



MB SPORTS TRAINING LLC, REGISTRATION FORM

Office Use

PARTICIPANTS GENERAL INFORMATION

Name	D.O.B. / /	<input type="checkbox"/> Male	<input type="checkbox"/> Female	Shirt Size:
Address	City	State	Zipcode	
Cell Phone	Email			
School	Sport(s)			

EMERGENCY CONTACT / PARENT OR GUARDIAN INFORMATION

Name(s)	Relation		
Cell Phone(s)	Email		

RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT



PLEASE READ CAREFULLY AND INITIAL EACH SPACE PROVIDED (PARENTS INITIAL IF PARTICIPANT IS UNDER 18)

_____ I hereby acknowledge that I or the Minor Participant I represent is in good health and physically capable of participating in a sports performance, fitness and training program involving strength, flexibility, and aerobic exercises and using the equipment associated with such training.

_____ I hereby acknowledge that I am aware for myself or the Minor Participant I represent of the need to consult with my physician prior to beginning any exercise program. I further acknowledge that I, or the Minor Participant I represent has either (1) had a physical examination or has been given a physician's permission to participate in the training program; or (2) has decided to participate in this training program without the approval of a physician.

_____ I am aware that I or the Minor Participant I represent may refuse or stop any exercise for any reason. I agree that it is my responsibility or that of the Minor Participant I represent to notify a representative of MB Sports if I experience symptoms such as difficulty breathing, chest pain, dizziness, fainting or pain arising from or during exercise. I authorize any representative of MB Sports to obtain emergency medical treatment for me or the Minor Participant I represent, including transportation to a hospital or other medical facility.

_____ I understand and agree for myself or the Minor Participant I represent that the training programs provided by MB Sports involve physical activity and as appropriate the use of certain equipment and machinery. Such activities may present a risk of injury or even death. I voluntarily agree for myself or the Minor Participant I represent to participate in these activities and assume all risk of personal injury, death and property damage that may be suffered, whether while engaging in physical activity or not. This includes injury or damage sustained while and/or resulting from the use of the premises or facility, or use of equipment including injuries or damage arising out of the negligence of any agent of MB Sports, whether active or passive. Your assumption of risk extends to the use of any equipment (mechanical or otherwise), any facilities, and participation in any activity or program including but not limited to weightlifting, jogging, running, walking, aerobic activities, or any other sports training endeavor. You agree that you or the Minor Participant you represent are voluntarily participating in the aforementioned activities and assume the risk of injury, illness, damage, or loss to you or your property, whether arising from the negligence of MB Sports or otherwise.

_____ In consideration of permitting me or the minor Participant I represent to participate in the training programs offered by MB Sports, I, for myself, my heirs, personal representatives, and assigns, do hereby release, waive, discharge and covenant not to sue MB Sports and its directors, officers, participants, managers, employees, agents, attorneys, insurers, successors and assigns (collectively MB Sports Parties) from any and all claims or causes of action, known or unknown, foreseen or unforeseen arising from the negligence of MB Sports resulting in personal injury, accidents, or illnesses (including death) and/or property loss arising from or use of its equipment and facilities.

_____ This waiver and release of liability includes, without limitation, injuries which may occur as a result of (a) your use of any exercise equipment or facilities which may malfunction or break, (b) improper maintenance of any exercise equipment, premises, or facilities, (c) negligent instruction or supervision, including personal training, (d) negligent hiring or retention of employees, and/or, (e) slipping or tripping and falling while on any portion of a premises or while traveling to or from personal training, including injuries resulting from MB Sports or anyone else's negligent inspection or maintenance of the facility or premises. I understand that this waiver is not applicable to actions constituting gross negligence.

_____ For myself or the Minor Participant I represent, I agree to hold harmless MB Sports and its directors, officers, participants, managers, employees, agents, attorneys, insurers, successors and assigns from any and all claims, actions, suits, procedures, costs, expenses, damages and liabilities, including attorneys' fees, and to reimburse MB Sports for any such expense incurred in connection with or as a result of my participation, or that of the Minor Participant I represent, in the training program offered by MB Sports.

_____ I acknowledge that I have carefully read this waiver and release and fully understand that it is a release of liability, express assumption of risk and indemnity agreement. I am aware and agree that by executing this waiver and release, I am giving up my right to bring a legal action or assert a claim against MB Sports for negligence or for any defective product used while receiving sports training. I have read and voluntarily signed the waiver and release and further agree that no oral representations, statements or inducement apart from the foregoing written agreement have been made.

SIGNATURES	
Participants Signature (Parent Signs if under 18)	MB Rep Signature
Print Name	Print Name
Date	Date