

## **Player Code of Conduct**

As a member of the White Bear Area Fastpitch Softball Association (WBAFSA), we agree to abide by the rules listed below:

### **CORE PRINCIPLES**

- WBAFSA participation must be healthy, positive, and safe for everyone involved. Team activities must be conducted in an environment that values good sportsmanship while representing White Bear as a first-class community.
- Participants in WBAFSA have the opportunity to demonstrate the following attributes: sportsmanship, leadership, dedication, and commitment.

### **CORE PRACTICES**

- Play and work hard - Commit yourself to working hard. You develop good habits in practice. Make it a habit.
- Play Smart - Understand the game. Have poise and maintain composure under pressure.
- Play for the TEAM first - Put the team before yourself. Support team members in practice and competition. Understand the fact that you need each other to be successful.
- Play with a winning attitude - Believe in yourself. You achieve what you believe. Do not let the fear of failure hold you back. Play with confidence. Avoid dwelling on mistakes, both your own and those of your teammates. Talk positively.
- Stay responsible - Be on time. Be at all practices, games, and team functions. Advise your coach as soon as possible if any conflicts arise. Be responsible for your actions and the consequences of your actions. Be responsible for your game.
- Stay respectable - Be respectful to your teammates, coaches, officials, opponents, and spectators. Exhibit sportsmanship in victory and in defeat. Your actions reflect on yourself, your team, and your Association. Treat other people the way you want to be treated.
- Stay loyal - Never talk about your teammates or coaches behind their backs. This type of conduct destroys the integrity of your TEAM.

### **OUT-OF BOUNDS**

- Displays of disrespect toward officials, coaches, teammates, opposing teams, and their fans through words and/or actions
- The intentional throwing of a bat after an unsuccessful batting attempt (will result in sitting on the bench the remainder of the game)
- Use of performance-enhancing drugs, tobacco, alcohol, or other illegal substances
- Failure to report injuries or illness to their coach
- Those who fail to respect individual differences and diversity