

**LUTHER ALL-AMERICAN INVITATIONAL**

Decorah, IA  
Luther College  
Saturday, September 14, 2024

**MEET OFFICIALS**

**Meet Director:**  
Steve Pasche  
**Meet Referee:**  
Rick Hall  
**Timing:**  
Wayzata Results, LLC



**OFFICIAL MEET REPORT**  
printed: 9/14/2024 11:58 AM

**Race #5**  
**Johnson-Olson All-American Race Girls Varsity 5k (Varsity)**

**Final Results****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Avg.	Spread
1 Pleasant Valley	36	3-4-6-11-12(18)(20)	18:56	0:36.1
2 Dubuque Senior	91	7-15-16-22-31(32)(53)	19:33	1:16.1
3 Minnetonka	117	1-9-23-38-46(49)(50)	19:43	2:31.8
4 Iowa City City High	122	10-17-21-33-41(43)(44)	19:54	1:30.5
5 Dubuque Hempstead	164	8-26-28-47-55(88)(93)	20:10	2:04.4
6 Bloomington Jefferson	223	19-34-36-62-72(123)(130)	20:44	2:12.9
7 Rochester Century	236	27-45-48-57-59(82)(126)	20:49	1:20.8
8 Aquinas	267	29-30-65-68-75(109)(110)	21:05	1:48.9
9 Iowa City Liberty	271	39-40-58-64-70(79)(83)	21:10	1:09.8
10 Linn-Mar Marion	334	35-52-60-92-95(108)(119)	21:24	1:50.5
11 Blake School (The)	345	25-61-74-89-96(112)(124)	21:30	2:15.2
12 Decorah	347	54-67-69-73-84(91)(106)	21:40	0:55.2
13 Mason City	355	42-51-71-78-113(116)(144)	21:36	2:01.7
14 Lanesboro/Fillmore Central	411	13-94-97-100-107(132)(162)	21:44	3:17.9
15 West Salem	481	24-63-122-135-137	22:10	3:22.0
16 Westby	494	66-76-103-121-128(133)	22:23	1:23.2
17 Rochester John Marshall	501	2-37-153-154-155(156)(161)	22:21	5:49.3
18 New Hampton	534	56-104-114-115-145(158)(163)	22:33	2:33.7
19 Osage	537	14-85-120-143-175(176)(183)	22:46	6:53.4
20 La Crosse Central	560	86-98-117-125-134(136)(148)	22:41	1:10.5
21 Regina Iowa City	577	77-80-129-139-152(172)(184)	22:51	2:13.9
22 Pine Island	604	90-101-102-151-160(164)(168)	23:07	2:29.2
23 Pekin	627	5-147-149-159-167(178)(187)	23:18	6:35.9
24 Prairie Cedar Rapids	638	99-105-138-146-150	23:11	1:37.7
25 Port Byron (Riverdale)	692	81-87-166-173-185(186)	24:50	6:46.1
26 Academy Of Holy Angels	697	111-127-140-142-177	23:46	3:47.0
27 Minneapolis Washburn	729	118-131-141-169-170(174)	24:14	3:00.7
28 Apple Valley	852	157-165-171-179-180(181)(182)	25:59	2:43.6

**INDIVIDUAL RESULTS**

athlete	YR	#	Team (Team Place)	Score	Time	Gap	Avg. Mile	Avg. kM	1600m	3200m	3947m
1 Avery Marasco-Johnson	SR	866	Minnetonka (1)	1	18:12.3	---	5:51.2	3:38.5	5:37.2	11:31.7	14:19.9
2 Abigail Tri	SO	1325	Rochester John Ma	2	18:27.5	15.2	5:56.1	3:41.5	5:39.2	11:42.0	14:32.8
3 Nakia Olivierre	JR	1386	Waterloo West	-	18:33.3	21.0	5:58.0	3:42.7	5:37.0	11:47.6	14:41.2
4 Carley LaMotte	JR	129	Burnsville	-	18:36.3	24.0	5:58.9	3:43.3	5:40.3	11:48.0	14:36.3
5 Grace Boleyn	SR	1047	Pleasant Valley (1)	3	18:36.7	24.4	5:59.1	3:43.3	5:39.6	11:49.2	14:42.0
6 Ani Wedemeyer	SR	1056	Pleasant Valley (2)	4	18:42.6	30.3	6:01.0	3:44.5	5:44.0	11:51.8	14:44.3
7 Chloe Glosser	JR	1000	Pekin (1)	5	18:51.8	39.5	6:03.9	3:46.3	5:53.7	12:04.8	14:58.3
8 Maddie Millage	SO	1053	Pleasant Valley (3)	6	18:54.9	42.6	6:04.9	3:47.0	6:00.4	12:05.5	14:56.6

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### Race #5 Johnson-Olson All-American Race Girls Varsity 5k (Varsity)

