for the 2024 season is a transition from team-based fundraising to club-wide initiatives that will not only make the process simpler but also contribute to the overall success and unity of our organization. Embracing club fundraising will bring us closer as a community, simplify the process, and demonstrate our unwavering commitment to our club's future.

Examples of Club fundraisers initiatives are:

- 50/50 Cash Raffle
- Grocery cards
- Pizza days
- Beer & Burger nights at local restaurants

Club fundraising has the potential to yield greater financial benefits. When we pool our resources and reach out to a broader audience, we can maximize the funds raised, which will significantly contribute to the long-term success of our club. It also allows EKVC to adapt and evolve to meet the changing needs of our organization.

Teams may fundraise to assist with tournament and travel expenses following the completion of a **Fundraising Request Form**.

Team fundraising initiatives are:

- spaghetti feed
- car wash
- activities which raise money specifically for a team because the team is putting on the event

Corporate Sponsorship is considered a partnership with EKVC so is not available to individual teams.

Refunds

East Kootenay Volleyball Club (EKVC) is a non-profit society that strives to create meaningful growth and development to its athletes and coaches and build the Clubs' capacity to encourage volleyball involvement across the Region.

Operating the Club is dependent upon athlete registration to ensure the continuation of the club from season to season, therefore EKVC has a strict refund policy. The Club creates an annual budget from Fixed overhead costs to operate. This information determines the fee schedule for the season

Once an athlete accepts a position on an EKVC team by using the Registration link upon receipt of the successful tryout invitation letter, they are a member of the Club team and therefore financially responsible for the entire fee as set in the Fee Schedule.

Refunds are no longer eligible once an athlete is a member of a team regardless of whether the athlete plays for the entire season, decides to withdraw from the team before the end of season, is dismissed due to conduct violations, or has any other reason to request a refund.

Refunds are not applied to medical conditions, injuries, or sickness (including but not limited to Covid-19) or other extenuating circumstances.

- If a player registers but a team cannot be formed a full refund, less the *SportEngine administration costs will be offered.

The full Refund policy may be found here: <https://www.ekvcvolleyball.com/refunds>



VI. General

Uniforms and Apparel

Team uniforms are mandatory and must follow the clothing outline established by the Board for that year. This includes warm up shirts and any other apparel that is provided with the registration fees; no exceptions, alternatives or other are considered until the next season.

EKVC Branding

EKVC has set guidelines for all clothing, jerseys and other apparel that brands the Club to the type of script, font and colours used. The EKVC logo is the identity of the Club because it is what makes a memorable impression on competitors, other Clubs, and recruiters. It is a way of distinguishing EKVC athletes from the other teams and Clubs by clarifying who you are representing. As a distinguished member of EKVC, athletes are expected to be a respectful example of EKVC, especially when wearing clothing with a Club logo. Use of EKVC branding is by request and must receive written permission for use. See [Branding Standards here](#).

Teams or individuals wanting to order custom apparel must present an order request to the Board for order approval prior to any work or provision of apparel. No other apparel can be created privately with EKVC representation on it.

Approval requests are to be emailed by the team manager with an Apparel Request form.

EKVC logo design and name are copyright belonging to East Kootenay Volleyball Club which can result in the removal of apparel without compensation.

Gym Time/Practice time

Practice facilities are usually located in local school gyms throughout the East Kootenays. Gym time allocation is dependent on the School District's schedule, where user clubs like us are third in priority.

The scheduling information is typically released in early January, so we kindly request your patience during this process.

We make every effort to ensure gym time is divided equally among the teams although certain considerations are in place dependent on age category and competitiveness of the team.

We have a great partnership with the School District and it's essential to respect the facilities we use. Please ensure that all equipment is put away in the same manner it was found. It's vital that we maintain a positive relationship with the schools to ensure our continued access to their facilities.

Addressing Concerns/Questions About Gym Time:

We understand that concerns or questions about gym time allocation may arise. We kindly request that if you or others have any concerns or questions about gym time, please discuss it with the Team Manager. The Team Manager serves as the primary point of contact between the teams and the Club administrator.

Extra Gym Time

By Manager request, EKVC may be able to arrange extra practice time depending on availability.

