

SAHA SPRING SCHEDULE

Goalie Clinics

U8/U10

| Goalie Clinic | | | | | |
|---------------|--------|------------|----------|------------|---------------|
| Date | Rink | Start Time | End Time | Level | Description |
| 3/16 | Studio | 6:40 PM | 7:40 PM | U8 and U10 | Goalie Clinic |
| 3/23 | Studio | 6:40 PM | 7:40 PM | U8 and U10 | Goalie Clinic |
| 3/30 | Studio | 6:40 PM | 7:40 PM | U8 and U10 | Goalie Clinic |
| 4/13 | Studio | 6:40 PM | 7:40 PM | U8 and U10 | Goalie Clinic |
| 4/20 | Studio | 6:40 PM | 7:40 PM | U8 and U10 | Goalie Clinic |
| 5/4 | Studio | 6:40 PM | 7:40 PM | U8 and U10 | Goalie Clinic |

U12/U14

| Goalie Clinic | | | | | |
|---------------|--------|------------|----------|-------------|---------------|
| Date | Rink | Start Time | End Time | Level | Description |
| 3/16 | Studio | 7:50 PM | 8:50 PM | U12 and U14 | Goalie Clinic |
| 3/23 | Studio | 7:50 PM | 8:50 PM | U12 and U14 | Goalie Clinic |
| 3/30 | Studio | 7:50 PM | 8:50 PM | U12 and U14 | Goalie Clinic |
| 4/13 | Studio | 7:50 PM | 8:50 PM | U12 and U14 | Goalie Clinic |
| 4/20 | Studio | 7:50 PM | 8:50 PM | U12 and U14 | Goalie Clinic |
| 5/4 | Studio | 7:50 PM | 8:50 PM | U12 and U14 | Goalie Clinic |

U8 - MITES

| 3:3 Tournament | | | | | | 8 Skills Sessions | | | | | |
|----------------|--------|------------|----------|------|-------------|-------------------|------|------------|----------|------|-------------|
| Date | Rink | Start Time | End Time | Team | Description | Date | Rink | Start Time | End Time | Team | Description |
| 3/13 | Studio | 5:15 PM | 6:15 PM | 8U | 3:3 | 3/14 | Main | 7:00 AM | 8:00 AM | 8U | Skills |
| 3/22 | Studio | 5:40 PM | 6:40 PM | 8U | 3:3 | 3/20 | Main | 5:45 PM | 6:45 PM | 8U | Skills |
| 3/29 | Studio | 5:40 PM | 6:40 PM | 8U | 3:3 | 3/21 | Main | 8:10 AM | 9:10 AM | 8U | Skills |
| 4/5 | Studio | 5:40 PM | 6:40 PM | 8U | 3:3 | 3/27 | Main | 5:45 PM | 6:45 PM | 8U | Skills |
| 4/19 | Studio | 5:40 PM | 6:40 PM | 8U | 3:3 | 4/4 | Main | 8:10 AM | 9:10 AM | 8U | Skills |
| 4/26 | Studio | 5:40 PM | 6:40 PM | 8U | 3:3 | 4/10 | Main | 5:45 PM | 6:45 PM | 8U | Skills |
| 5/3 | Studio | 5:40 PM | 6:40 PM | 8U | 3:3 | 4/18 | Main | 8:10 AM | 9:10 AM | 8U | Skills |
| 5/10 | Studio | 5:40 PM | 6:40 PM | 8U | 3:3 | 4/25 | Main | 7:10 AM | 8:10 AM | 8U | Skills |
| 4/27 | Studio | 6:40 PM | 7:40 PM | 8U | 3:3 | | | | | | |

| Local Tournament Teams | | | | | |
|------------------------|------|------------|----------|------|-------------|
| Date | Rink | Start Time | End Time | Team | Description |
| 4/3 | Main | 5:45 PM | 6:45 PM | 8U | Evaluation |
| 4/11 | Main | 5:45 PM | 6:45 PM | 8U | Evaluation |

