



ADDISON ICE
LEARN TO SKATE LESSONS
Fall 2025



FOR MORE INFORMATION, PLEASE
 CONTACT OUR SKATING
 DIRECTOR, TIFFANY SFIKAS
 TIFFANYSFIKAS@GMAIL.COM



TOT 1 - 4
Fri: 4:50PM - 5:30PM Sat: 9:30AM - 10:10AM Fee: \$140
BASIC 1 & 2
Fri: 4:50PM - 5:40PM Sat: 9:30AM - 10:20AM Fee: \$150
BASIC 3
Fri: 4:50PM - 5:40PM Sat: 10:20AM - 11:10AM Fee: \$150
BASIC 4
Fri: 4:50PM - 5:40PM Sat: 10:20AM - 11:10AM Fee: \$150
BASIC 5 & 6
Fri: 4:50-5:40pm Sat: 10:20AM - 11:10AM Fee: \$150
PRE-FREE/FREESTYLE SKATE
Sat: 10:20AM - 11:10AM Fee: \$150
ADV. POWER & EDGE
Sat: 8:50AM - 9:20AM Fee: \$26 walk-on \$235 Punch Card for 10

Looking to progress quicker?
 Sign-up for both class days in a session and receive a \$20 discount
 OR
 Start private lessons at Addison Ice!
 See forms at front desk or ask a coach.

Each Class time slot includes instruction and 10 minutes of free time. Free time may be either at the beginning or end of the class.

Requirements & Reminders:
 1) Skate rentals are available for **\$4.00 per class**
 2) Gloves and helmets are highly recommended (**Mandatory for Tots**).
 3) **No refunds or prorates on classes.**

Skate Rental Punch Cards
7 Skate Rentals for \$24
 Only redeemable for Skate Class Rentals. May not be redeemed for rentals in any other events. No refunds and not redeemable for cash.

Ice Shows
Saturday December 20th

USFS MEMBERSHIP
 All skaters must have registered for a membership through USFS. The fee is \$20.00. All registrations are through Tiffany Sfikas, Skating Director.

Skate Classes are held Friday evenings and Saturday mornings

Fall 1 Session (7 weeks)
 Fridays: Sept 5 - Oct 17th
 Saturdays: Sept 6 - Oct 18th
No Class Fri Aug 29th
No Class Sat Aug 30th



Fall 2 Session
 Fridays: Oct 24th - Dec 19th
 Saturdays: Oct 25th - Dec 13th
No Class Fri Nov 7th & 28th
No Class Sat Nov 8th & 29th, Dec 20th



Session Skip Dates are subject to change based on the ice schedule. Please refer to the attendance sheets at the front desk for updates



Class Descriptions

Tot 1-4

Skaters ages 3-5 learn to fall and get up the proper way, march, dip, glide, rocking horses, and snowplow stops.



Basic 1/2

Beginner skaters for ages 6 and up work on comfort ability on the ice with the beginning skating skills.

Basic 3

Skaters ages 6 and up will work on stroking, half swizzle pumps, two foot turns, backward snowplow stops, and forward slaloms.



Basic 4

Skaters ages 6 and up work on the use of the inside and outside edges, crossovers, backward half swizzle pumps, and two foot spins.

Basic 5/6

Skaters will work on inside and outside edges backwards, backward crossovers, and three turns.



Pre-Freestyle Skate

Skaters work on waltz jumps, backward inside pivots, crossovers into a Mohawk, and one foot spins.



Addison Advanced Power & Edge

Figure Skaters (Pre-Free & up) to practice technique, improve balance, control, and fine motor skills by professional USFS certified instructors.

See Specialty Class Flyer for Dates and Fees

Addison Ice Private Lessons

Please fill out form at the front desk, inquire with a coach, or contact Figure Skating Director

Tiffany Sfikas at

tiffanysfikas@gmail.com

These lessons will be conducted on Freestyle Ice Time.

See Freestyle Flyer

for Ice Times and Ice Fees.

Addison Freestyle Punch Card

10 Half Hour Sessions — \$120.00

20 Half Hour Session — \$240.00

Walk-on rate \$13 per 1/2 hour

Each Class time slot includes instruction and 10 minutes of free time.

Free time may be either at the beginning or end of the class.



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Addison Ice Arena