



RON BONs



CPHL TEAM: KNIGHTS

POSITION

Forward / Defence

DATE OF BIRTH

November 13th, 1985

PLACE OF BIRTH

Calgary, AB

MODEL OF WHEELCHAIR

Invacare 2nd Generation Storm

STICK TYPE

Attached to Chair

SEASONS PLAYED

21

INTERESTS AND HOBBIES

Sports, Collecting Coins & Sports Cards

CAREER HIGHLIGHTS

Most Outstanding Rookie (1997)

Most Improved Forward (2005)

3 time Danny Oulette Memorial Cup - CPHL Championship (2001, 2011, 2017)

3 time Ian Coles Memorial Cup - CPHL Regular Season Championship (2001, 2007, 2011)

2014 True Grit Award recipient for Dedication to PowerHockey despite Personal Hardship

Calgary Selects Team Member (1998)

Named Most Sportsmanlike Player @ 1998 CEWHA National Championship

CAREER TOTAL STATISTICS

SEASON TYPE	SCORING											GOALTENDING								THREE STARS			
	GP	G	A	PTS	PIM	PPG	PPA	SHG	SHA	GDG	PTSPG	GP	MIN	GA	GAA	W	L	T	SO	1st*	2nd*	3rd*	Star Pts
Regular Season	291	66	134	200	71	2	7	0	1	5	0.69	19	1061	127	7.18	5	12	0	0	5	15	12	57
Playoffs	58	5	19	24	14	1	0	0	0	1	0.41	4	240	23	5.75	4	0	-	0	3	0	3	12
TOTALS	349	71	153	224	85	3	7	0	1	6	0.64	23	1301	150	6.92	9	12	0	0	8	15	15	69

REGULAR SEASON YEAR BY YEAR BREAKDOWN

YR	Team	SCORING											GOALTENDING								THREE STARS			
		GP	G	A	PTS	PIM	PPG	PPA	SHG	SHA	GDG	PTSPG	GP	MIN	GA	GAA	W	L	T	SO	1st*	2nd*	3rd*	Star Pts
2016-17	Knights	14	0	1	1	0	0	1	0	0	0	0.07	14	841	92	6.56	4	10	0	0	0	2	1	5
2015-16	Knights	15	2	2	4	0	0	0	0	0	0	0.27	3	140	16	6.86	1	1	0	0	0	2	1	5
2014-15	Machine/Thunder	14	0	5	5	0	0	1	0	0	0	0.36	-	-	-	-	-	-	-	-	0	0	0	0
2013-14	Demons/Machine	12	0	4	4	0	0	0	0	0	0	0.33	1	20	0	0.00	0	0	0	0	0	1	0	2
2012-13	Demons	10	6	5	11	0	1	0	0	0	0	1.10	-	-	-	-	-	-	-	-	1	1	0	5
2011-12	Knights	13	0	3	3	0	0	0	0	0	0	0.23	-	-	-	-	-	-	-	-	0	0	1	1
2010-11	Demons	12	1	2	3	0	0	0	0	0	1	0.25	-	-	-	-	-	-	-	-	0	0	0	0
2009-10	Thunder	12	0	3	3	2	0	1	0	0	0	0.25	-	-	-	-	-	-	-	-	1	0	0	3
2008-09	Knights	14	1	4	5	2	0	0	0	0	0	0.36	-	-	-	-	-	-	-	-	0	0	1	1
2007-08	Thunder	15	1	8	9	0	0	0	0	0	0	0.60	-	-	-	-	-	-	-	-	0	1	0	2
2006-07	Thunder	15	5	9	14	0	1	1	0	0	1	0.93	-	-	-	-	-	-	-	-	0	0	1	1
2005-06	Thunder	15	2	5	7	4	0	0	0	0	0	0.47	1	60	19	19.00	0	1	0	0	0	1	0	2
2004-05	Thunder	12	2	5	7	6	0	0	0	0	0	0.58	-	-	-	-	-	-	-	-	1	0	1	4
2003-04	Thunder	13	2	8	10	6	0	1	0	0	0	0.77	-	-	-	-	-	-	-	-	1	1	0	5
2002-03	Avalanche	13	2	6	8	2	0	1	0	0	0	0.62	-	-	-	-	-	-	-	-	0	1	0	2
2001-02	Stars	16	4	21	25	10	0	1	0	1	1	1.56	-	-	-	-	-	-	-	-	0	1	2	4
2000-01	Stars	14	5	1	6	0	0	-	0	-	2	0.43	-	-	-	-	-	-	-	-	0	0	0	0
1999-00	Flames	18	6	10	16	16	0	-	0	-	0	0.89	-	-	-	-	-	-	-	-	0	0	1	1
1998-99	Flames	15	3	6	9	8	-	-	-	-	-	0.60	-	-	-	-	-	-	-	-	0	1	1	3
1997-98	Blackhawks	13	11	15	26	3	-	-	-	-	-	2.00	-	-	-	-	-	-	-	-	0	1	2	4
1996-97	Stars	16	13	11	24	12	-	-	-	-	-	1.50	-	-	-	-	-	-	-	-	1	2	0	7
TOTALS		291	66	134	200	71	2	7	0	1	5	0.69	19	1061	127	7.18	5	12	0	0	5	15	12	57