## Final Results

#### INDIVIDUAL RESULTS (cont'd)

athlete	YR	#	Team (Team Place)	Score	Time	Gap	Avg. Mile	Avg. KM	1600m	3200m	3947m
9 Emma Chesterman	JR	326	Dubuque Senior (1)	7	18:57.8	45.5	6:05.8	3:47.6	5:52.9	12:06.6	15:00.0
10 Evie Henneberry	SR	303	Dubuque Hempstea	8	19:01.3	49.0	6:07.0	3:48.2	5:52.7	12:08.2	15:05.8
11 Evie Malec	SO	865	Minnetonka (2)	9	19:06.4	54.1	6:08.6	3:49.3	5:44.1	12:01.7	14:58.5
12 Abigail Burns	JR	421	Iowa City City High	10	19:08.9	56.6	6:09.4	3:49.8	5:59.1	12:14.3	15:09.5
13 Vivian McCombs	SO	1052	Pleasant Valley (4)	11	19:11.7	59.4	6:10.3	3:50.3	5:53.9	12:09.2	15:06.4
14 Brynn Edgin	JR	1049	Pleasant Valley (5)	12	19:12.7	1:00.4	6:10.6	3:50.5	5:57.1	12:11.6	15:08.2
15 Autumn Rakosnik	FR	657	Lanesboro/Fillmore	13	19:13.3	1:01.0	6:10.8	3:50.6	5:59.6	12:20.8	15:13.5
16 Scarlett Byrnes	JR	974	Osage (1)	14	19:15.7	1:03.4	6:11.6	3:51.1	5:59.3	12:14.3	15:10.0
17 Emily Gorton	SR	329	Dubuque Senior (2)	15	19:17.5	1:05.2	6:12.2	3:51.5	5:58.8	12:12.3	15:09.4
18 Claire Hoyer	SR	332	Dubuque Senior (3)	16	19:20.4	1:08.1	6:13.1	3:52.1	5:59.6	12:18.5	15:15.1
19 Grace Hamann	SO	438	Iowa City City High	17	19:34.0	1:20.7	6:17.5	3:54.8	6:00.3	12:29.2	15:25.3
20 Frankie Gotto	SO	1051	Pleasant Valley (6)	(18)	19:35.3	1:23.0	6:17.9	3:55.0	6:00.9	12:16.2	15:15.1
21 Amelia Borgen	JR	108	Bloomington Jeffers	19	19:35.6	1:23.3	6:18.0	3:55.1	6:03.6	12:30.1	15:31.7
22 Jaylee Duncan	JR	1048	Pleasant Valley (7)	(20)	19:47.6	1:35.3	6:21.8	3:57.5	6:00.3	12:22.4	15:31.1
23 Nicole Peterson	SR	452	Iowa City City High	21	19:49.1	1:36.8	6:22.3	3:57.8	5:59.2	12:24.2	15:25.6
24 Nevaeh Kessler	JR	334	Dubuque Senior (4)	22	19:50.9	1:38.6	6:22.9	3:58.2	6:06.4	12:38.8	15:41.1
25 Meredith Gilles	SR	859	Minnetonka (3)	23	19:51.9	1:39.6	6:23.2	3:58.4	6:21.5	12:49.6	15:48.7
26 Mia Olson	SR	1445	West Salem (1)	24	19:56.2	1:43.9	6:24.6	3:59.2	6:03.3	12:43.6	15:52.7
27 Zoe Goodman	SR	72	Blake School (The)	25	19:56.4	1:44.1	6:24.7	3:59.3	6:00.2	12:18.0	15:17.6
28 Maggie Henneberry	SO	304	Dubuque Hempstea	26	19:57.4	1:45.1	6:25.0	3:59.5	6:09.0	12:40.6	15:42.0
29 Sophia Comfere	SR	1244	Rochester Century (	27	19:58.3	1:46.0	6:25.3	3:59.7	6:19.0	12:54.2	15:57.5
30 Mylee Lange	SR	309	Dubuque Hempstea	28	19:58.8	1:46.5	6:25.4	3:59.7	6:09.1	12:40.6	15:42.8
31 Selah Flanigan	JR	1050	Pleasant Valley	-	19:59.5	1:47.2	6:25.7	3:59.9	6:00.9	12:37.0	15:40.5
32 Alexa Myre	JR	51	Aquinas (1)	29	20:01.7	1:49.4	6:26.4	4:00.3	6:12.2	12:47.2	15:53.1
33 Sanjana Musafir	FR	50	Aquinas (2)	30	20:13.4	2:01.1	6:30.2	4:02.7	6:17.5	12:47.2	15:54.0
34 Briel Bechen	JR	324	Dubuque Senior (5)	31	20:13.9	2:01.6	6:30.3	4:02.8	6:17.2	12:46.6	15:52.7
35 Lise Hoyer	SO	333	Dubuque Senior (6)	(32)	20:16.2	2:03.9	6:31.0	4:03.2	6:10.6	12:49.0	15:55.9
36 Calissa Fruin	FR	432	Iowa City City High	33	20:16.6	2:04.3	6:31.2	4:03.3	6:13.3	12:54.2	16:05.2
37 Avery Rich	JR	121	Bloomington Jeffers	34	20:19.0	2:05.7	6:31.9	4:03.8	6:03.9	12:49.6	16:02.6
38 Hailey Kozloski	SO	735	Linn-Mar Marion (1)	35	20:20.1	2:07.8	6:32.3	4:04.0	6:24.6	13:07.9	16:14.8
39 Vivian Krhin	JR	116	Bloomington Jeffers	36	20:32.5	2:20.2	6:36.3	4:06.5	6:20.4	13:02.1	16:13.7
40 Aaliyah Ranstrom	SO	1318	Rochester John Ma	37	20:33.6	2:21.3	6:36.6	4:06.7	6:21.1	13:01.4	16:09.0
41 Chloe Steinkraus	SO	886	Minnetonka (4)	38	20:36.5	2:24.2	6:37.6	4:07.3	6:21.8	12:51.4	16:04.8
42 Mimi Marquardt	SR	530	Iowa City Liberty (1)	39	20:37.3	2:25.0	6:37.8	4:07.5	6:14.9	13:01.4	16:11.8
43 Chelsea VeDepo	SO	538	Iowa City Liberty (2)	40	20:39.1	2:26.8	6:38.4	4:07.8	6:19.6	13:07.1	16:17.8
44 Naomi Downing-Sherer	SO	426	Iowa City City High	41	20:39.4	2:27.1	6:38.5	4:07.9	6:19.7	13:07.8	16:19.7
45 Savannah Davis	SR	790	Mason City (1)	42	20:40.6	2:28.3	6:38.9	4:08.1	6:19.9	13:12.6	16:22.7
46 Eliza Doster	FR	425	Iowa City City High	(43)	20:41.6	2:29.3	6:39.2	4:08.3	6:20.5	13:16.5	16:27.8
47 Madeline Fischer	SO	430	Iowa City City High	(44)	20:42.8	2:30.5	6:39.6	4:08.6	6:14.5	12:59.3	16:11.2
48 Jazzlyn Hanenberger	SR	1256	Rochester Century (	45	20:43.5	2:31.2	6:39.8	4:08.7	6:21.0	13:13.1	16:27.2
49 Christense Nielsen	JR	873	Minnetonka (5)	46	20:44.1	2:31.8	6:40.0	4:08.8	6:28.2	13:17.4	16:26.6
50 Paige Pitz	SO	317	Dubuque Hempstea	47	20:44.3	2:32.0	6:40.1	4:08.9	6:23.4	13:08.5	16:19.6
51 Stella Zoller	FR	1277	Rochester Century (	48	20:48.8	2:36.5	6:41.5	4:09.7	6:32.9	13:24.0	16:33.3
52 Olivia Muehlstedt	JR	870	Minnetonka (6)	(49)	20:54.3	2:42.0	6:43.3	4:10.9	6:23.6	13:07.3	16:26.0
53 Marah Klein	SO	863	Minnetonka (7)	(50)	20:55.1	2:42.8	6:43.6	4:11.0	6:28.3	13:21.1	16:34.1
54 Janae Hansen	SR	797	Mason City (2)	51	20:56.8	2:44.5	6:44.1	4:11.4	6:43.1	13:29.4	16:38.2

