

Community Engagement Volunteer Opportunities by Age Group

<i>Age Group</i>	<i>Social Engagement Opportunities</i>	<i>Possible Opportunities & Contact Information</i>
U8-U11 <i>Primarily focused on product drives, crafting, support opportunities.</i>	<ol style="list-style-type: none"> 1. Product Drives – coats, cleats, food, clothing, toys, books 2. Contra Costa Food bank – food sorts and packing 3. Loaves and Fishes of Contra Costa 4. Lamorinda Senior Centers/Assisted Living – crafts, holiday and special events 5. City Team Oakland – art projects, placemats, cards for guests 6. Care Packages for Troops 7. Care Packages for new Mother & Child 8. Brighter Beginnings 9. Monument Crisis Center <p>General resource: Volunteermatch.org – alerts you to volunteer opportunities based on age group, location, opty type</p>	<ol style="list-style-type: none"> 1. Various – seasonal opportunities Cleatsforkids.com Thegiftofsoccer.org Donationtown.org Berkeley Food Pantry @ 510.525.2280 Various churches/synagogues/mosques Fire Department toy program Magic Coaches in Mexico @ Coach Michael, David, Alfredo 2. Food Bank of Contra Costa & Solano- 925.676.7543 3. Loaves and Fishes of Contra Costa- 925.293.4792 (food prep) 4. Orinda Rehabilitation & Convalescence Hospital @ 925.254.6500 Jewish Family and Community Service of the East Bay @ jfcs-eastbay.org Orinda Senior Village @ 925.254.8895 Merrill Gardens at Lafayette @ 925.298.2779 Atria Park of Lafayette @ 925.357.9837 Moraga Retreat Care @ 925.376.2273 Aegis of Moraga @ 925.478.7327 Piedmont Gardens @ 510.597.6700 Sunrise of Oakland Hills @ 510.531.7190 5. City Team Oakland Volunteer @ 510.452.3758 6. Military Care Kit from local post office – shipping supplies Supportourtroops.org Operationgratitude.com/donate Soldiersangels.org 7. Bay Area Rescue Mission – Center for Women and Children @ 510.215.4555

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Engagement Opportunities by Age

		<p>Womaninc.org/wishlist</p> <ol style="list-style-type: none"> Adopt a family http://www.brighter-beginnings.org/ Meals, host a diaper/book drive, bingo for seniors https://www.monumentcrisiscenter.org/
<p>U12 – U14</p> <p><i>U11 activities + focus on getting hands on in several organizations – food service, food packing, some teen focused organizations.</i></p>	<ol style="list-style-type: none"> Loaves and Fishes – food service City Team Oakland – food prep and service Glide Memorial Church – food prep and service Youth & Teen Support – various Bay Area Outreach and Rec program (BORG) East Oakland Collective Monument Crisis Center Senior centers <p>General resource: Volunteermatch.org – alerts you to volunteer opportunities based on age group, location, opt type</p>	<ol style="list-style-type: none"> 12yo + Adult Loaves and Fishes of Contra Costa @ 925.293.4792 14yo and up Cityteam Oakland Volunteer @ 510.452.3758 Glide.org @ 415.6746001 Bay Area Rescue Mission – various opps @ 510.215.4555 <p>Jewish Family and Community Service of the East Bay @ jfcs-eastbay.org</p> <p>Larkin Street Youth Services – Teens helping Teens @ 415.567.1020 650.465.0956</p> <ol style="list-style-type: none"> BORG.org – power soccer, goal ball Meal prep http://www.eastoaklandcollective.com/ Meals, host a diaper/book drive, bingo for seniors https://www.monumentcrisiscenter.org/ See resources in above age group

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U15 – U18 <i>All younger activities + focus on getting hands on in several organizations as a team.</i>	<ol style="list-style-type: none">1. Special Olympics of Northern California – various opportunities2. Youth Literacy Program – reading with children and adults3. American Red Cross – various4. Habitat for Humanity Youth Program – team and individual5. Animal Shelter – various6. Meals on Wheels – various + food delivery7. Emeryville Citizens Assistance Project (ECAP) – food distribution8. Bay Area Outreach & Recreation Program (BORP)9. East Oakland Collective10. Monument Crisis Center <p>General resource: Volunteermatch.org – alerts you to volunteer opportunities based on age group, location, opp type</p>	<ol style="list-style-type: none">1. 16yo+ @ sonc.org2. readingpartners.org/sf-bay-area ccclib.org/donations/volunteer.html read-aloud.org3. American Red Cross Northern California @ (415) 427-80004. 16yo+ @ https://www.habitatebsv.org/get-involved5. Berkeley Humane @ 510.485.7735 Friends of the Alameda Animal Shelter @ 510.337.8565 Contra Costa Humane Society @ 925.279.22476. Feedingseniors.org @ (510) 777-9560 Mowdiablregion.org @ 925.937.83117. Emeryvillecitizens.com @ 510.499.12638. BORP.org – power soccer referee9. Meal prep http://www.eastoaklandcollective.com/10. Meals, host a diaper/book drive, bingo for seniors https://www.monumentcrisiscenter.org/
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