

# DEVELOPMENT Outdoor

MANDATORY for 2014 and beyond, unless implemented prior



CANADIAN  
SPORT FOR LIFE

Stage	FUNDamentals	ONTARIO SOCCER	Learning to Train
** NO SCORES, NO STANDINGS, NO PROMOTION OR RELEGATION **		Revision Date: February 6th, 2018	
Age Group	U8	U9 and U10	U11 and U12
Playing Format	4V4 (no GK) 5v5 (with GK)	7v7 (including GK)	9v9 (including GK)
Coaching Requirement	Fundamentals + MED and RiS	Learning to Train + MED and RiS	Learning to Train + MED and RiS**
Game Day Roster (Game day only)	Max 10 (5v5)	Ideal 9 / Max 12	Ideal 12 / Max 16
Substitutions	Unlimited (on the fly)	Unlimited (any stoppage)	Unlimited (any stoppage)
Practice to playing ratio	2:1 or 3:1	2:1 or 3:1	2:1 or 3:1
Max competition days per outdoor season	20 festivals	20 (including other competitions)	20 (including other competitions)
Number of competition days per week	1	1	1
Memorable Events*	1 (Ontario only)	2 (Ontario only)	4 (2 in Ontario + 2 in Canada or USA) *per calendar year and includes Indoor Memorable Events
Recommended Practice Duration	30 – 45 minutes	45 – 70 minutes	45 – 70 minutes
Recommended Playing time	Fair time in all positions	Fair time in all positions	Fair time in all positions
Maximum Game Duration	40 minutes	50 minutes	70 minutes
Playing time per player per festival	Max 60 minutes playing time	Max 80 minutes playing time	Max 80 minutes playing time
Minimum/maximum rest between matches	20 min/ 120 min	30 min/ 120 min	30 min/ 120min
Season Length	20 weeks	20 weeks	20 weeks
Team Travel Time	within district	60 minutes each way	60 minutes each way
Referee/Game Leader	Game Leader**	Referee	Referee
Throw ins	No (pass in/dribble in)	No (pass in/dribble in)	Yes
Retreat Line	Yes - ½ way	Yes – 1/3 <sup>rd</sup>	Yes – 1/3 <sup>rd</sup>
Offside	No	No	Yes
Field width	25 to 30m	30 to 36m	42 to 55m
Field length	30 to 36m	40 to 55m	60 to 75m
Goal Size (no larger than)	5f / 1.52m x 8f / 2.44m	6f / 1.83m x 16f / 4.88m	6f / 1.83m x 18f / 5.49m
Ball size	3 or 4 (or 4 super light*)	4 (or 5 light*)	4 (or 5 light*)

## PLEASE NOTE

MED = Making Ethical Decisions

RiS = Respect in Soccer

Participation mementos (certificates or t-shirts) are allowed at Festivals or other forms of competition. Ontario Soccer would encourage clubs / districts organizing Festivals or other forms of competition to move away from participation medals and trophies and look to lower participation costs where possible. The current LTPD Development Stages (Fundamentals, Learning to Train etc) relate to the different development stages as players develop and are different for males and females. Canada Soccer Coaching courses are tailored to these development stages. At the current time to assist in the understanding and acceptance of changes to competition we have kept competition specific to age groups and consistent for both male and female competition i.e. U8.