

**HURT**



**Fall**

**Information/Registration  
Meeting  
2019-2020**



# Agenda

- **Welcome & Introductions**
- **Club Overview**
- **Coaches presentation**
- **Captains presentation**
- **Fundraising**
- **Policy Review**
- **Registration & Communication**



## HURT Board

**President\***

**Pam Passman**

**Vice President\***

**Tami Segal**

**Secretary\***

**Debbie Wolfe**

**Treasurer\***

**Wendy Kivens**

**Hustle Chair**

**Yoni Bundt/Joel Leviton**

**Registrar/Webmaster**

**Adam Kristal**

**Practice Field Coordinator**

**Julie Silverman**

**Team/Coach Development**

**Tom Hansen**

**Fundraising**

**Joanne Trangle**

**Team Parents**

**Varsity Boys**

**Deb Bundt, Tzivia Leviton, Bev Pilcher**

**Varsity Girls**

**Hindy Tankenoff, OPEN**

**JV Boys**

**OPEN**

**Middle School**

**Steve Parks, OPEN**

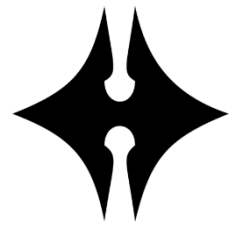
\* Executive Committee



## Coaches & Captains

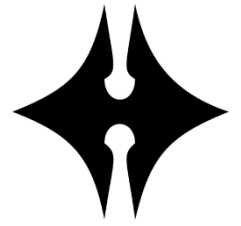
<b>Varsity Boys</b>	<b>Thomas Echols*</b> <b>Benji Mosow</b> <b>Matt Greenstein</b>	<b>Cole Segal</b> <b>Rafi Leviton</b> <b>Tomi Bundt</b>
<b>Varsity Girls</b>	<b>Danny Gollin*</b> <b>JJ Pira</b> <b>Mo Asturias</b>	<b>Ivy Greenberg</b> <b>Mollie Tankenoff</b>
<b>JV Boys</b>	<b>Daniel Choi*</b> <b>Max Seffren*</b>	<b>TBD</b>
<b>Middle School</b>	<b>TBD</b>	<b>TBD</b>

\* Head Coach



## A few words about tonight...

- Do not be overwhelmed with all the information...
- Everything you need is on [www.hopkinsultimate.com](http://www.hopkinsultimate.com)
- If you can't find an answer to your question, contact any Board Member



# What is Ultimate?

“..ultimate frisbee combines **speed, grace** and **powerful** hurling with a **grueling** pace.”

THE WALL STREET JOURNAL

- Cross between soccer, football and basketball, only with a disc (Frisbee)
- Non-contact sport
- Played on a field 40 x 70 yards
- Points scored when disc caught in end zone
- Self-officiated
- Spirit of the Game



# HURT Mission and Vision

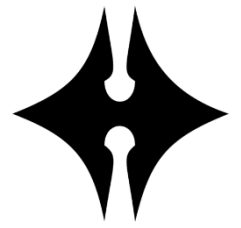
## Mission

Hopkins Ultimate strives to build highly competitive Ultimate players and teams who have the utmost respect for themselves, their fellow competitors and the sport of Ultimate.

## Vision

**Good lessons for Ultimate. Ultimate lessons for life.**

Through excellence in play and sportsmanship, Hurt players, coaches, board members and parents broaden the sport of Ultimate by encouraging participation and recruitment for every level of Ultimate including high school, club and college play – not just because it's a great sport but because it is a great way of life.



# HURT Values

## **We Are Noble Warriors**

It's not enough to just "play" Ultimate at Hopkins. We are Noble Warriors – train hard, compete hard and most importantly, conduct ourselves with the highest moral values. We are a volunteer run organization; even the coaches. Being a Noble Warrior includes helping run the Hopkins Ultimate organization.

**Spirit of the Game**

**Honor**

**Family**

**Dedication**

**Responsibility**

**Integrity**

**Accountability**





## Teams

### **High School League (HSL)**

**Grades 9-12**

#### **Boys Teams: JV and Varsity**

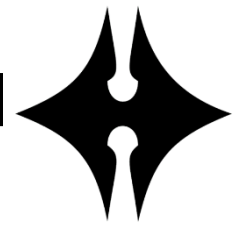
- **Varsity - try outs during fall practice**
- **Rosters set ~ November**

#### **Girls Team: Varsity only**

### **Middle School League (MSL)**

**Grades 5-8**

- **Co-ed**
- **No “playing up”**



# Eligibility

Eligibility rules dictated by USAU & Minnesota Ultimate.  
These are for both HSL and MSL.

