

# GRAND RAPIDS BASKETBALL ASSOCIATION

## COVID-19 SAFETY PROCEDURES

The health and well-being of our athletes remains our top priority. In order to minimize the risk of COVID-19 entering our environment and spreading amongst our community, we will implement the following procedures that all participants must agree to and abide by:

### Prior to Activities:

- Athletes waiting to attend a practice session will need to wait outside while maintaining social distance from others until the coach allows them in.
- All individuals entering the facility will be asked to take their own temperature before coming to their session. Upon arrival, individuals will be asked to confirm that their temperature is less than 100.4 degrees F, and confirm that they are not experiencing coughing or shortness of breath.
- All individuals entering the facility will be required to be cold/flu/COVID-19 symptom free for 14 days prior to entrance. If anyone is displaying any symptoms of the above listed, they will be immediately asked to leave and the portion of the facility they utilized will be immediately shut down and cleaned.
- Participants can arrive no more than five minutes prior to the start of their session. They will congregate in the designated space provided and maintain the proper social distancing required and wait for coaches to allow them to enter.
- All coaches and athletes entering the building will be required to electronically sign a waiver / letter of understanding (below) and comply with the listed procedures and requirements.
- Signs will be posted at entrances of all events as reminders to prevent the spread of COVID and the health screening protocol.

### During Activities:

- Attendance will be recorded.
- Non-participants (parents, volunteers, spectators) may not be allowed in the facility, depending upon gym capacity constraints.
- Masks should be worn at all times, even during practice and competition
- All participants will be required to use hand sanitizer upon entry and exit of the gym.
- Do not touch your face, eyes or mouth.
- Refrain from contacting other participants and attendees (high fives and huddles).
- Practice social distancing (minimum of 6') as often as possible.
- Cover your mouth and nose with a tissue or your elbow if you cough or sneeze and immediately wash hands
- Participants will be asked to bring their own water bottle(s). Drinking fountain use will not be available.
- No more than 25 people will be allowed in each gym, including coaches, athletes, referees, spectators and other individuals. This may be adjusted up or down based upon current guidance from the State of Minnesota and the Center for Disease Control.
- Instructors and participants are encouraged but not required to wear face coverings while on the court. Face coverings will be required while on the sidelines- Instructor and participants must supply their own face coverings.
- Bathroom stall use is discouraged and should only be used if absolutely necessary.
- Participants will be asked to stay at their court until they are dismissed from the building so the next group can enter.
- Once the session is complete high contact surfaces will be sanitized.

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- Should anyone participating in practice, coach or athlete, be diagnosed with COVID-19, they should immediately contact their coach and follow proper healthcare procedures as laid out by their health care professional, including quarantining. Athletes and coaches must have in writing, a signed clearance from their healthcare professional to resume activity after a COVID-19 diagnosis OR the original, dated, "order" to quarantine with the specified duration from their health care professional so the coach can verify their compliance with that "order" upon their return.
- When a coach is notified of a positive COVID-19 test, they shall immediately contact their respective in-house or traveling director and the GRABA President. All individuals that may have been exposed based upon attendance records (discussed below) will be contacted and required to quarantine for 14 days. The school district will also be notified of any positive tests, including the date, time and facility where the person was on school district property.
- Detailed records of attendance will be kept and provided to health authorities upon request to allow for contact tracing should it be necessary.
- We cannot guarantee that you and/or your child(ren) will not become infected with COVID-19. Further, attending practice activities could increase your risk and your child(ren)'s risk of contracting COVID-19. A completed COVID-19 waiver will be required prior to any activity.
- We are in compliance with requirements laid out in the following MDH sports practice and games guidance: <https://www.health.state.mn.us/diseases/coronavirus/sportsguide.pdf>

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