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### Race #5 Johnson-Olson All-American Race Girls Varsity 5k (Varsity)

## Final Results

#### INDIVIDUAL RESULTS (cont'd)

athlete	YR	#	Team (Team Place)	Score	Time	Gap	Avg. Mile	Avg. kM	1600m	3200m	3947m
55 Anna Temple	FR	744	Linn-Mar Marion (2)	52	20:58.8	2:46.5	6:44.7	4:11.7	6:34.5	13:32.1	16:42.6
56 Braeley Wullweber	JR	346	Dubuque Senior (7)	(53)	21:01.0	2:47.7	6:45.5	4:12.2	6:21.5	13:19.6	16:38.5
57 Claire Locher	JR	448	Iowa City City High	-	21:01.2	2:48.9	6:45.5	4:12.2	6:20.5	13:16.7	16:31.5
58 Olivia Volkmann	SO	239	Decorah (1)	54	21:02.6	2:50.3	6:46.0	4:12.5	6:32.6	13:32.6	16:44.5
59 Natalie Leitzen	SO	310	Dubuque Hempstea	55	21:05.7	2:53.4	6:46.9	4:13.1	6:23.8	13:25.0	16:37.8
60 Sophie Glaser	SO	909	New Hampton (1)	56	21:06.1	2:53.8	6:47.1	4:13.2	6:20.9	13:27.8	16:41.8
61 Camille Leman	FR	447	Iowa City City High	-	21:08.8	2:56.5	6:48.0	4:13.8	6:24.1	13:20.2	16:36.6
62 Sophia Trabuco	SR	1276	Rochester Century (	57	21:12.4	3:00.1	6:49.1	4:14.5	6:19.4	13:26.2	16:43.9
63 Elsie Bisgard	FR	516	Iowa City Liberty (3)	58	21:16.3	3:04.0	6:50.4	4:15.3	6:24.9	13:28.4	16:45.2
64 Stella Weber	JR	344	Dubuque Senior	-	21:17.3	3:05.0	6:50.7	4:15.5	6:21.1	13:18.0	16:38.1
65 Ava Halvorsen	FR	1255	Rochester Century (	59	21:19.1	3:06.8	6:51.3	4:15.8	6:32.7	13:30.6	16:45.2
66 Addie Domer	JR	731	Linn-Mar Marion (3)	60	21:20.0	3:06.7	6:51.6	4:16.0	6:34.0	13:32.0	16:45.3
67 Nina Peterson	SR	453	Iowa City City High	-	21:21.6	3:09.3	6:52.1	4:16.3	6:14.2	13:12.2	16:34.1
68 Georgia Shaw	FR	78	Blake School (The)	61	21:21.9	3:09.6	6:52.2	4:16.4	6:25.0	13:25.9	16:43.5
69 Brooke Hemann	SR	112	Bloomington Jeffers	62	21:23.4	3:11.1	6:52.7	4:16.7	6:29.2	13:25.3	16:43.1
70 Faith Minard	SR	1444	West Salem (2)	63	21:24.9	3:12.6	6:53.2	4:17.0	6:29.9	13:32.6	16:49.3
71 Clara Welch	SR	540	Iowa City Liberty (4)	64	21:25.7	3:13.4	6:53.4	4:17.1	6:20.0	13:24.6	16:43.1
72 Emily Bagniefski	SO	43	Aquinas (3)	65	21:30.0	3:16.7	6:54.8	4:18.0	6:42.4	13:41.0	16:56.7
73 Margaret Nielsen	FR	874	Minnetonka	-	21:37.2	3:24.9	6:57.1	4:19.4	6:41.5	13:52.7	17:09.7
74 Natalie Miller	SR	1468	Westby (1)	66	21:40.3	3:28.0	6:58.1	4:20.0	6:37.6	13:48.5	17:09.5
75 Riley Christopher	FR	199	Decorah (2)	67	21:41.0	3:27.7	6:58.3	4:20.2	6:37.5	13:43.9	17:07.7
76 Hope Hawker	SO	47	Aquinas (4)	68	21:45.6	3:33.3	6:59.8	4:21.1	6:48.6	13:47.4	17:07.2
77 Amelia Wadsworth	SR	241	Decorah (3)	69	21:46.7	3:34.4	7:00.1	4:21.3	6:33.6	13:41.3	17:03.3
78 Claire Cannon	FR	520	Iowa City Liberty (5)	70	21:47.1	3:34.8	7:00.3	4:21.4	6:29.0	13:43.7	17:10.3
79 Sadie Peterson	FR	949	Onalaska	-	21:47.6	3:35.3	7:00.4	4:21.5	6:37.4	13:45.9	17:13.8
80 Leah Dykstra	FR	792	Mason City (3)	71	21:48.3	3:36.0	7:00.7	4:21.6	6:43.0	13:31.3	17:10.1
81 Megan Schrooten	SR	122	Bloomington Jeffers	72	21:48.5	3:36.2	7:00.7	4:21.7	6:37.9	13:58.2	17:20.8
82 Ava Franzen	SO	1360	South Winneshiek	-	21:48.8	3:36.5	7:00.8	4:21.7	6:54.8	14:00.9	17:18.3
83 Raelyn Newhouse	FR	224	Decorah (4)	73	21:49.1	3:36.8	7:00.9	4:21.8	6:45.7	13:55.7	17:14.5
84 Ainsley Pflaum	SR	77	Blake School (The)	74	21:49.2	3:36.9	7:00.9	4:21.8	6:41.5	13:40.8	16:59.8
85 Caitlin Wengel	SO	59	Aquinas (5)	75	21:50.6	3:38.3	7:01.4	4:22.1	6:48.4	13:47.2	17:07.3
86 Hannah Hagen	FR	1463	Westby (2)	76	21:51.0	3:37.7	7:01.5	4:22.2	6:47.5	13:56.9	17:17.4
87 Harper Erwin	JR	1185	Regina Iowa City (1	77	21:51.0	3:38.7	7:01.5	4:22.2	6:41.1	13:55.2	17:16.1
88 Paizlee Carter	SO	788	Mason City (4)	78	21:52.2	3:39.9	7:01.9	4:22.4	6:34.3	13:36.0	17:01.7
89 Claire Uecker	SR	887	Minnetonka	-	21:52.7	3:40.4	7:02.1	4:22.5	6:44.6	13:53.8	17:13.7
90 Madelyn Johnson	SR	528	Iowa City Liberty (6)	(79)	21:54.9	3:42.6	7:02.8	4:23.0	6:33.9	13:56.7	17:24.8
91 Ruby Eastman	JR	1184	Regina Iowa City (2	80	21:55.5	3:43.2	7:03.0	4:23.1	6:42.5	13:55.5	17:17.0
92 Jillian Murray	SO	1074	Port Byron (Riverda	81	21:56.4	3:44.1	7:03.3	4:23.3	6:42.4	14:02.2	17:18.8
93 Eleanor Day	SO	1247	Rochester Century (	(82)	21:57.1	3:44.8	7:03.5	4:23.4	6:48.0	14:01.0	17:23.2
94 Nora Brown	JR	518	Iowa City Liberty (7)	(83)	21:57.7	3:45.4	7:03.7	4:23.5	7:00.3	14:12.3	17:29.4
95 Lily Sandhorst	SR	232	Decorah (5)	84	21:57.8	3:45.5	7:03.7	4:23.6	6:48.9	14:01.7	17:23.0
96 Kendall Power	JR	982	Osage (2)	85	21:58.3	3:46.0	7:03.9	4:23.7	6:44.1	13:57.2	17:17.4
97 Charlotte Yard	FR	596	La Crosse Central (	86	21:59.2	3:46.9	7:04.2	4:23.8	6:45.9	13:56.4	17:18.4
98 Ashlyn Brubaker	SO	519	Iowa City Liberty	-	22:03.3	3:51.0	7:05.5	4:24.7	7:00.3	14:12.5	17:29.5
99 Ava Gaulrapp	FR	1070	Port Byron (Riverda	87	22:03.6	3:51.3	7:05.6	4:24.7	6:52.8	14:03.7	17:25.7
100 Chelsea Heiberger	FR	302	Dubuque Hempstea	(88)	22:05.5	3:53.2	7:06.2	4:25.1	6:47.3	14:06.9	17:30.4