1. Players must play for the school they attend, if no team then
2. Players must play for the district that they live in, if no team then
3. Players must play for the closest district to their address

\* Exception applications can be found here:

<http://www.minnesotaultimate.org/player-eligibility>

and if accepted, are good for 2 years

\* Questions or concerns please see me



# HURT Fall Schedule

- Practices: outdoor practice: Sept - Oct
- Fall League Play:
  - HSL: Saturday morning games from 9/7-11/2
    1. HURT Varsity (Boys) - Varsity Returners (others by invitation)
    2. HURT Mixed – JV Boys & Girls grades 9-12
  - MSL: sign up as individuals thru MN Ultimate, 9/17-10/31
    1. Boys only – Tues/Thurs 5:00-6:15 in St. Paul
    2. Girls only – Tues 5:00-6:15 in St. Paul
- HSL Tournament: 10/19-20

**Hold Back the Snow** (Winnipeg)

- 2 Mixed teams - 36 players
- Boys (priority Grades 10-12), Girls
- Must have valid passport

**Windy City Invite** (Rockford, IL)

- Options for Boys, Girls, Mixed

OR

- 
- Bus and stay in hotel
  - Leave Friday @ noon, and return late (late) Sunday
  - ~ \$250 to attend (covers all expenses except Friday “lunch”)



# HURT Fall Practice Schedule

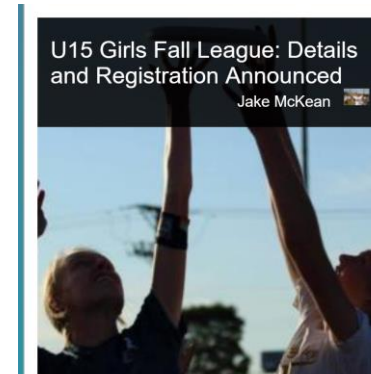
	Middle School	Varsity Girls	Boys JV	Boys Varsity Try-outs	Field
<b>Sunday</b>	<b>6:00-8:00PM</b>	<b>6:00-8:00PM</b>	<b>8:00-10:00PM</b>	<b>8:00-10:00PM</b>	<b>Maetzold</b>
<b>Tuesday</b>	-	<b>7:30-9:30PM</b>	-	<b>8:00-10:00PM</b>	<b>Civic Center</b>
<b>Thursday</b>	<b>6:30-8:00PM</b>	<b>6:00-8:00PM</b>	<b>8:00-10:00PM</b>	<b>8:00-10:00PM</b>	<b>Maetzold</b>

- MSL – Thursday, Sept 5 through Sunday, Oct 13
- HSL - Thursday, Sept 5 through Tues, Oct 29 (can extend if weather is good)
- Boys Varsity try-outs – all 10<sup>th</sup>-12<sup>th</sup> graders, 9<sup>th</sup> graders by invitation only
- No practice on: Sun 9/29, Tues 10/8, Sun 10/20



# Minnesota Ultimate – Under 15 Middle School Club Leagues (<https://www.minnesotaultimate.org/>)

- Boys & Girls separate leagues, 5-8<sup>th</sup> grade, \$35
- Boys:
  - Tues & Thurs, 5:00PM – 6:15PM
  - 9/17 – 10/31
  - [Highland High School](#) on the southwest side of Saint Paul, 1015 Snelling Ave S, St Paul, MN 55116
  - Work with Grey Duck (U of M men's team)
- Girls:
  - Tuesdays, 5:00PM – 6:15PM
  - 9/10 – 10/22
  - [Desnoyer Park](#) on the west side of Saint Paul. 525 Pelham Blvd St Paul, MN 55104
  - Work with Ninjas (U of M women's team)
- This is separate from any HURT offering and available to everybody



