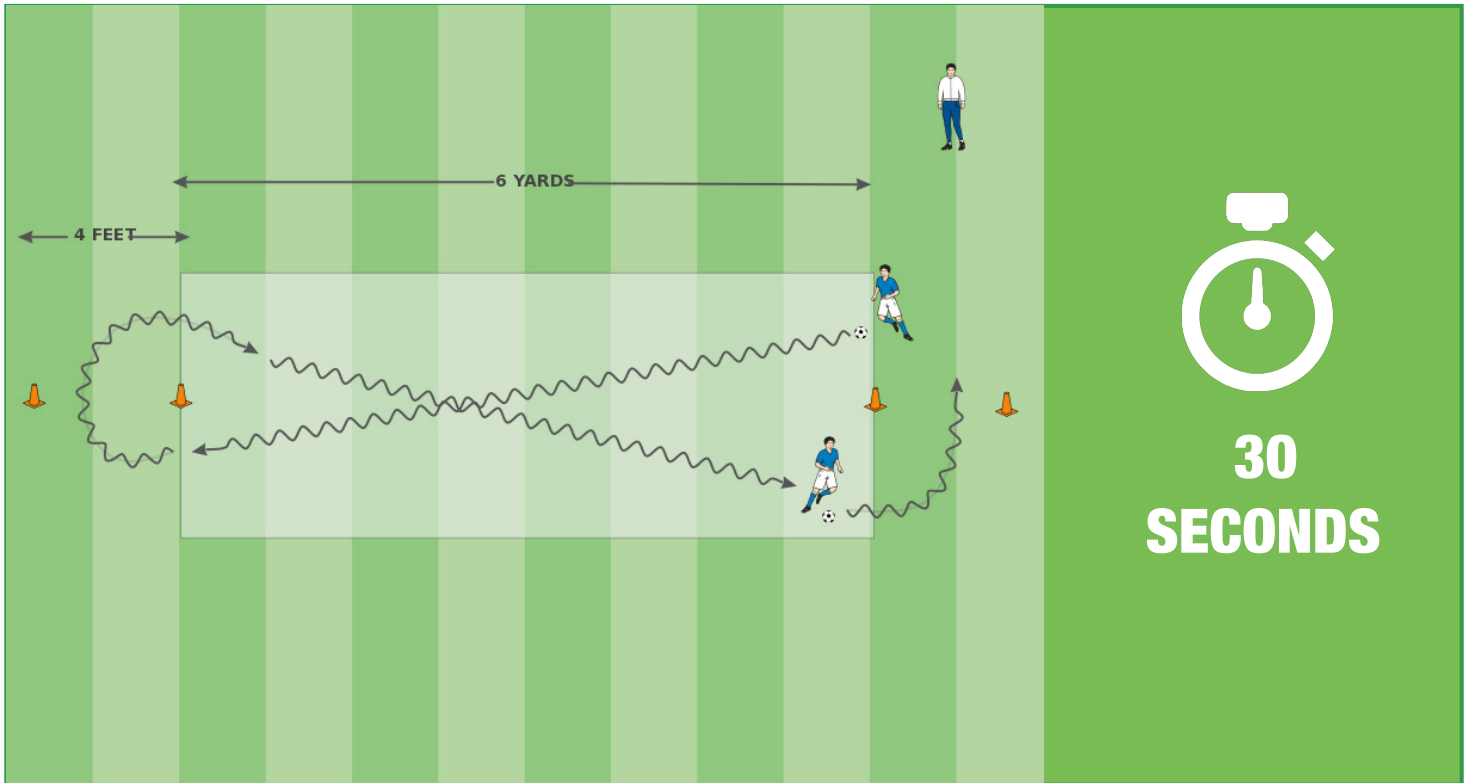


## DRIBBLE FIGURE 8



### TEST INSTRUCTIONS

Player starts to the right of the first set of cones. They must dribble across the channel and make a turn through the two cones that are 4 feet apart. They must then dribble back across the channel and make a turn through the two cones completing a figure 8.

### SCORING THE TEST

Every time the player successfully goes through the set of cones at the end and makes a turn without hitting either of the cones they score 1 point. If the player finishes halfway between the two sets when the time expires add a 1/2 point to their score.

### TEST RULES

If the players hits or knocks down a cone they do not score a point on that turn.  
Player may dribble using either foot.  
Players may use any type of turn they wish to change direction and come back.