

# Learn to Skate / Learn to Play Hockey

[www.abbyha.org](http://www.abbyha.org)



## Learn to Skate

Boys and Girls of all ages, and is designed for a child to learn how to skate and develop the basic fundamental skills of hockey. Players will participate in various fun games and drills utilizing USA Hockey's Learn to Skate Level 1 and 2 programs, and the Learn to Play Hockey program.

**Fall Learn to Skate** session runs from Oct 12 - Dec 15

**Winter Learn to Skate** session runs from Jan 4 - March 8

## Learn to Play Hockey

Boys and Girls born in 2014 or older, and is designed as the next step in development for players who have progressed through the Learn to Skate & Play Hockey program. Players will participate in various fun games and drills on Saturday mornings utilizing USA Hockey's 6U program, and will also play a half ice 4v4 game on Sundays. We will have 4 teams with a maximum of 12 players on a first come first serve basis.

**Learn to Play** season runs from Oct 12 - March 8

**All sessions will be at Nashoba Valley Olympia in Boxborough.**