

# 2014 JANUARY

CALENDAR YEAR / MONTH

MONDAY

FIRST DAY OF WEEK

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
30	31	01 No Practice	02 No Practice	03 No Practice	04 Practice 9-10 am at Providence	05
06 Practice 7:30 to 8:30 at Providence	07 Practice 2:30-3:30 at East	08 Practice 2:30-3:30 at East	09 Meet 6pm at West Charlotte pool vs Myers Park, Rocky River (EAST HOST)	10 Practice 2:30 - 3:30 at East	11 Conference Dive meet 12pm @ MCAC SW4A Conference Meet 5pm @ MCAC	12
13 Exams Practice TBA	14 Exams Practice TBA	15 Exams Practice TBA	16 Exams Practice TBA	17 Exams Practice TBA	18 Practice 9-10 am at Providence	19
20 Practice 2:30 - 3:30 at East	21 Practice 7:30 to 8:30 at Providence	22 Practice 7:30 to 8:30 at Providence	23 Practice 7:30 to 8:30 at Providence	24 Practice 2:30 - 3:30 at East	25 Practice 9-10 am at Providence	26
27 Practice 7:30 to 8:30 at Providence	28 Practice 7:30 to 8:30 at Providence	29 Practice 2:30 - 3:30 at East	30 No Practice 4A Regional Dive meet	31 4A Regional Swim meet	01 Practice 9-10 am at Providence	02
03 Practice 7:30 to 8:30 at Providence	04 Practice 7:30 to 8:30 at Providence	05 Practice 2:30 - 3:30 at East	06 No Practice 4A State Dive meet.	07 4A State Meet in Cary, NC	08	09