



NCR HIGH PERFORMANCE TRYOUT • VIDEO SUBMISSION GUIDELINES

1. Send only one link
 - *Ensure that the link is working*
 - *Platform hosting the link cannot require log-in or an account - a private YouTube link is recommended.*
2. The film will be watched from 00:00. Please ensure that this is where your athlete enters/is on the court.
3. Match film is required. Cuts in between rallies, timeouts, or when your athlete enters/exits the game are acceptable.
4. NO LONGER than 10 minutes - we will not be able to watch past the 10:00 mark.

NCR HIGH PERFORMANCE TRYOUT • VIDEO SUBMISSION PROCESS

1. Register for Tryouts using one of the tryout links on the NCR All-Stars page.
2. Submit Video in the Video Submission form linked below by the submission deadline.
 - **Video Submission deadline** is 11:59 pm CST on **Monday, May 11, 2026.**
 - *Any video submitted after this day may not be accepted or considered.*
3. Submitting party will receive a receipt of submission email from the Google Form. Please save this email as your receipt of submission.
 - *Videos NOT following the guidelines and written process will not be accepted and reviewed regardless of receipt.*
4. Absolutely NO REFUNDS once a video is submitted or the video submission deadline is reached.

 **2026 NCR ALL-STARS TRYOUT VIDEO SUBMISSION >>> CLICK HERE**