The following considerations apply if there is extra gym time available:

- Competitive vs Development
- Age categories

If an EKVC members choose to conduct additional practices outside the regular season, spanning from December to May, regardless of whether they arrange gym time or acquire insurance themselves, EKVC would consider this a conflict of interest. The responsibility of booking gym time, maintaining insurance, and handling reimbursement costs from athletes falls under EKVC's purview during a standard club season. EKVC's role as an organization encompasses tasks such as gym reservations, registration facilitation, and fund collection and distribution for the season. Additionally, it offers protection against personal liability for both athletes and coaches through insurance.

End of Indoor Season

Towards the end of the season, EKVC administers a set of surveys to assess the performance of the Club, Coaches, and Managers throughout the season. Coaches are requested to complete an Athlete Coachability Evaluation, which aids in the selection process for the following season's tryouts. This evaluation covers aspects such as Attitude, Openness to Feedback, Work Ethic, Team Player, and Accountability.

Teams have the option to organize a Season End team party to celebrate the conclusion of the season. The decision to hold such an event is left to the team's discretion, and all associated costs will be the responsibility of the players.

In addition, Coaches and Managers are tasked with collecting **clean** jerseys, balls, and first aid kits within two weeks of the last tournament. These items should then be returned to the Equipment Coordinator.

Beginning of Outdoor Season

As the indoor season nears its end in May, the outdoor season begins. If you're interested in registration for the beach volleyball season from May to July, information can be found [here](#). The outdoor season typically spans 10 weeks of beach volleyball and does not require coaches to travel.

VII. Thank you!

Your dedication to EKVC is truly valuable. Thank you for being such an important part of our community. Your commitment is greatly appreciated.

Board of Directors Limitation of Liability and Indemnity

Protection of Directors and Coordinators

1. Limitation of Liability

No Director or Coordinator of the Club shall be liable for the acts, receipts, neglects or defaults of any other Director or Coordinator or employee, or for any loss, damage or expense happening to the Club through the insufficiency or deficiency of any security in or upon which any of the monies of the Club shall be invested or for the loss or damage arising from the bankruptcy, insolvency or tortuous act of any person with whom monies, securities or effects of the Club shall be deposited, or for any loss occasioned by any error of judgment or oversight on his/her part, or for any other loss, damage or misfortune whatever which shall happen in the execution of the duties of office or in relation thereto unless the same are occasioned by the Director's own willful neglect or default.

2. Indemnity

Every Director and Coordinator of the Club and his/her heirs, executors and administrators and estate and effects respectively, shall from time to time and at all times be indemnified and saved harmless out of the funds of the Club from and against all costs and expenses whatsoever that each Director or Coordinator sustains or incurs in or about any action, suit or proceeding that is brought, commenced or prosecuted against him/her for or in respect of any act, deed, matter or thing whatsoever made, done or permitted by him/her in or about the execution of the duties of office and all other costs, charges and expenses that he/she sustains or incurs in or about or in relation to the affairs of the Club except such costs, charges or expenses as are occasioned by willful neglect or default.

Appendix A – Sample Athlete Code of Conduct

Our Club goal is to provide a positive environment that allows Athletes to reach their full potential. Athletes are expected to fulfill certain responsibilities and obligations including compliance with EKVC's code of conduct and Volleyball Alberta's policies, rules and regulations.

Athlete Commitment

- Come prepared and ready for team events (bring necessary equipment ex uniform, shoes, full water bottle etc)
- No cell phones during practice or on the bench during games
- Leave all your personal items zipped in your bag, EKVC is not responsible for lost or stolen items

Athletes Behaviour

- EKVC Athletes have a responsibility to demonstrate expected behaviour on and off the court
- Athletes are expected to follow coaches' rules and expectations
- Since a supervisor cannot be with the Athletes at all times, it WILL BE expected that common sense and good judgement will prevail
- If the code of conduct is not followed, consequences could include benching or removal from the club
- If an Athlete refuses to comply with the code of conduct after a warning EKVC board will support removal from the Club.

Code of Conduct

This is the standard of behavior that Athletes are EXPECTED to follow, any Athlete who fails to meet this standard will be subject to disciplinary action.

