

# FSCB 2018 SUMMER ICE CONTRACT

June 10th - August 23rd, 2018

## Monday

6:45-8:45am Pro's ice  
9:00-9:45am Freestyle  
10:00-10:45am Freestyle  
11:00-11:45am Freestyle  
12:00-1:00pm Pro's ice

## Tuesday

6:45-8:45am Pro's ice  
9:00-9:45am Freestyle  
10:00-10:45am Freestyle  
10:45-11:00 am Cardio on-ice  
11:15-12:00pm Freestyle  
12:00-1:00pm Pro's ice

## Wednesday - No Ice 6/27,7/4

6:45-8:45am Pro's ice  
1:30-2:15pm Freestyle  
2:30-3:15pm Freestyle  
3:30-4:15pm Freestyle  
4:30-6:30pm Skate School  
6:30-7:30pm Pro's ice

## Thursday - No Ice 7/5, 8/16

6:45-8:45am Pro's ice  
9:00-9:45am Freestyle  
10:00-10:45am Freestyle  
10:45-11:00 am Cardio on-ice  
11:15-12:00pm Freestyle  
12:00-1:00pm Pro's ice

## Friday

6:45-7:45am Pro's ice  
7:45-8:45am Pro's ice  
9:00-10:00am Pro's ice  
10:15-11:15am Pro's ice