Greater Battle Creek Ice Hockey Association (GBCIHA) 2018-2019 Learn To Skate Registration

To register you will need to complete this registration packet and submit it with a copy of your LEARN TO SKATE USA online registration and payment for class.

PLAYER INFORMATION - PLEASE PRINT

First Name:	Middle Initial:	Last Name:
Address:		
City:	State:	Zip:
E-Mail:		Phone: ()
Gender: □ Male □ Female Birth [Date:	
Is the skater a beginner? \square Yes \square N	o If no, last level passed or l	now many sessions of LTS
Will skater need rental skates? ☐ Yes	☐ No If yes, what size sh	oe
What are the skater's goals for LTS	? ☐ Figure Skating ☐ Ice	Hockey □ Recreation □
Other		
LEADN TO USA	TE	
Left Control Places	LEARN TO SKATE	USA REGISTRATION
	kateusa.com/LTSRegistration	e player isn't registered with Learn To Skate USA, 1. Print a copy of the registration and include with
PARENT/GUARDIAN (1)		
First Name:	Last Na	me:
Address:		
City:	State:	Zip:
E-Mail:		Phone: ()
PARENT/GUARDIAN (2)		
First Name:	Last Na	me:
Address:		
City:	State:	Zip:
E-Mail:		Phone: ()

CLASS SELECTION

Session	Dates	Classes Available * (Pick ONE class for each session attending)	TOTAL
FALL 2	October 3 – November 14	☐ Wednesday Only 6:00 to 6:50—\$65.00 (Skipping 10/31/2017 due to Halloween)	
WINTER 1	January 9 — February 13, 2019	☐ Wednesday Only 6:00 to 6:50 PM—\$65.00	
WINTER 2	February 20 — March 20, 2019	☐ Wednesday Only 6:00 to 6:50 PM—\$65.00	
		TOTAL DUE	

^{*}Dates/Times are subject to change. If changes are needed families will be notified in advance.

ABOUT CLASSES

- Classes are offered for ages 3 and up.
- Fees include: class time and rental skates (limited supplies)
- Class structure: 25 minute instruction, 25 minute supervised practice.
- Skaters are required to wear gloves/mittens and helmets (bike helmets are ok).
- Skaters should dress warmly.
- Please arrive at least 30 mins prior to each class (to get equipment on and skates tied).

CLASS LEVELS:

Snowplow Sam 1-4

Introductory level classes for ages 3-5. Teaches the basic skills of skating while also having fun.

Basic 1-4

Introductory level for ages 6 and up that teaches the basic fundamentals for the best foundation for either figure skating, hockey or speed skating.

Hockey 1-4

Beginning level of hockey for ages 6-12 that focuses on the basic fundamentals of hockey skating. Skaters will learn how to be more proficient and agile on the ice all while having fun. (Certified hockey helmet required)



LEARN TO SKATE LIABILITY WAIVER

Learn to Skate and Learn to Play Hockey

Waiver of Liability

I, the undersigned, hereby acknowledge that I have voluntarily applied to participate, or have elected to have my child, or a minor for whom I am responsible (hereinafter "my child"), to participate in our USA Hockey sponsored program directed and taught by the GBCIHA volunteer staff. By enrolling myself or my child, I represent that I, or my child, is physically fit and able to participate in such activities. I am aware that participation in our Ice Hockey and Skating programs will involve physical activities, and I hereby acknowledge that such activities can be dangerous. I hereby accept any and all risks or injury or death associated with such participation.

In consideration of my participation in any GBCIHA programs, I hereby agree that I, on behalf of myself or my child, heirs, distributes, guardians, legal representatives and assigns will make no claim against, sue, attach the property of, or prosecute the GBCIHA, or any of its officers, directors, agents, employees, contractor or affiliates of injury or damage resulting from negligence or any other acts, howsoever caused, by employee, agent, or contractor of the GBCIHA, as a result of my participation, or the participation of my child, in all GBCIHA programs.

I have carefully read this agreement and fully understand and acknowledge its contents. I am aware that this is a release of liability and a contract between myself, the GBCIHA and its affiliates.

Image Release

Participant (and the parent(s) or legal guardian(s), of participants (if applicable) hereby grant the GBCIHA the right to use any photograph(s), video images and/or other media of their child, negative or positive, for publicity, advertising and/or commercial purposes, without any compensation to the participant (and the parent(s) or legal guardians, or participant, if applicable. All negatives, slides, digital reproductions, and positives, together with all prints will constitute as GBCIHA property, solely and completely.

Policies Program

The GBCIHA reserves the right to cancel, rearrange classes according to enrollment, and determine standards of conduct, behavior, and performance of participants engaging in any GBCIHA program. The GBCIHA reserves the right to terminate the stay of any skater without refund and without a formal hearing, when it is deemed to be in the interest of either the skater or the GBCIHA as determined by the program coaches, officers, or directors.

Medical Release

Participant (and the parent(s) or legal guardian(s), or participant, if applicable) hereby further consent to the GBCIHA staff to obtain whatever medical treatment and/or care is deemed necessary by such staff for the health and well-being of the participant during the term of the program participation, including the consent to obtain and have administered any emergency medical or surgical treatment recommended by a physician licensed to practice medicine in the State of Michigan.