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athlete	YR	#	Team (Team Place)	Score	Time	Gap	Avg. Mile	Avg. KM	1600m	3200m	3947m
01 Hanna Hack	SR	73	Blake School (The)	89	22:06.2	3:53.9	7:06.4	4:25.2	6:45.5	13:57.7	17:24.3
02 Salome Osterhaus	SO	1038	Pine Island (1)	90	22:06.4	3:54.1	7:06.5	4:25.3	6:51.7	14:09.3	17:29.0
03 Deborah Hougen	JR	209	Decorah (6)	(91)	22:07.4	3:55.1	7:06.8	4:25.5	6:44.7	13:56.2	17:20.8
04 Bella Cole	SO	728	Linn-Mar Marion (4)	92	22:07.9	3:55.6	7:06.9	4:25.6	6:54.7	14:11.6	17:34.7
05 Gracie Driscoll	SO	297	Dubuque Hempstea	(93)	22:08.3	3:56.0	7:07.1	4:25.7	6:47.3	14:07.0	17:30.5
06 Eliza Cullen		8 649	Lanesboro/Fillmore	94	22:08.5	3:56.2	7:07.1	4:25.7	6:57.5	14:06.0	17:22.5
07 Gabby Mauren	SR	736	Linn-Mar Marion (5)	95	22:10.6	3:58.3	7:07.8	4:26.1	6:34.3	13:42.6	17:13.1
08 Maddie Watts		8 80	Blake School (The)	96	22:11.6	3:59.3	7:08.1	4:26.3	6:49.8	14:01.6	17:26.7
09 Charity Kingsley	FR	651	Lanesboro/Fillmore	97	22:19.7	4:07.4	7:10.7	4:27.9	6:59.3	14:09.7	17:32.0
10 Chloe Wynn	JR	595	La Crosse Central (	98	22:19.8	4:07.5	7:10.8	4:28.0	6:58.6	14:16.9	17:39.9
11 Jaelyn Sickels	FR	1134	Prairie Cedar Rapid	99	22:22.6	4:10.3	7:11.7	4:28.5	6:51.1	14:15.7	17:42.9
12 Grace Kingsley	FR	652	Lanesboro/Fillmore	100	22:22.7	4:10.4	7:11.7	4:28.5	6:57.2	14:09.0	17:33.3
13 Alivia Levi	JR	1036	Pine Island (2)	101	22:23.6	4:11.3	7:12.0	4:28.7	6:50.6	14:05.1	17:31.8
14 Annie Hageman	SO	1361	South Winneshiek	-	22:23.8	4:11.5	7:12.1	4:28.8	7:01.8	14:19.9	17:41.5
15 Elena Kabat	SR	1035	Pine Island (3)	102	22:25.1	4:12.8	7:12.5	4:29.0	6:46.3	14:04.4	17:34.0
16 Addison Evenstad	SO	1462	Westby (3)	103	22:26.1	4:13.8	7:12.8	4:29.2	6:44.5	13:55.8	17:24.0
17 Tegan Dungey	JR	908	New Hampton (2)	104	22:26.9	4:14.6	7:13.1	4:29.4	6:36.8	14:12.1	17:44.9
18 Lillian Goudie	SO	1128	Prairie Cedar Rapid	105	22:27.0	4:13.7	7:13.1	4:29.4	6:52.8	14:15.7	17:42.1
19 Bella Stika	SO	1377	Turkey Valley Jacks	-	22:27.0	4:14.7	7:13.1	4:29.4	6:58.3	14:20.0	17:42.9
20 Catherine Nielsen	JR	872	Minnetonka	-	22:28.6	4:16.3	7:13.6	4:29.7	6:48.8	14:17.8	17:44.0
21 Brinlee Courtney	SO	200	Decorah (7)	(106)	22:30.5	4:18.2	7:14.2	4:30.1	6:38.7	14:01.6	17:32.0
22 Lillyan Kiehne	JR	650	Lanesboro/Fillmore	107	22:31.1	4:18.8	7:14.4	4:30.2	6:45.8	14:08.7	17:39.3
23 Leah Paulson	JR	741	Linn-Mar Marion (6)	(108)	22:32.4	4:20.1	7:14.8	4:30.5	6:59.6	14:25.0	17:49.9
24 Tenny Makepeace	SR	49	Aquinas (6)	(109)	22:32.9	4:20.6	7:15.0	4:30.6	6:59.6	14:24.1	17:52.8
25 Elise Myre	FR	52	Aquinas (7)	(110)	22:33.0	4:19.7	7:15.0	4:30.6	6:59.0	14:16.6	17:43.8
26 Mia Lund	FR	11	Academy Of Holy A	111	22:36.1	4:23.8	7:16.0	4:31.2	6:50.2	14:06.1	17:36.9
27 Evie Hjelm	FR	74	Blake School (The)	(112)	22:39.3	4:27.0	7:17.1	4:31.9	6:47.7	14:14.3	17:50.0
28 Natalie Stevens	JR	237	Decorah	-	22:42.0	4:28.7	7:17.9	4:32.4	6:38.6	14:06.6	17:42.3
29 Callan Fitzgerald	FR	793	Mason City (5)	113	22:42.3	4:30.0	7:18.0	4:32.5	6:49.8	14:15.5	17:47.3
30 Addison Neville	FR	915	New Hampton (3)	114	22:44.3	4:32.0	7:18.7	4:32.9	6:53.8	14:21.2	17:51.5
31 Madalyn Vsetecka	FR	1378	Turkey Valley Jacks	-	22:44.4	4:32.1	7:18.7	4:32.9	6:58.5	14:29.4	18:00.9
32 Adrianna Kinley	FR	912	New Hampton (4)	115	22:46.9	4:34.6	7:19.5	4:33.4	6:53.6	14:21.5	17:51.4
33 Erin TerHark	SR	800	Mason City (6)	(116)	22:46.9	4:34.6	7:19.5	4:33.4	7:02.2	14:29.3	17:55.3
34 Kaylyn Torkelson	FR	594	La Crosse Central (	117	22:51.6	4:39.3	7:21.0	4:34.3	6:47.0	14:18.4	17:51.7
35 Avery Kenning	JR	844	Minneapolis Washb	118	22:51.9	4:39.6	7:21.1	4:34.4	7:13.9	14:37.2	18:05.6
36 Grace Meier	SO	738	Linn-Mar Marion (7)	(119)	22:52.5	4:40.2	7:21.3	4:34.5	7:05.1	14:32.6	18:01.5
37 Anna Buchholz	SR	725	Linn-Mar Marion	-	22:53.4	4:41.1	7:21.6	4:34.7	7:02.8	14:29.4	18:00.7
38 Abby Rachut	SO	983	Osage (3)	120	22:53.7	4:41.4	7:21.7	4:34.7	6:49.6	14:28.1	18:02.7
39 Mckenna Jothan	SO	1467	Westby (4)	121	22:54.0	4:40.7	7:21.8	4:34.8	7:04.8	14:37.9	18:05.2
40 Elise Flock	SO	1437	West Salem (3)	122	22:55.3	4:43.0	7:22.2	4:35.0	6:51.5	14:23.0	18:00.2
41 Liliana Marcou	SR	119	Bloomington Jeffers	(123)	22:55.7	4:43.4	7:22.3	4:35.1	6:56.8	14:28.5	18:00.1
42 Eva Hurley	FR	212	Decorah	-	22:57.9	4:45.6	7:23.0	4:35.6	6:51.3	14:30.5	18:04.0
43 Ellie Scott	JR	743	Linn-Mar Marion	-	22:58.0	4:44.7	7:23.1	4:35.6	7:13.9	14:37.1	18:00.7
44 Izzy Kuboushek	SR	1365	South Winneshiek	-	22:59.4	4:47.1	7:23.5	4:35.9	7:10.5	14:38.1	18:05.1
45 Carleigh Maher	JR	529	Iowa City Liberty	-	23:01.1	4:48.8	7:24.1	4:36.2	6:58.8	14:17.0	18:09.8
46 Anya Pandey	SR	76	Blake School (The)	(124)	23:01.6	4:49.3	7:24.2	4:36.3	7:10.0	14:36.2	18:03.1

