



Rebels – Phase 3 Practice – Information

Parents, Players, Coaches and Staff,

As we prepare to get back on the diamond and enjoy the great game of baseball, the Rebels are committed to the safety and health of each player and family in the organization and those in the baseball community. We have initiated Rebels – Phase 3 Practice under the guidelines of the State of Texas and the CDC

Starting May 30th, 2020, the Rebels – Phase 3. Full practices may resume as long as social distancing is adhered to as suggested by the CDC and the Open Texas legislation. Games and tournaments may resume in accordance to the USSSA guidelines.

For The Health & Safety Of Our Players Coach Should Follow The Below Protocols:

- Self-screen before attending practice for new or worsening signs or symptoms of possible. Also be aware of these symptoms in your players. If you or a player have any of the symptoms below you/they should not attend practice!
 - Cough
 - Shortness of breath or difficulty breathing
 - Chills and/or Repeated shaking with chills
 - Muscle Pain
 - Headache
 - Sore Throat
 - Loss of taste or smell
 - Diarrhea
 - Feeling feverish or temperature greater than or equal to 100.0 degrees Fahrenheit
 - Known close contact with a person who is lab confirmed to have COVID-19
- Maintain at least 6 feet separation from other individuals (not within the same household). If such distancing is not feasible, other measures such as a face covering, hand hygiene, cough etiquette, cleanliness and sanitation should be practiced.
- Coaches and players should always wash and/or disinfect hands before, during and after practice and games
- We do not want players or parents congregating near the dugouts or around the field.
- Parents and Siblings should bring their own chair and sit around the outfield, (or) stay in their car to minimize contact with players and coaches.

We are and will continuing monitoring the guidelines set by the State Of Texas and will reassess on May 18th, 2020 after the state address by the governor.

Stay Healthy, Stay Safel

Coach Chris Sims 716-207-3009
Founder & President