



SOCCER SKILLS CHALLENGE RULES

Soccer Skills Challenge Age Groups: 6U 8U 10U 12U 14U

Player Eligibility: (6U – 14U) age is set by player's age on **January 1st of 2021**.

Player Age Verification methods: All Government Issued ID's

Equipment:

Footwear: Athletic shoes & rubber cleats are permitted. Shoes with metal spikes are not permitted.

Ball Sizes: Participants are required to use the balls provided by the PGCBGC staff.

6U / 8U / 10U – **Size #4** Soccer ball 12U / 14U – **Size #5** Soccer ball

Dribbling Event

6U/8U/10U participants will be allowed **10 seconds** to dribble the soccer ball around cones within a designated distance (obstacle course).

12U/14U participants will be allowed **15 seconds** to dribble the ball around cones within a designated distance. Participants will be awarded (ten) **10 points** for each cone successfully passed. The timekeeper will time the participant, keeping the clock running at all times during an attempt.

Shooting Event

Participants will be allowed four attempts to score on a goal target from designated shooting areas.

6U/ 8U participants will shoot from the goalie box line and the **10U/ 12U/ 14U** participants will shoot from the penalty line. Participants will be allowed a three-step approach and ten (10) seconds per attempt. The shots can be taken with any foot. Scoring will be based on accuracy. Participants will be awarded points (5 to 25) for soccer balls hitting specific goal targets within the net. Participants will not be allowed points for balls entering the goal between the cones and not hitting designated goal targets.

Throwing Event

Participants will have two attempts at throw-ins using the proper technique (both feet touching the ground with both hands-on sides of the soccer ball, bringing ball from completely behind head over the top and releasing). Scores are based on both distance and accuracy. Distance is simply how far the soccer ball is thrown from the starting line. Accuracy is how far from the scoring line the soccer ball lands. If a participant goes over the starting line prior to or before releasing the ball, a penalty of five (5)

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feet will be assessed against his/her score. Scores will be determined from where a participant's throw-in first makes contact with the ground. Bounces or rolls do not add to the score.

Throwing Event

Example: If a participant throws the soccer ball 100 feet, but the ball lands 30 feet to the right of the measuring tape, the final score would be **100-30 = 70**. Scores will be based on exact feet and inches (no partial inches, round to nearest inch). No participant will receive a negative score instead their score will be "0". The top score for the throw-in event will be utilized toward the participant's final cumulative event total.

Scoring/Competing:

For each event, staff officials will organize the participants and explain the rules, answer questions, start the participants and record their scores on the scoresheet forms.

A participant's final score is his/her cumulative total for the three individual events. Example: If a participant scores **(80)** for dribbling, **(50)** for shooting, and **(50)** for throw-in, the participant's final score is **180**.

In the event of a tie for first, second, or third place, each tied participant will compete in a playoff to determine the final standings. In the playoff, everyone involved will compete head-to-head again in all three events. During the playoff competition, each participant is allowed one attempt per event.

Prizes: Overall Age Group

First Place winners will receive a ***\$50 gift card and trophy.***

Second Place will receive a ***\$25 gift card and trophy.***

Third Place will receive a ***\$10 gift card and trophy.***

All Challenge participants will receive a participation medallion.

Sportsmanship:

The PGCBGC is offering this Soccer Skills Challenge as a perfect way to bring together the youth of our community in the spirit of fun competition. Each Challenge event offers exciting opportunities to promote self-confidence and physical fitness, even under a limited format.

Because this Challenge does not involve physical contact or advanced skills, it is an ideal activity for every child.

This Challenge is being facilitated under current Federal, State and County COVID-19 guidelines and we are asking all PGCBGC staff, participants, and parents to continue to stay safe with face mask wearing, good hand hygiene and physical distancing measures.