

DATE: _____

OPPONENT: _____

Lineup Card

	1	2	3	4	5	6

Score	1	2	3	4	5	6

Pitchers	Pitch Count Maximum	Pitches Thrown

Age	Daily Pitch Max	Required Rest Days				
		0 Days	1 Day	2 Days	3 Days	4 Days
7-8	50	1-20	21-35	36-50	N/A	N/A
9-10	75	1-20	21-35	36-50	51-65	66+
11-12	85	1-20	21-35	36-50	51-65	66+