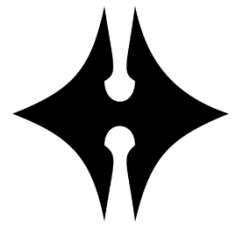


# Winter/Spring Schedule

- Practices:
  - Indoor practice: January-April
  - Outdoor practice: April – June
  - 3 Dome days – Jan, Feb, Mar
- Spring League Play:
  - HSL: 8 weeks, Girls on Tuesdays, Boys on Thursdays
  - MSL: 3 double header Sundays
- Tournaments
  - HSL: Early season indoor, some travel
  - MSL: 2-3 in town

## Notes:

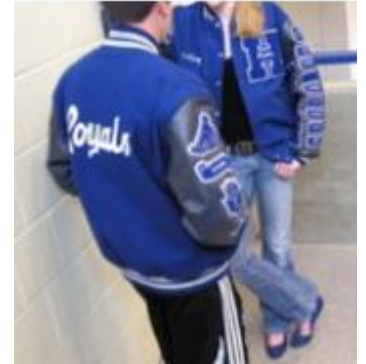
- Spring Registration Meeting will be held in January
- Looking for more indoor practice space in the Winter



# HURT Varsity Athletes May Now Letter!!

## Criteria for lettering:

- Play at least 1 spring season on Varsity
- Demonstrate exemplary attendance at practice
- Attend a travel tournament
- Catch/throw at least one goal in a tournament or league game
- Eligible players: Grades 10-12 (Hopkins High School rule)



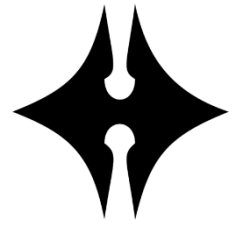
# Coaches Presentation

**Danny Gollin**



# Captains Presentation

# Fundraising



## Fundraising

- Hustle Tournament: 2 day event in the Spring
- Can't balance our budget without it – need \$5000 that is player raised
- Need everyone's participation
- Candy Bar Sales – Sunday, Sept 29 10am-3pm

# **Policy Review**



# Driving Policy

- No player is permitted to drive to/from any game or tournament located more than **45** miles from HHS.
- For games or tournaments located 45 or fewer miles from HHS
  - Licensed player drivers are permitted to transport themselves
  - Only senior and junior player drivers will be allowed to drive other players.
  - Player drivers must have permission via the on-line form signed by a parent/guardian to transport other players
- Cell phone use is prohibited by player driver unless the vehicle is parked.
  - This includes voice calls, use of maps/directions, internet searches, and texting.



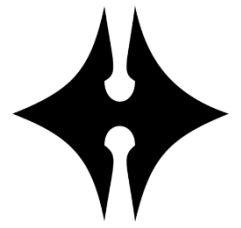
# Chemical Policy

Note: If this is the ONLY sport you play, you do NOT need to go to the Hopkins Chemical Awareness meeting

HURT players shall not unlawfully:

- (1) Use or possess a beverage containing alcohol unless part of his/her family observances of religious celebrations or approved and supervised by his/her parents or legal guardians.
- (2) Use or possess tobacco; or
- (3) Use or consume, have in possession, buy, sell, or give away any other controlled substance, unless authorized by their physician.

\* includes Vaping



# Social Media Policy

The following types of postings by HURT players in any social media or electronic communication that are considered unacceptable include, but are not limited to:

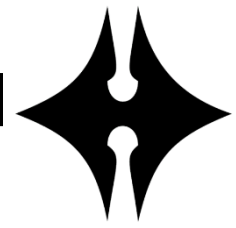
- Obscene, abusive, profane, lewd, vulgar, rude, inflammatory, threatening, disrespectful, or sexually explicit language
- Materials that use language or images that advocate violence or discrimination toward other people (hate literature) or that may constitute harassment or discrimination.



# Consequences

- After confirmation of a violation, student shall lose eligibility for 2 consecutive weeks of participation in all HURT events AND the next tournament/game
  - Attendance at all team activities during period of ineligibility is mandatory, even though participation is prohibited.
- If student is a team captain, he/she will lose captain-ship immediately
- A meaningful letter of apology must be presented to Board and read to team before player is eligible to return to play
- Penalties will be communicated directly to player by an Officer of the Board, with an email sent to player's parents/guardian and coaches
- ***Under extreme circumstances, violations of the chemical policy and/or Social Media policy may result in a player being dismissed from the team***