- Make every effort to attend practices and games regularly and punctually
- Notify your coach of any planned absence in a timely fashion, with an explanation
- Cooperate fully with coaches and chaperones
- No consumption or possession of any illegal substance (includes: alcohol, tobacco products, smoking, vaping, cannabis)
- Theft or vandalism will not be tolerated please respect all venues and equipment
- Avoid actions, conduct or language in relation to other athletes, coaches, parents, or game officials
- Athletes MUST demonstrate good sportsmanship at all times
- Follow regulations and curfews established by coaches and chaperones
- Do not leave designated areas during tournaments or practices unless arrangements are made and approved by your coach
- Athletes are not allowed in rooms of the opposite sex
- Athletes must travel with an adult chaperone (ex, athletes cannot drive athletes to out of town tournaments)
- If coach allows options for Athlete rooms, Athletes staying in such rooms must abide by ALL expectations and curfews failure to follow could result in removal from club.

Social Media

We want people to have a positive experience when reading about EKVC athletes, coaches, and parents/spectators. Anything that supports this goal is encouraged provided it complies with the following:

- Awareness that public can view all online submissions
- Keep ALL comments positive
- YOU are solely responsible for any liability that results from content submitted by you through your account
- Do not violate the law or encourage illegal activities

Disciplinary Action – Minor Infractions

Procedures for minor infractions will be informal and will be determined by the coaching staff.

Discipline could include benching, extra team duties etc.

Examples of minor infractions:

- A single incident of disrespectful, offensive, abusive, homophobic, racist or sexist comments or behavior directed toward others, peers, opponents, athletes, coaches, officials, spectators etc.
- Unsportsmanlike conduct such as angry outbursts or arguing
- A single incident of being late or absent from events or activities at which attendance is required without a reason or notice

Disciplinary Action – Major Infractions

Disciplinary actions for major infractions are determined by the EKVC Board with input from the coach.

The athlete will have the opportunity to provide a written report with the information concerning the incident. The coaching staff will provide the board with an incident report regarding the incident.

Disciplinary action could include permanent removal of the athlete from the club. All fees are non-refundable.

Examples of major infractions:

- Repeated incidents of disrespectful, offensive, abusive, homophobic, racist, sexist comments or behavior directed towards others, opponents, athletes, coaches, officials, spectators etc.
- Repeated angry outbursts or unsportsmanlike behaviour
- Repeated instances of being late, or absent when attendance is required
- Curfew violations
- Activities or behaviours that interfere with a competition or which interfere with a teammates preparations for a competition
- Pranks, jokes, fighting, or other activities that endanger the safety of others
- Consumption of alcohol, tobacco products, illicit drugs, smoking, vaping, cannabis
- Any acts of vandalism or theft

NOTE: When travelling if any athlete is involved with illegal activity, they will be sent home immediately at parent's expense.

Athlete Signature

Date

Parent Signature

Date

Appendix B – Parent/Guardian/Spectator Code of Conduct

The following guidelines will assist our club in achieving a positive environment:

- Maintain a positive attitude. Remember, this is youth/teen sports, and mistakes happen frequently. Remind all family members and friends attending events.
- Only athletes and coaches are allowed to be on the bench; no exceptions.
- Please refrain from offering suggestions to athletes or coaches during practices and games.
- There is a Zero-tolerance policy in effect which could result in removal from a venue and permanent revocation of membership.
 - Avoid pestering or suggesting calls to the officials, criticizing them, coaches, opponents, or other fans.
 - Use of abusive language or cursing is not permitted.
 - Avoid creating unnecessary drama or stirring controversy.
- Individuals will receive a warning for inappropriate behavior, further incidents may result in permanent removal from a facility or the club entirely.
- Help us create a positive experience for everyone involved. Please show your support!

Volunteering

As a volunteer organization, the club relies on everyone's assistance. At events, all parents are required to fulfill volunteer duties to support their athlete's team. This includes scorekeeping during tournaments. Parents are responsible for learning how to scorekeep using the official score sheet. Your contribution helps make these events successful.

Club Communication protocol

- If you contact the club via email, please understand that this organization is operated by volunteers. We kindly request your patience while awaiting a response to your email.
- For the most up-to-date information, we encourage you to visit our website, as well as our Facebook and Instagram pages. We appreciate your initiative in seeking information through these resources. We strive to offer thorough and detailed information, but we're only human and may occasionally overlook something.
- Coaches, Managers, Board Members, etc. will not respond to argumentative emails and/or texts and will enforce the 24 hour Rule. See the [Discipline and Complaints policy](#) for more information.