U10 - Squirts

| 3:3 tournament | | | | | | 8 Skills | | | | | |
|----------------|--------|------------|----------|------|-------------|------------|------|------------|----------|------|-------------|
| 10 Sessions | | | | | | 8 Sessions | | | | | |
| Date | Rink | Start Time | End Time | Team | Description | Date | Rink | Start Time | End Time | Team | Description |
| 3/18 | Main | 6:35 PM | 7:35 PM | 10U | 3:3 | 3/17 | Main | 6:45 PM | 7:45 PM | 10U | Skills |
| 3/22 | Studio | 6:50 PM | 7:50 PM | 10U | 3:3 | 3/19 | Main | 6:20 PM | 7:45 PM | 10U | Skills |
| 3/29 | Studio | 6:50 PM | 7:50 PM | 10U | 3:3 | 3/24 | Main | 6:45 PM | 7:45 PM | 10U | Skills |
| 4/5 | Studio | 6:50 PM | 7:50 PM | 10U | 3:3 | 3/26 | Main | 6:20 PM | 7:45 PM | 10U | Skills |
| 4/19 | Studio | 6:50 PM | 7:50 PM | 10U | 3:3 | 4/2 | Main | 6:20 PM | 7:45 PM | 10U | Skills |
| 4/26 | Studio | 6:50 PM | 7:50 PM | 10U | 3:3 | 4/9 | Main | 6:20 PM | 7:45 PM | 10U | Skills |
| 5/3 | Studio | 6:50 PM | 7:50 PM | 10U | 3:3 | 4/21 | Main | 6:45 PM | 7:45 PM | 10U | Skills |
| 5/10 | Studio | 6:50 PM | 7:50 PM | 10U | 3:3 | 4/28 | Main | 6:45 PM | 7:45 PM | 10U | Skills |
| 4/27 | Studio | 7:50 PM | 8:50 PM | 10U | 3:3 | | | | | | |

| Local Tournament Teams | | | | | |
|------------------------|------|------------|----------|------|-------------|
| Date | Rink | Start Time | End Time | Team | Description |
| 3/31 | Main | 6:45 PM | 7:45 PM | 10U | Evaluation |
| 4/7 | Main | 6:45 PM | 7:45 PM | 10U | Practice |
| 4/14 | Main | 6:45 PM | 7:45 PM | 10U | Practice |
| 4/23 | Main | 8:40 PM | 7:45 PM | 10U | Practice |
| 5/5 | Main | 6:45 PM | 7:45 PM | 10U | Practice |

U12 – PeeWee

| 3:3 tournament | | | | | | 8 Skills Sessions | | | | | |
|----------------|------|------------|----------|------|-------------|-------------------|----------------|------------|----------|------|-------------|
| 10 Sessions | | | | | | | | | | | |
| Date | Rink | Start Time | End Time | Team | Description | Date | Rink | Start Time | End Time | Team | Description |
| 3/13 | Jet | 6:30 PM | 7:30 PM | 12U | 3:3 | 3/14 | Mount Prospect | 10:15 AM | 11:15 AM | 12U | Skills |
| 3/25 | Main | 6:35 PM | 7:35 PM | 12U | 3:3 | | | | | | |
| 3/20 | Jet | 6:30 PM | 7:30 PM | 12U | 3:3 | 4/22 | Main | 6:35 PM | 7:35 PM | 12U | Skills |
| 3/27 | Jet | 6:30 PM | 7:30 PM | 12U | 3:3 | 4/29 | Main | 6:35 PM | 7:35 PM | 12U | Skills |
| 4/3 | Jet | 6:30 PM | 7:30 PM | 12U | 3:3 | 3/19 | Main | 7:30 PM | 8:30 PM | 12U | Skills |
| 4/10 | Jet | 6:30 PM | 7:30 PM | 12U | 3:3 | 3/26 | Main | 7:30 PM | 8:30 PM | 12U | Skills |
| 4/17 | Jet | 6:30 PM | 7:30 PM | 12U | 3:3 | 4/2 | Main | 7:30 PM | 8:30 PM | 12U | Skills |
| 4/24 | Jet | 6:30 PM | 7:30 PM | 12U | 3:3 | 4/9 | Main | 7:30 PM | 8:30 PM | 12U | Skills |
| 5/1 | Jet | 6:30 PM | 7:30 PM | 12U | 3:3 | 4/30 | Main | 6:35 PM | 7:35 PM | 12U | Skills |
| 5/8 | Jet | 6:30 PM | 7:30 PM | 12U | 3:3 | | | | | | |

| Local Tournament Team | | | | | |
|-----------------------|------|------------|----------|------|-------------|
| Date | Rink | Start Time | End Time | Team | Description |
| 4/1 | Main | 6:35 PM | 7:35 PM | 12U | Evaluation |
| 4/8 | Main | 6:35 PM | 7:35 PM | 12U | Practice |
| 4/15 | Main | 6:35 PM | 7:35 PM | 12U | Practice |
| | | | | | |
| 5/6 | Main | 18:35 | 7:35 PM | 12U | Practice |
| 5/7 | Main | 8:40 | 9:40 PM | 12U | Practice |