# LUTHER ALL-AMERICAN INVITATIONAL

Decorah, IA  
Luther College  
Saturday, September 14, 2024

## MEET OFFICIALS

**Meet Director:**  
Steve Pasche  
**Meet Referee:**  
Rick Hall  
**Timing:**  
Wayzata Results, LLC



**OFFICIAL MEET REPORT**  
printed: 9/14/2024 11:58 AM

### Race #5 Johnson-Olson All-American Race Girls Varsity 5k (Varsity)

## Final Results

#### INDIVIDUAL RESULTS (cont'd)

athlete	YR	#	Team (Team Place)	Score	Time	Gap	Avg. Mile	Avg. KM	1600m	3200m	3947m
47 Brynn Bosshard	SO	587	La Crosse Central (	125	23:02.2	4:49.9	7:24.4	4:36.4	7:01.4	14:28.5	18:03.6
48 Lana Schardt	SR	1271	Rochester Century (	(126)	23:02.5	4:50.2	7:24.5	4:36.5	6:51.0	14:23.4	18:05.9
49 Eden Costello	8	8	Academy Of Holy A	127	23:02.6	4:50.3	7:24.6	4:36.5	6:58.5	14:38.3	18:09.6
50 Odessa Huebner	FR	1466	Westby (5)	128	23:03.4	4:51.1	7:24.8	4:36.7	7:01.1	14:33.7	18:06.6
51 Etta Winders	FR	1189	Regina Iowa City (3	129	23:04.6	4:52.3	7:25.2	4:36.9	6:59.2	14:30.3	18:01.7
52 Lauren Knutson	SO	115	Bloomington Jeffers	(130)	23:04.8	4:52.5	7:25.3	4:37.0	7:05.3	14:43.6	18:17.6
53 Rylee Mudderman	SO	571	Kee Lansing	-	23:05.7	4:53.4	7:25.6	4:37.1	6:55.9	14:29.4	18:00.1
54 Kathleen Mitchell-Crow	8	848	Minneapolis Washb	131	23:06.3	4:54.0	7:25.7	4:37.2	7:19.0	14:56.8	18:28.3
55 Marissa Becker	SR	515	Iowa City Liberty	-	23:08.4	4:56.1	7:26.4	4:37.7	6:41.2	14:20.2	18:01.7
56 Olivia Rindels	SO	658	Lanesboro/Fillmore	(132)	23:09.4	4:57.1	7:26.7	4:37.9	7:28.2	15:10.8	18:36.3
57 Molly Hamilton	SO	1464	Westby (6)	(133)	23:09.4	4:57.1	7:26.7	4:37.9	7:02.5	14:39.9	18:11.5
58 Karissa Wenthold	SR	1374	South Winneshiek	-	23:09.5	4:57.2	7:26.8	4:37.9	7:10.6	14:38.2	18:05.0
59 Minna Crusan	SO	588	La Crosse Central (	134	23:09.7	4:57.4	7:26.8	4:37.9	7:01.6	14:39.1	18:15.6
60 Mallory Long	SR	1441	West Salem (4)	135	23:11.7	4:59.4	7:27.5	4:38.3	7:04.4	14:43.2	18:16.3
61 Margarete Mach	JR	591	La Crosse Central (	(136)	23:13.2	5:00.9	7:28.0	4:38.6	7:17.8	14:54.7	18:26.5
62 Victoria Lynse	SR	1442	West Salem (5)	137	23:18.2	5:05.9	7:29.6	4:39.6	6:58.1	14:41.6	18:19.1
63 Addy Van Voorst	SO	1135	Prairie Cedar Rapid	138	23:18.9	5:06.6	7:29.8	4:39.8	6:55.1	14:35.2	18:16.8
64 Caitlyn Bell	JR	1182	Regina Iowa City (4	139	23:19.1	5:06.8	7:29.9	4:39.8	6:56.5	14:31.6	18:13.0
65 Claire Kuntz	JR	10	Academy Of Holy A	140	23:21.7	5:09.4	7:30.7	4:40.3	7:13.8	14:37.3	18:16.6
66 Sara Grant	JR	110	Bloomington Jeffers	-	23:22.4	5:10.1	7:30.9	4:40.5	7:08.3	14:54.5	18:29.6