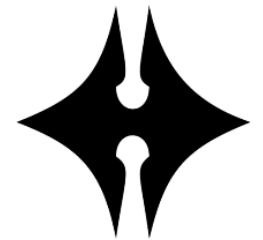
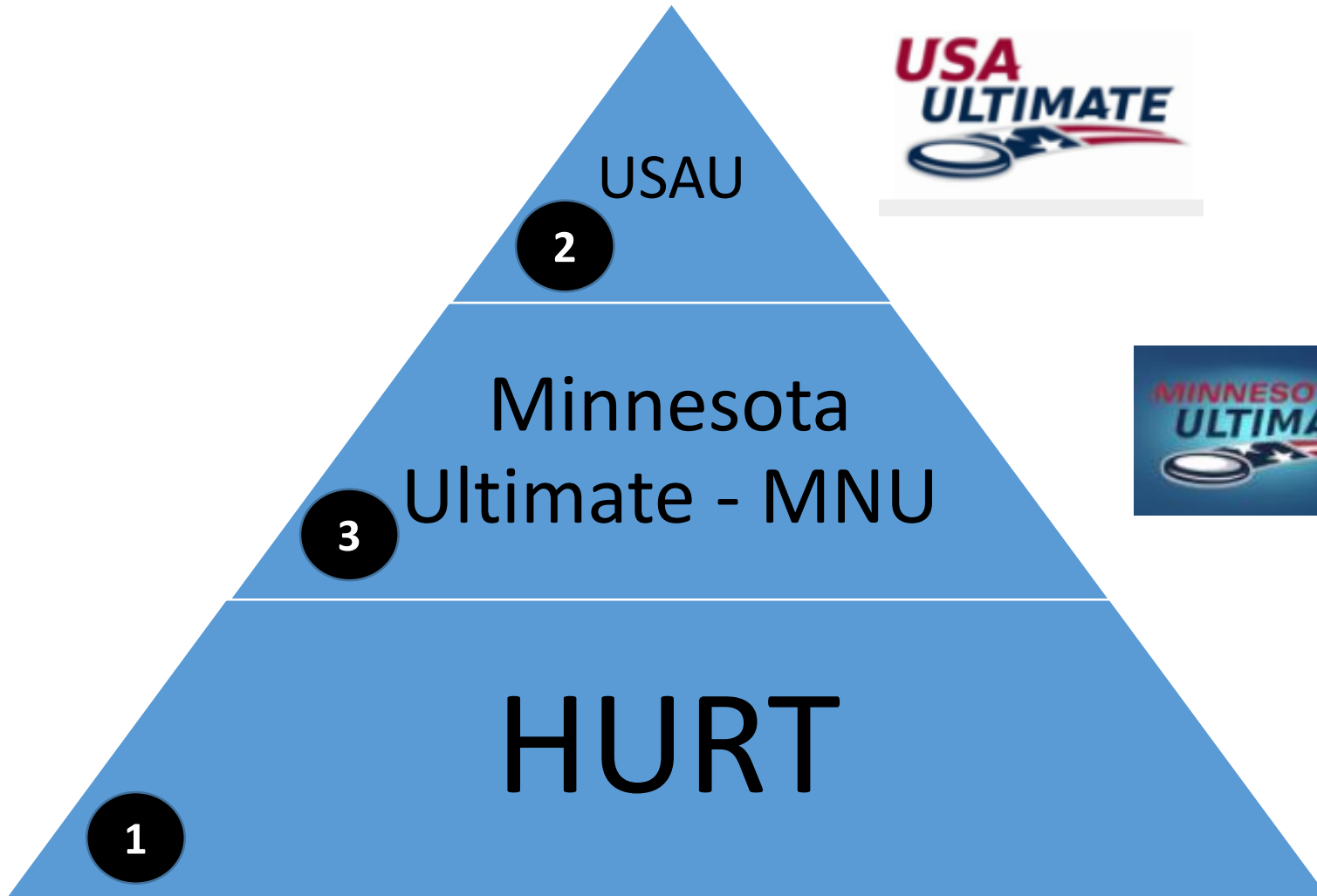
# Volunteering Requirement

- Parent volunteers are essential
- Parents are expected to volunteer during the course of the season
- Parents must volunteer **twice** for activities such as, but not limited to:
  - Tournament Support – transportation, chaperone in or out of town
  - Supervision of a fundraising event
  - Being a “team-parent”
  - Serve as Officer or Board Member
  - Middle School coach
  - Other opportunities as they arise
- Hopkins Hustle - all parents are also expected to volunteer for at least 1 shift and/or committee