U14 – Bantams

| 3:3 tournament | | | | | | 8 Skills Sessions | | | | | |
|----------------|------|------------|----------|------|-------------|-------------------|------|------------|----------|------|-------------|
| Date | Rink | Start Time | End Time | Team | Description | Date | Rink | Start Time | End Time | Team | Description |
| 3/19 | Jet | 7:40 PM | 9:40 PM | 14U | 3:3 | 3/17 | Main | 7:55 PM | 9:10 PM | 14U | Skills |
| 3/26 | Jet | 7:40 PM | 9:40 PM | 14U | 3:3 | 3/18 | Main | 7:45 PM | 9:15 PM | 14U | Skills |
| 4/2 | Jet | 7:40 PM | 9:40 PM | 14U | 3:3 | 3/24 | Main | 7:55 PM | 9:10 PM | 14U | Skills |
| 4/9 | Jet | 7:40 PM | 9:40 PM | 14U | 3:3 | 3/25 | Main | 7:45 PM | 9:15 PM | 14U | Skills |
| 4/16 | Jet | 7:40 PM | 9:40 PM | 14U | 3:3 | 4/1 | Main | 7:45 PM | 9:15 PM | 14U | Skills |
| 4/23 | Jet | 7:40 PM | 9:40 PM | 14U | 3:3 | 4/21 | Main | 7:55 PM | 9:10 PM | 14U | Skills |
| 4/30 | Jet | 7:40 PM | 9:40 PM | 14U | 3:3 | 4/28 | Main | 7:55 PM | 9:10 PM | 14U | Skills |
| 5/7 | Jet | 7:40 PM | 9:40 PM | 14U | 3:3 | 5/5 | Main | 7:55 PM | 9:10 PM | 14U | Skills |

| Local Tournament Team | | | | | | |
|-----------------------|------|------------|----------|------|-------------|--|
| Date | Rink | Start Time | End Time | Team | Description | |
| 3/31 | Main | 7:55 PM | 9:10 PM | 14U | Evaluation | |
| 4/7 | Main | 7:55 PM | 9:10 PM | 14U | Practice | |
| 4/14 | Main | 7:55 PM | 9:10 PM | 14U | Practice | |
| 4/22 | Main | 7:45 PM | 9:15 PM | 14U | Evaluation | |
| 4/29 | Main | 7:45 PM | 9:15 PM | 14U | Practice | |
| 5/6 | Main | 7:45 PM | 9:15 PM | 14U | Practice | |

U16

| Skills | 15 Sessions | | | | |
|--------|----------------|------------|----------|------|-----------------|
| Date | Rink | Start Time | End Time | Team | Description |
| 3/13 | Main | 8:40 PM | 9:40 PM | 16U | Skills/Practice |
| 3/14 | Mount Prospect | 3:20 PM | 4:20 PM | 16U | Skills/Practice |
| 3/15 | Main | 6:55 PM | 7:55 PM | 16U | Skills/Practice |
| 3/16 | Main | 8:50 PM | 9:50 PM | 16U | Skills/Practice |
| 3/20 | Main | 8:40 PM | 9:40 PM | 16U | Skills/Practice |
| 3/22 | Main | 10:25 AM | 11:25 AM | 16U | Skills/Practice |
| 3/27 | Main | 8:40 PM | 9:45 PM | 16U | Skills/Practice |
| 3/29 | Main | 11:35 AM | 12:35 PM | 16U | Skills/Practice |
| 4/3 | Main | 8:40 PM | 9:40 PM | 16U | Skills/Practice |
| 4/15 | Main | 7:45 PM | 9:15 PM | 16U | Skills/Practice |
| 4/19 | Main | 11:35 AM | 12:35 PM | 16U | Skills/Practice |
| 4/26 | Main | 6:55 PM | 7:55 PM | 16U | Skills/Practice |
| 5/3 | Main | 7:40 PM | 8:40 PM | 16U | Skills/Practice |
| 5/8 | Main | 8:00 PM | 9:00 PM | 16U | Skills/Practice |

U18

| Skills | 15 Sessions | | | | |
|--------|-------------|------------|----------|---------|-----------------|
| Date | Rink | Start Time | End Time | Team | Description |
| 3/14 | Main | 7:25 PM | 8:25 PM | 18U | Skills/Practice |
| 3/17 | Main | 9:20 PM | 10:35 PM | 18U | Skills/Practice |
| 3/21 | Main | 8:35 PM | 10:05 PM | 18U | Skills/Practice |
| 3/24 | Main | 9:20 PM | 10:35 PM | 18U | Skills/Practice |
| 3/28 | Main | 8:35 PM | 10:05 PM | 18U | Skills/Practice |
| 3/31 | Main | 9:20 PM | 10:35 PM | 18U | Skills/Practice |
| 4/4 | Main | 8:30 PM | 9:45 PM | 18U | Skills/Practice |
| 4/7 | Main | 9:20 PM | 10:35 PM | 18U | Skills/Practice |
| 4/11 | Main | 8:30 PM | 9:45 PM | 18U | Skills/Practice |
| 4/14 | Main | 9:20 PM | 10:35 PM | 18U | Skills/Practice |
| 4/18 | Main | 7:55 PM | 8:55 PM | 18U | Skills/Practice |
| 4/21 | Main | 9:20 PM | 10:35 PM | 16U/18U | Skills/Practice |
| 4/25 | Main | 8:10 PM | 9:10 PM | 18U | Skills/Practice |
| 4/28 | Main | 9:20 PM | 10:35 PM | 18U | Skills/Practice |
| 5/5 | Main | 9:20 PM | 10:35 PM | 18U | Skills/Practice |