PLAYOFF YEAR BY YEAR BREAKDOWN

		SCORING											GOALTENDING								THREE STARS			
YR	Team	GP	G	A	PTS	PIM	PPG	PPA	SHG	SHA	GWG	PTSPG	GP	MIN	GA	GAA	W	L	T	SO	1st*	2nd*	3rd*	Star Pts
2017	Knights	4	0	3	3	0	0	0	0	0	0	0.75	4	240	23	5.75	4	0	-	0	1	0	1	4
2016	Knights	6	1	5	6	2	1	0	0	0	0	1.00	-	-	-	-	-	-	-	-	0	0	1	1
2015	Thunder	2	0	2	2	0	0	0	0	0	0	1.00	-	-	-	-	-	-	-	-	0	0	0	0
2014	Machine	6	0	2	2	0	0	0	0	0	0	0.33	-	-	-	-	-	-	-	-	0	0	0	0
2013	Demons	3	1	3	4	0	0	0	0	0	0	1.33	-	-	-	-	-	-	-	-	0	0	0	0
2012	Knights	2	0	0	0	0	0	0	0	0	0	0.00	-	-	-	-	-	-	-	-	0	0	0	0
2011	Demons	4	0	0	0	0	0	0	0	0	0	0.00	-	-	-	-	-	-	-	-	0	0	0	0
2010	Thunder	5	0	0	0	0	0	0	0	0	1	0.00	-	-	-	-	-	-	-	-	1	0	0	3
2009	Knights	2	0	0	0	0	0	0	0	0	0	0.00	-	-	-	-	-	-	-	-	0	0	0	0
2008	Thunder	2	0	0	0	2	0	0	0	0	0	0.00	-	-	-	-	-	-	-	-	0	0	0	0
2007	Thunder	2	0	0	0	2	0	0	0	0	0	0.00	-	-	-	-	-	-	-	-	0	0	0	0
2006	Thunder	2	0	0	0	4	0	0	0	0	0	0.00	-	-	-	-	-	-	-	-	0	0	0	0
2005	Thunder	5	0	1	1	0	0	0	0	0	0	0.20	-	-	-	-	-	-	-	-	1	0	0	3
2004	Thunder	1	0	0	0	2	0	0	0	0	0	0.00	-	-	-	-	-	-	-	-	0	0	0	0
2003	Avalanche	3	0	0	0	2	0	0	0	0	0	0.00	-	-	-	-	-	-	-	-	0	0	0	0
2002	Stars	1	0	1	1	0	0	0	0	0	0	1.00	-	-	-	-	-	-	-	-	0	0	0	0
2001	Stars	3	0	1	1	0	0	-	0	-	0	0.33	-	-	-	-	-	-	-	-	0	0	0	0
2000	Flames	2	2	0	2	0	0	-	0	-	0	1.00	-	-	-	-	-	-	-	-	0	0	0	0
1999	Flames	1	0	0	0	0	-	-	-	-	-	0.00	-	-	-	-	-	-	-	-	0	0	0	0
1998	Blackhawks	1	1	1	2	0	-	-	-	-	-	2.00	-	-	-	-	-	-	-	-	0	0	0	0
1997	Stars	1	0	0	0	0	-	-	-	-	-	0.00	-	-	-	-	-	-	-	-	0	0	1	1
TOTALS		58	5	19	24	14	1	0	0	0	1	0.41	4	240	23	5.75	4	0	-	0	3	0	3	12