

## INNING ONE – Controlled Practice and Skill Development U10 through Men & Women

LSOs and participants are to follow the Facility and diamond protocols above, plus:

- No more than fifty (50) per diamond or as per the guidelines for attendance as outlined by the respective Municipality. Please take into account shared spaces as well as entrances and exit requirements.
- Frequent hand sanitizing or washing must be scheduled.
- Controlled practices and skill development will take into account minimizing shared use of equipment and maintaining physical distance wherever possible.
- Water bottles and food items are not to be shared.
- No spitting, sunflower seeds or gum allowed.
- Where possible, each player should have their own personal equipment, including batting helmets, bats, catchers gear, etc.
- Where personal equipment must be shared, the equipment must be thoroughly sanitized between each use. When players are sharing a bat it should be picked up by the barrel and sanitized by the Sanitizing Champion before being used by the next player.
- A minimum amount of people should be responsible for setting up and taking down all equipment for a session.
- Practice plans should consider a minimal number of participants handling the same ball. For example, when possible, catching and throwing drills should be done in pairs only and the balls sanitized by the Sanitizing Champion frequently.
- Coach must have a current EAP (emergency action plan) outlining, in the event of a minor or major injury, what the medical treatment process will be. The safety of all participants is top priority, but whenever possible, must be done with the requirements of COVID-19 transmission being minimized.
- Each team must appoint an 'In Charge Person' (Injury Attendant), and if an injury occurs to a player only the coach and In Charge Person, both wearing protective gloves and face coverings, may attend to the injured player. Everyone else must maintain physical distancing.
- Bleachers should be closed or used only in a way that physical distancing is maintained.
- Under no circumstances will there be games or scrimmages.