



### **What to expect on your first day of lessons?**

Come in 15-20 min. before your lesson starts, check-in at the Guest Services. Pick up your rental skates (included free with your registration) at the counter. Our rental skates' sizes match regular shoe sizes (no half sizes). Make sure you tighten laces firm around the ankle, skates should feel snug. Your instructor will meet you in the lobby area in front of the ice. Sam 1 class is for beginners 4-6 years old, Basic 1 is for beginners 7 years old and up.

### **What should my child wear?**

We recommend warm clothes, a jacket and sweatpants or warm-up pants that the skater can easily move in, gloves, light weight socks or tights that cover the ankles and a helmet are all encouraged for beginner skaters.

### **What is a Skills Practice Session?**

Skills Practice Session is a 30-minute practice session that is scheduled on Saturdays at 10:30am – 11:00am and on Mondays at 6:30pm – 7:00pm during group lesson days. Skaters who are currently enrolled in LTS/LTPH group lessons may use Skills Practice Session free of charge, all others need to purchase - \$10.00 admission and \$5.00 skate rental (if needed).

### **Refunds?**

There are NO REFUNDS, PRO-RATES or MAKE-UP CLASSES.

### **Learn To Skate USA Membership**

\*All participants enrolling in our LTS program must become a member of the U.S. Figure Skating "Learn To Skate USA" program. Membership cost is \$20.00 per year (year starts on July 1 and ends on June 30). LTS USA Membership is included in price for Basic 1, Sam 1 and Adult Beginner level classes. If skater already has membership, please contact Skating Director to adjust the price. When registering on-line, please select "Learn To Skate USA Membership" item in your basket. Skaters can register themselves directly at: [www.learntoskateusa.com](http://www.learntoskateusa.com). Once registered, please e-mail your number to Skating Director: [mkhaltourina@innovativesportsva.com](mailto:mkhaltourina@innovativesportsva.com)

