

California USA Wrestling Inc.
Cadet Boys/Girls/Junior Boys/Girls/Men/Women
Folkstyle State Championships
March 6th, 7th, 8th 2026
Selland Arena 700 M Street Fresno, CA 93721

Friday:

Registration/Weigh-Ins Times

Time	Age Groups/Weight Classes	
	• Cadet/16U-Boys-Born 2010-2011	
6:00pm - 9:30pm	• Junior Boys-Born 9/1/2006 &	
	after, plus enrolled in grades 9-12	**Some Age Groups/Weight
	• Cadet Girls/16U-Born 2010-2011	Classes have multiple
	• Junior Girls** Born 9/1/2006 & after, plus enrolled in grades 9- 12	chances to weigh in*
	• Senior Men Freestyle-(Male) Born 2007 or Befo	ore
	Senior Women Freestyle (Female) Born 2007 or	Before

Saturday:

Time	Age Groups/Weight Classes	
9:00am - 9:30am	• (If they have <u>NOT</u> registered/weighed in already)	
	• All Junior Boys/Junior Girls (If they have <u>NOT</u> registered/weighed in already)	
	• All Cadet Boys (144-285) (If they have NOT registered/weighed in already)	
6:30pm - 7:00pm	All Junior Boys/Junior Girls (If they have <u>NOT</u> registered/weighed in already)	

Sunday:

Time	Age Groups/Weight Classes	
6:30am - 7:00am	•	All Junior Boys/Junior Girls ((If they have <u>NOT</u> registered/weighed in already)

Age Groups/Weight Classes

Cadet Boys/16UBorn-2009-2010-

881bs,941bs,1001bs,1061bs,1131bs,1201bs,1261bs,1321bs,1381bs,1441bs,1501bs 1571bs,1651bs,1751bs,1901bs,215bs,285 lbs

Junior-Born 9/1/2005 & after, plus enrolled in grades 9-12

1001bs, 1061bs, 1131bs, 1201bs, 1261bs, 1321bs, 1381bs, 144lbs, 1501bs, 1571bs, 1651bs, 1751bs, 1901bs, 2151bs, 2851bs

Cadet Girls/16U-Born-2009-2010

95 lbs, 100 lbs, 105 lbs, 110 lbs, 115 lbs, 120 lbs, 125 lbs, 130 lbs, 135 lbs, 140 lbs, 145 lbs, 155 lbs, 170 lbs, 190 lbs, 207 lbs, 235 lbs

Junior Girls** Born 9/1/2005 & after, plus enrolled in grades 9- 12

95 lbs, 100 lbs, 105 lbs, 110 lbs, 115 lbs, 120 lbs, 125 lbs, 130 lbs, 135 lbs, 140 lbs, 145 lbs, 155 lbs, 170 lbs, 190 lbs, 207 lbs, 235 lbs

Senior Men Folkstyle (Male) Born 2007 or Before

57 kg, 61 kg, 65 kg, 70 kg, 74 kg, 79 kg, 86kg, 92 kg, 97 kg, 125 kg

Senior Women Folkstyle (Female) Born 2007 or Before 50 kg, 53 kg, 55 kg, 57 kg, 59 kg, 62 kg, 65kg, 68 kg, 72 kg, 76 kg



Event Timeline: Wrestling Schedule

Cadet/Junior Boys/Girls Folkstyle State

Saturday:

Session	Time	Age Group/Weight Classes
1st Wrestling Session	8:00am - 2:00pm •	All Cadet Girls Weight Classess
	•	All Cadet Boys 144-285 Weight Classes
		All Open Men & Women Weight Classes
2nd Wrestling Session	2:00pm - 6:00pm •	All Cadet Boy Weight Classes 88-138

Sunday:

Session	Time	Age Group/Weight Classes
3rd Wrestling Session	8:30am - until completion • 8:30am - until completion •	All Junior Boys/Junior Girls All Cadet Boys 88-138) (If not completed)



IMPORTANT REMINDERS FOR ALL STATE EVENTS

1.	Doors Open	• 6:30am both days
2.	Admission	 Adults \$19/daily, plus city fees Kids \$14/daily, plus city fees
3.	Singlet	Red/Blue singlet is not required (No school singlets)
4.	Medical Exam	Medical Staff have the authority to eliminate any wrestler who has a contagious skin disorder.
5.	Registration	All wrestlers MUST present a current USA Wrestling Membership Card along with a proof of date of birth. (Ex. Copy of Birth Certificate, driver's license)
6.	Weigh ins	 All wrestlers will have two attempts on the initial scale and the right to challenge all available scales one time to make their desired weight. A wrestler who does not make weight will be allowed to compete in the weight class they weigh in at. At no additional cost. All wrestlers must weigh in with their singlets on, after the medical examination. All wrestlers will not be allowed to leave the weigh in area until they have weighed in. A wrestler may not initiate any activity for means of weight reduction in the weigh in area. (ex. Using the Restroom) All Parents/Coaches are not allowed in the weigh in area. They are allowed to watch from the stands.
7.	Coaches Credentials	All Coaches must have a current USA Wrestling Card and a Copper/Bronze/Silver/Gold-Level Coaching Certification Printed out.

IMPORTANT REMINDERS FOR ALL STATE EVENTS

		•	Each Coach must present his/her current USA Wrestling Card and a Copper/Bronze/Silver/Gold-Level Coaching Certification to each of the Mat Chairman before every match. Will be handed out Friday in Box office area from 6:00pm - 8:00pm. Will be handed out on Saturday in Box office area from 8:00am - 2:00 pm.
		•	Will be handed out on Sunday in the Box office area from 7:00am - 10:00am
8.	Broken Athlete Credentials	•	Will be replaced only if the athlete brings his/her broken band.
9.	Entry Fee	•	\$70.00 on-line two weeks prior to the event. \$90.00 two weeks until 2pm Friday before the event. 100.00 after 2pm Friday before the event.
10.	Print your USA Card	•	Make sure to have a rtlpvgf 'copy of your USA Card









