

# 2024-2025 Arizona Kachinas Hockey Association

Team Name: \_\_\_\_\_

## PLAYER CODE OF CONDUCT AND COMMITMENT

I hereby commit the following to teammates, coaches, officials, the Association, opponents, parents and myself.

1. will remember to have FUN.
2. I understand my participation is key to the team's overall success and commit myself to full participation in all team practices, games and events and will consistently do my best and give my best effort.
3. I will develop my skills and ability to play the games as an individual player and as a team player and prepare myself to advance to the next level.
4. I will participate because I want to, not just because my parents or coaches want me to.
5. I will have a good attitude and be a decent human being.
6. I will consistently show up on time and be ready to go.
7. I will work hard and exhibit a good work ethic at practices and during games, stay focused and not goof around or mouth off.
8. I will exhibit fair play and integrity to myself, my teammates, opponents, referees, officials, coaches and parents.
9. I will learn and respect the rules of the game.
10. I will show respect at all times for teammates and coaches on and off the ice, members of the opposing team, on-ice & off-ice officials, and parents, as well as demonstrate good sportsmanship and positive encouragement to teammates.
11. I will respect Arizona rink staff and the facility I can call home and all the arena staff and facilities we will visit.
12. I will not be abusive (verbally, emotionally, physically, sexually)
13. I will recognize that my hockey career will not be made or broken based upon the last shift or the next shift or particular games.
14. I will live a healthy lifestyle with no drugs, alcohol, and tobacco products. I will try to eat a healthy diet.
15. I will work on developing my physical capabilities as an athlete in terms of conditioning and strength
16. I will respect the Arizona laws regarding the use of adult-oriented materials and acknowledge that adult materials will not be permitted at any sanctioned event.
17. I will report knowledge of abusive situations appropriately (ie: parents, coaches)
18. I recognize that my development as a hockey player is largely my responsibility.
19. I will control my temper and be responsible for my own actions.
20. I will make the proper and necessary effort to keep up with my school work and ensure I maintain my academic standard.
21. I will obey any and all applicable codes of conduct, policies, procedures, rules, regulations, or other guidelines that may be passed by AKHA, AAHA, or USAH.
22. I will refrain from using social media (email, Facebook, Twitter, Instagram, Snapchat, etc) to bully or threaten others or to spread negativity.
23. I understand that failure to comply with one or more of the above will have consequences depending on the severity of the situation, as determined by AKHA in its sole and absolute discretion. I acknowledge that depending upon the severity as determined by AKHA, I may be subject to consequences including but not limited to: disciplinary actions, suspensions or dismissal from the AKHA organization.

Player Name (Print): \_\_\_\_\_ (Signature): \_\_\_\_\_  
Parent (Signature): \_\_\_\_\_ (Date): \_\_\_\_\_