

1968 MSHSL NORDIC SKI RACING STATE MEET

Four mile Classic Results*

Location:	Chester Bowl, Duluth Mn	Date:	2/17/1968
Snow conditions:	January 1968 was a dry month with only ten inches of snow. February wasn't much better with two inches of snow.	High Temperature:	Half an inch of snow fell the day before and high temperature at race time was seven degrees. The icy track with the new snow made for difficult waxing.

Rank	Name	Grade	Team	Time
1	Tom Lund	12	Hopkins	25:45
2	Pat Page	11	Edina	26:30
3	Mark Heisel	11	Hopkins	26:32
4	Dave Cherne	12	Ely	26:46
5	Dennis Nelson	12	Cloquet	26:57
6	Wayne Nordstrom		Mpls Edison	27:12
7	Tim Heisel	9	Hopkins	27:31
8	Steve Nelson		Cloquet	27:40
9	Dewey Bjork		Aurora	27:44
10	Rick Ranum		Richfield	27:44
11	Mark Hendrickson		No. St. Paul	27:48
12	Jim Putnam		Cloquet	28:05
13	Mark Lahtinen	11	Mpls. North	29:04
14	Dan Gowan		Duluth Central	29:15
15	Jim Lundberg	12	Richfield	29:21
16	Charles Rounds	12	Richfield	29:42
17	Steve Brisson	11	Bloomington Kennedy	29:46
18	John Kangas		Mpls. North	30:01
19	Dave Tiffman		Aurora	30:08
20	Dick Dovenberg		Robbinsdale	30:13
21	Brian Wigdahl		Robbinsdale	30:30
22	Chris Overvold		Bloomington Lincoln	30:31
23	John Luhtala		Virginia	30:47
24	Jim Roehl		Mpls Henry	30:48
25	Dave Kalina		Mpls Edison	31:09

*Results from Minnesota State High School League 1968-69 Handbook

Stories of 1966 Co-winners found in Amazon book "Norm Oakvik: The Inconspicuous Coach"

www.amazon.com/dp/B0DX7JZ9SK

Cross Country Teams by Pct (top two)

Place	School	Time	Top two	Pct
1	Hopkins	52:17	25:45+26:32	99.94%
2	Cloquet	54:37	26:57+27:40	95.67
3	Richfield	57:05	27:44+29:21	91.53
4	Aurora Hoyt Lakes	57:52	27:44+30:08	90.29
5	Minneapolis Edison	58:21	27:12+31:09	89.55
6	Ely	58:57	26:46+31:11	88.73
7	No. St. Paul	59:07	27:48+31:19	88.53
8	Minneapolis North	60:18	26:30+33:48	88.46
9	Edina	60:18	26:30+33:48	86.72
10	Robbinsdale	60:43	Times estimated from team percentage	86.06
11	Bloomington Kennedy	61:12		85.38
12	Bloomington Lincoln	62:17		83.89
13	Duluth Central	62:20		83.82
14	Virginia	62:33		83.53
15	Minneapolis Henry	63:41		82.04
16	Fergus Falls	65:48		79.41
17	Minneapolis Washburn	67:07		77.85
18	St. Louis Park	68:36		76.17
19	Minneapolis Roosevelt	70:16		74.36
20	Duluth Denfeld	70:40		73.94
21	Hibbing	72:30		72.07
22	Duluth East	73:24		71.19
23	Stillwater	73:57		70.66
24	Minneapolis Central	80:31		64.89

Corrections or additions, please email Doug Edmonson at edmonsondm@outlook.com



Tom Lund - Nordic Champion

While Cloquet continued to clean up in the team competition, Hopkin's Tom Lund (above and right), coached by legendary state ski champion Norm Kragseth (1946-49), took their second straight state individual Nordic title. Kragseth employed his co-hort, CUSSA coach Norm Oakvik, to tutor the cross-country group at the CUSSA holiday camp and through informal training sessions

Hopkins - Nordic Team Champions

1967

champ Steve Heisel's younger brothers, Tim and Mark Heisel, were about to make their own mark on Minnesota State ski history.

Cloquet was on a roll, and the Pine Valley Ski Center that Joe Nowak had devoted so much time to funding and developing was paying dividends. Over the years, Chester Bowl had helped countless Duluth kids grow up to be strong skiers and jumpers and Theodore Wirth had assisted Minneapolis kids do the same. Now Cloquet was reaping the rewards of their winter park and would continue to do so for another ten years.

CROSS COUNTRY SKIERS
TOM LUND, TIM HEISEL, MARK HEISEL,
AND GARY CARLSON.



CLOQUET—STATE CHAMPION



Team Photo above - First Row: Coach Joe Nowak, Larry Tuomi, Steven Nelson, Dennis Nelson, Jim Putnam, Mike Sobczyk, Scot Smith, Coach Brian Johnson, **Second Row:** Terry Vaidle, Steve Olson, Jim Quinn, Jim Salo, Steve Rosen, Mike Prouly, Tim Quinn, Gary Ojard, Gene Schilling