



Veterans Memorial Community Center ARENA COVID-19 POLICIES



The City of Inver Grove Heights - Veterans Memorial Community Center (VMCC) Arenas COVID-19 Policies have been developed with recommendations and guidelines from; MN Governor Walz's Executive Orders, MN Department of Health Guidelines for Youth and Adult Sports, MN Department of Education for High School activities, Minnesota Hockey, and USA Hockey. Guidelines have been set in place to limit the risk of exposure and transfer of COVID-19 to skaters, coaches/instructors, parents, spectators, and staff.

GENERAL RESTRICTIONS:

1. **Anyone with symptoms of illness or who have family members with symptoms of illness, has tested positive for COVID -19, or been exposed to a person whom has tested positive for COVID-19, should stay home and not participate in team activities and follow CDC and Health Department rules and guidelines for self-quarantine.**
2. Face coverings are required for anyone who enters the VMCC per MN Dept. of Health Executive Order 20-81 (as of July 25, 2020) for all skaters and coaches/instructors, volunteers, and spectators to help protect employees, participants, and other visitors. However, you may temporarily remove face coverings if you are:
 - a) Participating in organized sports where the level of exertion makes wearing a face covering difficult.
 - b) Face coverings must be worn at all time in the dressing areas/locker rooms by skaters, coaches/instructors, volunteers, and parents. Skaters may remove face coverings once they leave the locker room for the ice. It is required that players keep helmets off until leaving the locker room, including the entire time they are in the locker room. As soon as they are off the ice a face covering **MUST BE WORN**, no exceptions.
3. All organizations and teams should utilize a documented health and symptom pre-screening application prior to any on-ice activity. These screens should be monitored by coach/instructor, association, or volunteer associated with the group.
 - a) We recommend the Minnesota Symptom Screener Guide or a "Quick Entry Check In" or "Check In and Tracking Protocol"
4. Skaters should arrive **no earlier than 15 minutes prior** to the start of their ice time and arrive with most of their clothing and equipment already on.
5. No team warmup or dryland drills inside of VMCC facilities.
6. Skaters are asked to bring their own water bottle with name on it, **pre-filled**. (There are a limited number of water bottle filling stations in the building).
7. Skaters and parents should spread out as much as possible while in dressing areas/locker rooms.
8. No spitting, yelling or other actions that may cause additional droplet spray.
9. Coaches/Instructors are always required to wear face coverings while in the arena, including on ice instruction.
10. Two (2) consistent pods of 25 are allowed per rink with no mixing of pods. 1 pod of 25 is allowed if group is using entire rink. Example, coaches may work between pods but should maintain a 6' distance from skaters, but players in pods should remain separated.
11. Practices and training activities must end 1-2 minutes before the scheduled end time to allow for picking up equipment and organizing players to leave the ice socially distanced.
12. All skaters/coaches/instructors should be ready to leave the facility within 15 minutes of conclusion of ice rental or game or scrimmage.
13. Only two people are allowed in the scorers table/time clock area.

SPECTATORS:

1. Face coverings are required for all spectators and parents at all times while inside any VMCC arenas.
2. One (1) adult per skater will be allowed to provide assistance to children 10 and under and remain in the arena during practice and training activities in designated spectator areas only, parent attendance should be kept to a minimum.
 - a. While it is important to limit the number of people in the facility as much as possible, there may be circumstances in which a parent or guardian must also bring in young siblings. This will be allowed but should be limited as much as possible.
3. **No spectators are allowed inside arenas for practice and training activities for children over the age of 10** unless there is a medical need.
4. Spectators are allowed in designated areas during games and scrimmages based on the maximum capacity allowed per rink. **No spectators should be loitering or watching the game from the hallways.**
5. All spectators/parents must self-screen their health prior to arriving in facility. We recommend <https://www.cdc.gov/coronavirus/2019-nCoV/index.html> and click Self-check symptoms.
6. **Spectators may enter the facility no earlier than 5 minutes prior to game or scrimmages starting.**
7. All spectators/parents must check in with their individual Team Manager and/or team Check-In Volunteer for MN Health Department Contract Tracing and will monitor capacities for spectators.
8. Spectators must always stay socially distanced when in the arenas and designated spectator area.
9. Spectators must remain in designated areas during games and scrimmages and may not wander in-between designated areas, linger in lobbies and hallways or other traffic areas before or after games.
10. Spectators are asked to help clean and disinfect spectator areas before and after occupying to assist with keeping everyone safe. There will be disinfectant spray bottles and wipes near bleachers.
11. If spectators don't comply with policies, games may be held up until full compliance is achieved.
12. **Spectators must leave the building immediately following the conclusion of the game that they are attending. AT NO TIME SHOULD THERE BE ANY LOITERING IN THE HALLWAYS.**
13. **Maximum capacities** for spectators at games and/or scrimmages are as follows:
 - (a) East Arena: Max = 257 (4 spectators per skater)
 - Home side in bleachers: 141,
 - Visitor side in bleachers: 116
 - (b) West Arena: Max = 63 (2 spectator per skater)
 - Bleachers: 40
 - Standing 6' apart around boards on north end of rink: 23

The City of Inver Grove Heights has the right to refuse ice time to a group that is not following the Veterans Memorial Community Center Arena Preparedness Plan, arena policies and procedures or the teams individual COVID-19 Preparedness Plans.