Injury and Medical Clearance

- Coaches will prioritize the athlete's future health and well-being when making decisions regarding an injured athlete's ability to continue playing or training.
- Concussion protocol will be strictly followed.
- Parents are expected to provide full disclosure to the coaching staff and the club about all player injuries, and athletes are strongly recommended to be upfront about injuries.
- An athlete who has been injured may be required to provide medical clearance from a doctor.

Social Media

- Athletes, parents, and others are encouraged to use social media for positive purposes such as praising, encouraging, and sharing in the successes of players, teams, and the club.
- Posting negative comments, pictures, videos, or any content related to players, coaches, other teams, volunteers, the club or Board on social media is strictly prohibited.
- Cyberbullying in any form will not be tolerated, and appropriate sanctions will be imposed.

Pan Canadian Policy Code of Conduct and Ethics

https://volleyball.ca/uploads/Policies/2020/Pan_Canadian_Policy_-_Code_of_Conduct_and_Ethics_-_Oct_2020.pdf

Review of Registration Waiver

RELEASE OF CLAIM, AGREEMENT OF RESPONSIBILITY & REFUND POLICY AGREEMENT

East Kootenay Volleyball Club (EKVC) is a non-profit society that strives to create meaningful growth and development to its athletes and coaches and build the Clubs' capacity to encourage volleyball involvement across the Region.

Operating the Club is dependent upon athlete registration to ensure the continuation of the club from season to season, therefore EKVC has a strict refund policy. The Club creates an annual budget from Fixed overhead costs to operate. This information determines the fee schedule for the season.

Once an athlete accepts a position on an EKVC team by using the Registration link upon receipt of the successful tryout invitation letter, they are a member of the Club team and therefore financially responsible for the entire fee as set in the Fee Schedule.

Refunds are no longer eligible once an athlete is a member of a team regardless of whether the athlete plays for the entire season, decides to withdraw from the team before the end of season, is dismissed due to conduct violations, or has any other reason to request a refund.

Refunds are not applied to medical conditions, injuries, or sickness (including but not limited to Covid-19) or other extenuating circumstances.

If a player registers but a team cannot be formed a full refund, less the *SportEngine administration costs will be offered.

*SportsEngine administration costs = \$1.50 + 3.25% of registration fee

In consideration for the access to the Organization's training program, coaching and mentorship and/or access or use of the Premises, the Participant and/or the Participant's Guardian:

(a) releases, discharges and forever holds harmless the Releasees from any and all liability for damages or loss arising as a result of the Risks arising from entry into or use of the Premises and of participation in or in connection with the Remote Training, including ensuring the suitability and safety of the Remote Training environment;

(b) waive any right to sue the Releasees in respect of all causes of action (including for injuries or illness caused by their own negligence), claims, demands, damages or losses of any kind that may arise as a result of the Risks arising from entry into or use of the Premises and of participation in or in connection with the Remote Training, including without limitation the right to make a third party claim or claim over against the Releasees arising from the same; and

(c) freely assumes all risks associated with the Risks, anything incidental to the Risks, which may arise as a result of participation in or in connection with the Remote Training.

YOU ARE GIVING UP LEGAL RIGHTS TO ANY AND ALL FUTURE CLAIMS AGAINST THE ORGANIZATION AND THE RELEASEES.

I hereby give my son/daughter permission to play volleyball under the direction of the East Kootenay Volleyball Club. You are also aware and agree to the [Refund Policy](#).

POLICIES & PROCEDURES AGREEMENT

Kindly be informed that by finalizing this registration, you are obligated to adhere to all policies and procedures outlined by Volleyball Canada, Volleyball Alberta, and the East Kootenay Volleyball Club. You may find the EKVC policies [here](#).

Thank you for taking the time to read and fully understand the East Kootenay Volleyball Club (EKVC) handbook. Your commitment to adhering to the guidelines outlined within the handbook, including the chain of communication and the importance of showing respect for coaches and players, is greatly appreciated. Your dedication to these principles helps foster a positive and respectful environment within our club, and we look forward to having you as a valued member of our volleyball community. Welcome to EKVC!

I/We have read, understand, and agree to comply with the RELEASE OF CLAIM, AGREEMENT OF RESPONSIBILITY & REFUND POLICY AGREEMENT in full as outlined above.