67 Clara Bartlett	SR	838	Minneapolis Washb	141	23:23.0	5:09.7	7:31.1	4:40.6	7:28.8	15:10.5	18:40.8
68 Maggie Moe	SR	12	Academy Of Holy A	142	23:23.6	5:11.3	7:31.3	4:40.7	7:13.6	14:53.1	18:27.8
69 Vada Larson	SO	623	LA/RP/H	-	23:25.3	5:13.0	7:31.9	4:41.1	7:44.0	15:10.9	18:35.6
70 Anika Haugen	JR	733	Linn-Mar Marion	-	23:29.5	5:17.2	7:33.2	4:41.9	7:12.0	14:58.1	18:33.2
71 Tess Darrow	FR	976	Osage (4)	143	23:30.2	5:17.9	7:33.4	4:42.0	7:08.1	14:54.6	18:33.3
72 Peyton Bobolz	SO	787	Mason City (7)	(144)	23:31.0	5:18.7	7:33.7	4:42.2	6:50.4	14:27.4	18:09.4
73 Dani Dundon	SO	125	Burnsville	-	23:34.7	5:22.4	7:34.9	4:42.9	7:05.6	14:57.7	18:33.4
74 Lauren Nuss	SR	917	New Hampton (5)	145	23:39.8	5:27.5	7:36.5	4:43.9	7:18.8	14:58.9	18:34.7
75 Chloe Rausch	SO	1133	Prairie Cedar Rapid	146	23:42.8	5:30.5	7:37.5	4:44.6	7:02.6	14:56.2	18:38.8
76 Abby Guise	JR	1001	Pekin (2)	147	23:45.7	5:33.4	7:38.4	4:45.1	7:17.5	15:01.6	18:43.1
77 Makenna Klingelhofer	SR	590	La Crosse Central (	(148)	23:46.7	5:34.4	7:38.7	4:45.3	7:17.8	14:56.9	18:42.6
78 Maddy Petrehn	SO	1004	Pekin (3)	149	23:48.7	5:36.4	7:39.4	4:45.7	7:17.4	15:02.5	18:43.2
79 Ella Duplessis	JR	71	Blake School (The)	-	23:53.8	5:41.5	7:41.0	4:46.8	6:45.3	14:01.2	17:27.9
80 Sophie McNabb	JR	1131	Prairie Cedar Rapid	150	24:00.2	5:47.9	7:43.1	4:48.0	6:59.1	14:52.1	18:35.9
81 Nora Lesmeister	JR	217	Decorah	-	24:00.8	5:48.5	7:43.3	4:48.2	7:13.0	15:06.2	18:51.9
82 River Weissgerber	JR	1045	Pine Island (4)	151	24:02.2	5:49.9	7:43.7	4:48.4	7:25.8	15:27.0	19:10.5
83 Ali Brandt	SR	1183	Regina Iowa City (5	152	24:04.9	5:52.6	7:44.6	4:49.0	7:13.1	15:12.6	19:03.9
84 Eleanor Bowman	8	109	Bloomington Jeffers	-	24:06.2	5:53.9	7:45.0	4:49.2	7:03.5	14:59.4	18:42.2
85 Brynn Zeller	JR	1328	Rochester John Ma	153	24:10.8	5:58.5	7:46.5	4:50.2	7:36.7	15:44.8	19:20.8
86 Amarya Watkins	SO	1327	Rochester John Ma	154	24:12.6	6:00.3	7:47.0	4:50.5	7:23.1	15:33.2	19:20.9
87 Anna Thompson	JR	1324	Rochester John Ma	155	24:16.7	6:04.4	7:48.4	4:51.3	7:24.7	15:33.3	19:21.9
88 Paris Vandenberg	SO	1326	Rochester John Ma	(156)	24:29.8	6:17.5	7:52.6	4:54.0	7:36.7	15:45.0	19:21.9
89 Hanna Baron	SR	25	Apple Valley (1)	157	24:30.2	6:17.9	7:52.7	4:54.0	7:12.7	15:05.8	18:59.4
90 Ella Knutson	JR	913	New Hampton (6)	(158)	24:30.7	6:18.4	7:52.9	4:54.1	7:16.6	15:26.1	19:20.3
91 Callie Deutsche	SO	997	Pekin (4)	159	24:33.6	6:21.3	7:53.8	4:54.7	7:17.4	15:16.0	19:08.4
92 Miley Hoffarth	JR	1032	Pine Island (5)	160	24:35.5	6:23.2	7:54.4	4:55.1	7:21.7	15:27.6	19:18.5