# Registration



# Governance





# Registration Requirements

1. Register, pay dues, medical release to HURT  
[www.hopkinsultimate.com](http://www.hopkinsultimate.com)



2. Register, pay dues, sign waiver to USAU  
<https://play.usultimate.org/members/login/?nl=Y>



All Players

3. Register, sign waiver through Minnesota  
Ultimate for Fall League  
<http://www.minnesotultimate.org/>



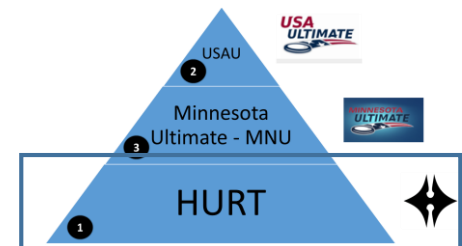
High School  
League only  
(9-12<sup>th</sup> grade)



# 1. HURT Registration & Dues Include.....

[www.hopkinsultimate.com](http://www.hopkinsultimate.com)

- Disc
- Uniform
- Field rental
- Indoor practice space rental
- League play
- Most tournaments
- Coaches – coaches are volunteer

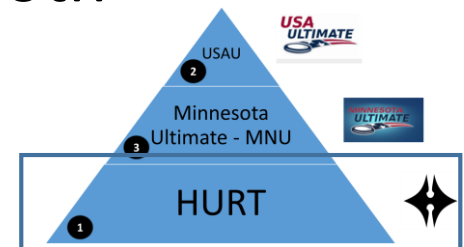


# 1. HURT Dues

[www.hopkinsultimate.com](http://www.hopkinsultimate.com)



- HSL: \$400, additional \$50 for Boys Varsity
- MSL: \$250-\$270 estimate
  - \$150 to HURT
  - \$100-\$120 MNU (will be paid in the Spring)
- Small discount for multiple players per family
- Need-based scholarships available (for both registration and travel)



## 2. USAU Membership – per Calendar Year

<https://play.usultimate.org/members/login/?nl=Y>

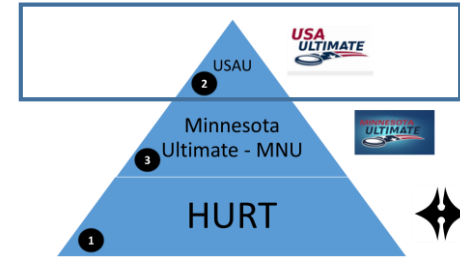
- Required for our Insurance & to play in USAU sanctioned tournaments (ex: State)
- Can renew either through USAU or MNU sites, they will sync with each other

### For 2019 play

- New players:
  - Pay \$19.00 for membership thru 12/31/19
  - Pay \$51 for membership through 12/31/20
- Returners: Do nothing. Your membership is good until 12/31.

### For 2020 play

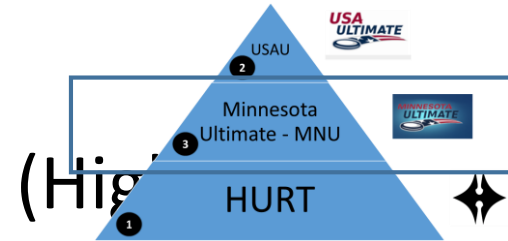
- Renew membership by 12/31 for 2020 for \$38



### 3. Minnesota Ultimate (MNU) – Fall League

<http://www.minnesotaultimate.org/>

Required for Fall League games  
(High School Only)



1. Either confirm or renew USAU membership for 2019
2. Sign Waiver online – if player is under 18, parent needs to sign the waiver. Need to have children tied to family account.
3. Register for appropriate team:
  - HURT – Varsity (Boys): no additional cost
  - HURT – Mixed: no additional cost





# Next Steps Tonight

- **Complete Registration and/or USAU requirements**
  - Pick-up disc – if registered and haven't received a disc
  - Pay - drop off check or pay via credit card tonight
  - Update your calendar with upcoming dates for practices, tournaments, fundraisers
- **Merchandise**
  - Pinnies - \$30 for new, \$15 for vintage
  - Parent/Player Merch – try sizes, place order/pay. Deadline is 9/13
- **New to Middle School?**
  - Q&A – What to wear? Other questions?



**Questions?**