

March 3, 2020

We continue to regularly monitor concerns associated with **coronavirus** (COVID-19) and wanted to take a moment to provide an update as it relates to USA Hockey activities, including upcoming District and National tournaments at all levels.

Our top priority, as you know, is the safety of everyone involved with USA Hockey. We're extremely fortunate to have Dr. Michael Stuart from the Mayo Clinic as our chief medical and safety officer, someone who brings vast experience, connectivity across the country and world, and an even hand in helping guide our organization on safety-related issues.

Dr. Stuart, who is also a member of the International Ice Hockey Federation Medical Committee, has shared the importance that everyone follow the guidelines below and regularly visit the [Center for Disease Control and Prevention](#) and [World Health Organization](#) websites for additional information:

- Practice frequent and meticulous hand-washing with soap and water or alcohol-based hand rub
- Avoid touching your eyes, nose, or mouth with unwashed hands
- Cover your nose and mouth when coughing and/or sneezing with a tissue or flexed elbow
- Avoid close contact with anyone with cold or flu-like symptoms
- Quarantine anyone who is sick (players, coaches, parents, roommates)
- Ensure safe food sources; thoroughly cook meat and eggs
- Handshake lines after games should include fist bumps with gloves on
- Use individual water bottles; do not share them
- Towels should not be shared in any way

While the coronavirus is without question a significant concern, as of today, all activities within USA Hockey will go on as planned. It is important to note, however, that the situation is fluid and we will provide updates as warranted.

It is worth noting that as of today, there are no directives from the CDC to avoid domestic travel, limit large groups or cancel sporting events.

Thank you for your diligence in following the guidelines above and continuing to stay engaged with this important topic.