**LUTHER ALL-AMERICAN INVITATIONAL**

Decorah, IA  
Luther College  
Saturday, September 14, 2024

**MEET OFFICIALS**

**Meet Director:**  
Steve Pasche  
**Meet Referee:**  
Rick Hall  
**Timing:**  
Wayzata Results, LLC



**OFFICIAL MEET REPORT**  
printed: 9/14/2024 11:58 AM

**Race #5**  
**Johnson-Olson All-American Race Girls Varsity 5k (Varsity)**

**Final Results**

**INDIVIDUAL RESULTS (cont'd)**

athlete	YR	#	Team (Team Place)	Score	Time	Gap	Avg. Mile	Avg. KM	1600m	3200m	3947m
93 Johannah Talabis	SO	1323	Rochester John Ma	(161)	24:42.1	6:29.8	7:56.5	4:56.4	7:36.7	15:44.8	19:29.8
94 Isabelle Peterson	FR	656	Lanesboro/Fillmore	(162)	24:46.9	6:34.6	7:58.1	4:57.4	7:33.5	15:58.6	19:48.2
95 Harper Humpal	FR	910	New Hampton (7)	(163)	24:49.1	6:36.8	7:58.8	4:57.8	7:14.0	15:31.6	19:29.8
96 Shelby Talbot	SO	1043	Pine Island (6)	(164)	25:00.7	6:48.4	8:02.5	5:00.1	7:15.5	15:27.0	19:34.3
97 Glory Erickson	SO	619	LA/RP/H	-	25:03.7	6:51.4	8:03.5	5:00.7	7:54.3	16:24.7	20:06.5
98 Elizabeth Clarke	JR	647	Lanesboro/Fillmore	-	25:06.2	6:53.9	8:04.3	5:01.2	7:36.1	15:58.6	19:50.5
99 Juanita Cardona	JR	905	New Hampton	-	25:10.4	6:58.1	8:05.7	5:02.1	7:18.2	15:51.0	19:46.5
200 Isabella Valdesolo	FR	79	Blake School (The)	-	25:11.2	6:58.9	8:05.9	5:02.2	7:13.1	15:28.3	19:46.1
201 Summer Tommerdahl	FR	31	Apple Valley (2)	165	25:13.7	7:01.4	8:06.7	5:02.7	7:36.1	15:55.5	19:51.1
202 Kaylee Overton	FR	1075	Port Byron (Riverda	166	25:18.1	7:05.8	8:08.1	5:03.6	8:02.4	16:18.6	20:07.8
203 Renae Eubanks	SR	999	Pekin (5)	167	25:27.6	7:15.3	8:11.2	5:05.5	7:23.6	15:50.9	19:53.2
204 Lyndee Northrop	SR	1037	Pine Island (7)	(168)	25:32.3	7:20.0	8:12.7	5:06.5	7:25.8	15:58.7	19:58.0
205 Hazel Dempsey-Nicholls	FR	840	Minneapolis Washb	169	25:51.7	7:39.4	8:18.9	5:10.3	7:43.3	16:25.6	20:35.9
206 Alma Sharp	FR	849	Minneapolis Washb	170	25:52.5	7:40.2	8:19.2	5:10.5	7:51.3	16:25.6	20:36.1
207 Haley Baron	SR	24	Apple Valley (3)	171	25:55.7	7:43.4	8:20.2	5:11.1	7:36.6	16:18.0	20:23.9
208 Chloe Pritchard	SO	1186	Regina Iowa City (6	(172)	25:58.3	7:46.0	8:21.0	5:11.7	7:44.9	16:20.1	20:23.1
209 Grace Schmidt	SO	1077	Port Byron (Riverda	173	26:04.9	7:52.6	8:23.2	5:13.0	8:02.6	16:44.1	20:54.9
210 Jacee Erickson	JR	757	Luther HS	-	26:07.6	7:55.3	8:24.0	5:13.5	7:35.0	16:49.3	20:58.9
211 Elise Thieu-Buck	FR	850	Minneapolis Washb	(174)	26:08.0	7:54.7	8:24.2	5:13.6	7:52.9	16:43.6	20:45.8
212 Ivy Christensen	SO	975	Osage (5)	175	26:09.0	7:55.7	8:24.5	5:13.8	7:52.3	16:53.9	21:08.0
213 Madeline Bielefeld	JR	973	Osage (6)	(176)	26:14.6	8:02.3	8:26.3	5:14.9	7:43.1	16:53.8	21:08.0
214 Alena Groettum	JR	1030	Pine Island	-	26:17.0	8:04.7	8:27.1	5:15.4	7:50.5	16:51.3	20:47.6
215 Campbell Lewis	SO	117	Bloomington Jeffers	-	26:22.1	8:09.8	8:28.7	5:16.4	7:39.0	16:26.1	20:41.8
216 Renata Hernandez	SO	9	Academy Of Holy A	177	26:23.1	8:10.8	8:29.0	5:16.6	7:13.4	16:32.6	20:46.9
