

OSAA Baseball and Softball (2021)

Covid Guidelines and Regulations

Covid Coordinator: Nicole Dalzell (518) 275-6147 or OSAAsoftball@gmail.com

Waiver:

- All athletes (parents) must complete the Covid waiver at the time of registration.

Spectators:

- All spectators must wear a mask or maintain six feet of social distance from other spectators who reside outside of your household.
- Please only arrive 10 minutes prior to the start of your child's practice or game.
- Please leave the park once your athlete's game has ended. This will help us to maintain social distance procedures.
- Please do not retrieve foul balls. Our athletes will retrieve them.
- Please do not congregate around the dugout areas. This area will be designated to our athletes to allow them to social distance when they are not on the field.

Parents:

- See spectator section above.
- We ask that parents take their child's temperature at home before games and practice. Any player who has a temperature of 100.4 or above will be asked to stay at home.
- Please keep your child home if they have any of the following symptoms:
 - Fever, chills, shortness of breath or difficulty breathing, cough, sore throat, loss of taste or smell, nausea, vomiting or diarrhea.
- Please notify the coach if your son/daughter will not be present at a practice and/or game.

Athletes:

- Participants should have no signs or symptoms (outlined above) of Covid-19 in the past 14 days or exposed to anyone that has been ill.
- See additional sections below.
- Participants should sanitize their hands upon arriving to the practices and games (coaches will have sanitizer).

Coaches:

- Must wear a mask if unable to maintain six feet of social distancing from athletes and other coaches.

- Take daily temperature checks and attendance and store information within the Covid binder that you will receive prior to the start of the season. Any athlete with a temperature of 100.4 or higher must be asked to leave. It is encouraged and recommended that the athlete receives a Covid test before returning to play. However, the athlete must be fever free for 48 hours in order to return to play.
- Coaches should have no signs or symptoms (outlined above) of Covid-19 in the past 14 days or exposed to anyone that has been ill.
- Coaches are in charge of making sure equipment is disinfected between use if it is being shared among athletes (Ex-Catchers gear, helmets, bats).
- Maintain social distance practices when possible.

Disinfectants/Temperature Check:

- Each team will be supplied the following for disinfecting shared materials:
 - Disinfecting Spray:
 - Catchers gear, helmets, practice balls, etc.
 - Disinfecting Wipes:
 - Wiping down bat handles, etc.
 - Hand Sanitizer:
 - Disinfect hands between innings and upon arrival to practice/game.
- Thermometer
 - Each coach will receive a contactless thermometer to be used prior to practices and games.

Equipment:

- We encourage everyone to provide their own equipment if possible. If this isn't possible, equipment may be shared, but needs to be disinfected between use.
- Rotate practice balls when possible.
- All equipment should be labeled with the athletes first and last name
- Game balls will be team specific. For example, when the away team is in the field, they will use their own game balls. When the home team is in the field, they will use their own game balls. This will minimize cross contamination between players.

Masks for Athletes:

- Tee-Ball
 - All tee ball level athletes are required to wear a mask at all times. This is due to the difficulty in keeping them socially distant from one another.
- Rookie (8U), Minor (10U), Major (12U)

- All athletes need to wear a mask when they are not on the field. There is no exception to this rule.
- Athletes in the field do not need to wear a mask (but it is encouraged).
- All batters need to wear a mask. This will protect athletes when they are on base or in close proximity to the catcher.

Dugouts:

- Dugouts will not be used this year. All players are encouraged to bring a folding chair with them to practice and/or games.
- Parents are encouraged to bring pop up tents for athletes to use if they have access to them.

Umpires:

- Umpires will be located behind the pitcher vs behind the plate.

Snacks/Drinks:

- All water bottles must be labeled with the athlete's first and last name.
- Athletes can bring their own snack.
- There is no sharing of snacks.
- There will be a no sunflower seed policy this year.

Bathrooms:

- Portable bathrooms will be ordered and they will contain hand sanitizing dispensers.
- The village will also have the bathrooms located by the tee ball field available throughout the season.

*This Covid plan is subject to change as the season approaches and/or progresses.

We would like to thank everyone for doing their part to help make our baseball/softball season as "covid-free" as possible.

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