In rare instances a medical or surgical emergency requiring treatment arises in which written consent by parent(s) or guardian(s) is legally required, and the proper person cannot be located. In this event, and in order to avoid delay that might jeopardize the life or recovery of a participant, we request the following permission from parent(s) or guardian(s), with the understanding that every effort will be made to contact you in an emergency.

I hereby grant permission to authorize any member of the GBCIHA Staff, Revolution Arena Staff, or other physicians or surgeons, to give anesthesia and perform medical or surgical procedure(s) on my child in the event that he/she is unable to contact me when further delay might jeopardize their life or impair recovery.

Participant's Name (Please Print)	
Parent/Guardian Name (Please Print)	
Signature	Date

PARENT & ATHLETE CONCUSSION INFORMATION SHEET

HEADS UP CONCUSSION

WHAT IS A CONCUSSION?

A concussion is a type of traumatic brain injury that changes the way the brain normally works. A concussion is caused by a bump, blow, or joit to the head or body that causes the head and brain to move quickly back and forth. Even a "ding," "getting your bell rung," or what seems to be a mild bump or blow to the head can be serious.

WHAT ARE THE SIGNS AND SYMPTOMS OF CONCUSSION?

Signs and symptoms of concussion can show up right after the injury or may not appear or be noticed until days or weeks after the injury.

If an athlete reports one or more symptoms of concussion after a bump, blow, or joilt to the head or body, s/he should be kept out of play the day of the injury. The athlete should only return to play with permission from a health care professional experienced in evaluating for concussion.

DID YOU KNOW?

- Most concussions occur without loss of consciousness.
- Athletes who have, at any point in their lives, had a concussion have an increased risk for another concussion.
- Young children and teens are more likely to get a concussion and take longer to recover than adults.

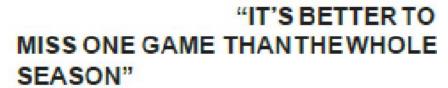
SYMPTOMS REPORTED BY ATHLETE:

- Headache or "pressure" in head
- Nausea or vomiting
- Balance problems or dizziness
- Double or blurry vision
- Sensitivity to light
- Sensitivity to noise
- Feeling sluggish, hazy, foggy, or groggy
- Concentration or memory problems
- Confusion
- Just not "feeling right" or is "feeling down"

SIGNS OBSERVED BY COACHING STAFF:

- Appears dazed or stunned
- Is confused about assignment or position
- Forgets an instruction
- Is unsure of game, score, or opponent
- Moves dumsity
- Answers questions slowly
- Loses consciousness (even briefly)
- Shows mood, behavior, or personality changes
- Can't recall events prior to hit or fall
- · Can't recall events after hit or fall





CONCUSSION DANGER SIGNS

In rare cases, a dangerous blood clot may form on the brain in a person with a concussion and crowd the brain against the skull. An athlete should receive immediate medical attention if after a bump, blow, or joit to the head or body s/he exhibits any of the following danger signs:

- One pupil larger than the other
- Is drowsy or cannot be awakened
- A headache that gets worse
- Weakness, numbness, or decreased coordination
- Repeated vomiting or nausea
- Slurred speech
- Convulsions or seizures
- Cannot recognize people or places
- Becomes increasingly confused, restless, or agitated
- Has unusual behavior
- Loses consciousness (even a brief loss of consciousness should be taken seriously)

WHAT SHOULD YOU DO IF YOU THINK YOUR ATHLETE HAS A CONCUSSION?

- If you suspect that an athlete has a concussion, remove the athlete from play and seek medical attention. Do not try to judge the severity of the injury yourself. Keep the athlete out of play the day of the injury and until a health care professional, experienced in evaluating for concussion, says s/he is symptom-free and it's OK to return to play.
- Rest is key to helping an athlete recover from a concussion. Exercising or activities that involve a lot of concentration, such as studying, working on the computer, and playing video games, may cause concussion symptoms to reappear or get worse.
 After a concussion, returning to sports and school is a gradual process that should be carefully managed and monitored by a health care professional.
- Remember: Concussions affect people differently.
 While most athletes with a concussion recover quickly and fully, some will have symptoms that last for days, or even weeks. A more serious concussion can last for months or longer.

WHY SHOULD AN ATHLETEREPORT THEIR SYMPTOMS?

If an athlete has a concussion, his/her brain needs time to heal. While an athlete's brain is still healing, s/he is much more likely to have another concussion. Repeat concussions can increase the time it takes to recover. In rare cases, repeat concussions in young athletes can result in brain swelling or permanent damage to their brain. They can even be fatal.

STUDENT-ATHLETE NAME PRINTE	D
STUDENT-ATHLETE NAME SIGNED	
DATE	
PARENT OR GUARDIAN NAME PRIN	NTED
PARENT OR GUARDIAN NAME SIGN	4ED
DATE	

JOINTHE CONVERSATION _ www.facebook.com/CDCHeadsUp



TO LEARN MORE GO TO >>> WWW.CDC.GOV/CONCUSSION