217 Zoey Dreckman	SR	907	New Hampton	-	26:24.1	8:11.8	8:29.4	5:16.8	8:10.1	16:43.6	20:41.3
218 Adalyn Johnson	SO	1033	Pine Island	-	26:25.5	8:13.2	8:29.8	5:17.1	8:01.7	17:00.0	21:05.6
219 Brinley Phillips	SO	1005	Pekin (6)	(178)	26:25.8	8:13.5	8:29.9	5:17.2	7:50.9	16:41.4	20:57.1
220 Natalie Nosbisch	SR	916	New Hampton	-	26:50.8	8:38.5	8:37.9	5:22.2	7:47.2	16:49.1	20:59.0
221 Summer Urgiles Suarez	SO	32	Apple Valley (4)	179	26:59.7	8:47.4	8:40.8	5:23.9	8:00.6	17:17.5	21:23.6
222 Annie Sutton	FR	30	Apple Valley (5)	180	27:13.8	9:01.5	8:45.3	5:26.8	8:10.1	17:18.2	21:42.3
223 Molly Wagner	SR	33	Apple Valley (6)	(181)	27:18.4	9:06.1	8:46.8	5:27.7	8:10.4	17:18.0	21:33.8
224 Lindsey Leet	SR	28	Apple Valley (7)	(182)	27:29.8	9:17.5	8:50.5	5:30.0	7:52.8	17:03.4	21:25.1
225 Addy Sayer	JR	984	Osage (7)	(183)	27:31.3	9:19.0	8:51.0	5:30.3	8:03.0	16:09.7	21:12.2
226 Michelle Mosongo	JR	29	Apple Valley	-	27:40.0	9:26.7	8:53.8	5:32.0	8:08.7	17:13.4	21:31.8
227 Lynette Cardoso	JR	26	Apple Valley	-	27:56.2	9:43.9	8:59.0	5:35.2	8:19.8	17:28.6	21:49.8
228 Melia Pursley	SR	1187	Regina Iowa City (7	(184)	28:02.9	9:50.6	9:01.1	5:36.6	8:18.6	17:50.8	22:10.8
229 Megan Davidson	JR	27	Apple Valley	-	28:03.8	9:51.5	9:01.4	5:36.7	8:09.4	17:28.8	21:51.6
230 Addison Winters	JR	572	Kee Lansing	-	28:12.1	9:59.8	9:04.1	5:38.4	7:44.2	18:20.5	22:34.8
231 Eva McClung	SO	947	Onalaska	-	28:42.3	10:30.0	9:13.8	5:44.4	8:42.1	18:38.4	23:04.7
232 Jorie Slone	SR	1078	Port Byron (Riverda	185	28:42.4	10:30.1	9:13.8	5:44.5	8:33.9	18:06.4	22:34.0
233 Adeline Smith	FR	1188	Regina Iowa City	-	28:52.8	10:40.5	9:17.2	5:46.6	8:18.9	17:58.9	22:39.5
234 Hailee Peteson	SR	626	LA/RP/H	-	29:30.7	11:18.4	9:29.4	5:54.1	8:36.6	18:18.1	22:58.6
235 Elizabeth Hunter	SO	759	Luther HS	-	29:36.8	11:24.5	9:31.3	5:55.4	8:23.7	18:34.8	23:15.3
236 Aubrey McGinty	JR	1073	Port Byron (Riverda	(186)	29:52.6	11:40.3	9:36.4	5:58.5	8:33.8	18:06.5	23:04.8
237 Anisley Rice	SR	627	LA/RP/H	-	29:58.4	11:46.1	9:38.3	5:59.7	8:42.2	18:40.3	23:24.3
238 Addison Hoff	SR	944	Onalaska	-	30:00.2	11:47.9	9:38.8	6:00.0	8:41.9	18:58.2	24:01.4

**LUTHER ALL-AMERICAN INVITATIONAL**Decorah, IA  
Luther College

Saturday, September 14, 2024

**MEET OFFICIALS****Meet Director:**  
Steve Pasche  
**Meet Referee:**  
Rick Hall  
**Timing:**  
Wayzata Results, LLC**OFFICIAL MEET REPORT**  
printed: 9/14/2024 11:58 AM**Race #5**  
**Johnson-Olson All-American Race Girls Varsity 5k (Varsity)****Final Results****INDIVIDUAL RESULTS (cont'd)**

athlete	YR	#	Team (Team Place)	Score	Time	Gap	Avg. Mile	Avg. kM	1600m	3200m	3947m
239 Athemia Horstman	SO	758	Luther HS	-	30:38.8	12:26.5	9:51.2	6:07.8	8:38.1	19:08.6	24:14.0
240 Breanna Drish	SO	998	Pekin (7)	(187)	31:37.0	13:23.7	10:10.0	6:19.4	9:03.0	20:05.0	24:59.6
-- Kennedy Garbers	SR	1438	West Salem	-			---	---	6:38.0		
-- Hailey Heimermann	SO	620	LA/RP/H	-			---	---	7:54.4		