

Read Carefully - This is a Release

RELEASE AND INDEMNITY AGREEMENT  
CANADIAN VALLEY FUTBOL CLUB, an Oklahoma Domestic Not For Profit Corporation  
Doing Business As OEFC West

IN CONSIDERATION of being permitted to participate in the OEFC West camp activities (the "Activities") at any such places OEFC West determines from time to time necessary for the camps (collectively, the "Premises"), for other good and valuable consideration, the receipt and sufficiency of which are acknowledged, the undersigned, and his or her parent or legal guardian if the participant is under the age of 18 years (collectively, the "Participant"), agrees to the following:

1. Inspection. I am aware of the risks of injury and death inherent in the Activities including, but not limited to:
  - i. the propensity of injuries occurring in the normal course of play or instruction that may result in injury;
  - ii. acute or traumatic injuries which may occur due to a sudden force, or impact, including hamstring injuries, iliotibial band syndrome, also known as IT band friction syndrome, muscle cramps, side stitch, blisters, delayed onset muscle soreness, pulled or strained calf muscle, shin splints, sprains and strains, stress fractures, tendonitis or ruptured tendon, ligament injuries, torn knee cartilage;
  - iii. that there may be risks and dangers of serious bodily injury, including but not limited to, permanent disability, paralysis and death;
  - iv. the possibility of a collision with another Participant engaging in the Activities; and
  - v. the potential of a Participant to act in a negligent manner that may contribute to injury, death, or loss to the person of me or to another person, including, but not limited to, failing to act within the ability of Participant.
2. Assumption of the Risk. I hereby expressly assume all risks associated with the Activities including, but not limited to, those set forth above. I hereby release, waive and discharge Canadian Valley Futbol Club, their respective officers, members, directors, employees, all other persons or entities acting on its behalf, from all liability to them, their associates, spouses, legal representatives, heirs, successors, and assigns (collectively, the "Host"), for any and all loss, injury or damage, and any and all claims therefor, on account of injury to my person or property, or for my death while I am engaged in any of the Activities. I hereby waive my right and the right of my estate (or revocable trust, as the case may be) to sue Host on account of injury to my person or property, or my death while I am engaged in the Activities.
3. Health and Risk. I understand that my participation in the Activities at the Premises requires good physical conditioning and a degree of skill and knowledge, and I have the conditioning, skill and knowledge necessary for me to safely participate in such Activities.
4. Indemnification and Hold Harmless. I hereby indemnify and agree to hold harmless Host and each of them individually from any loss, liability, damage, injury or cost they may incur due to my presence in, upon, or around the Premises, for the purpose of the Activities, or due to my participation in such Activities, regardless of where such participation may occur.
5. Insurance. I acknowledge that Host does not provide me with any type of insurance coverage. Further, I hereby certify that I am currently covered under appropriate general liability and personal health insurance policies issued through a licensed medical carrier.
6. Covenant Not to Sue. I, on behalf of myself and my personal representatives, successors, heirs and next of kin, further agree not to sue or make any demand or claim, or in any way aid in prosecuting any demand, claim or suit, against Host for any damages or injuries to my person or property, or other losses sustained, as a result of or relating to my participation in the Activities or presence at the Premises.
7. No Other Representations. There have been no representations, statements or inducements (whether oral or written) apart from the written agreement made herein.
8. Rights to Images. I grant full permission the Host to use, without further notification, authorization or compensation, any photographs, videotapes, recordings, or other record of me in any and all media, whether now known or hereafter to become known, worldwide and in perpetuity, and represent and warrant that no further permission is required for Host to use such photographs, etc. of me as provided herein.

**I HAVE READ THIS RELEASE AND INDEMNITY AGREEMENT (THIS "AGREEMENT") AND FULLY UNDERSTAND ITS TERMS. I HEREBY REPRESENT AND WARRANT THAT I HAVE FULL AUTHORITY TO EXECUTE THIS AGREEMENT WITH FULL KNOWLEDGE OF ALL FACTS AND CIRCUMSTANCES SURROUNDING MY PARTICIPATION IN THE ACTIVITIES OR PRESENCE AT THE PREMISES. I FULLY UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS ON BEHALF OF MYSELF BY SIGNING THIS AGREEMENT AND HAVE SIGNED IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT, ASSURANCE OR GUARANTEE BEING MADE TO ME, AND I INTEND MY SIGNATURE TO BE A COMPLETE AND UNCONDITIONAL RELEASE, ON BEHALF OF MYSELF AND MY PERSONAL REPRESENTATIVES, SUCCESSORS, HEIRS AND NEXT OF KIN, OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW. IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID, IT IS AGREED THAT THE BALANCE OF THIS AGREEMENT SHALL CONTINUE IN FULL LEGAL FORCE.**

Name of Participant: \_\_\_\_\_

\_\_\_\_\_  
Participant or Legal Guardian Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Print Name of Participant or Legal Guardian

\_\_\_\_\_  
Address

\_\_\_\_\_  
Telephone Number

\_\_\_\_\_  
E-Mail Address