



**ISLANDERS**

# ELITE PROSPECT CAMP



**MONDAY, JULY 13<sup>TH</sup> – FRIDAY, JULY 17<sup>TH</sup>, 2020**

**DAILY FROM 8:00AM TO 4:00PM AT NORTHWELL HEALTH ICE CENTER**

Northwell Health Ice Center and the New York Islanders are proud to host the Islanders Elite Prospect Camp this Summer. Designed with the individual player in mind, here is the chance for all 10U to 14U hockey players, both boys and girls, to train in small groups and participate in 5 full-days of on- and off-ice programs.

This special one-week camp will feature appearances by select New York Islanders coaches and former NHL Players, as well as handpicked members of the Northwell Health Ice Center Staff – all dedicated to teaching and providing the best instruction and assessment.

## COACHES SCHEDULED TO APPEAR

### BERNIE CASSELL

Skill Development Coach for the New York Islanders.

### DAVE STARMAN

Islanders Academy Director of Coaching & Player Development. USA Hockey Player / Goalie Development Staff & Pro Scout.

### ARRON ASHAM

15-Year NHL Player. Current P.A.L. Bantam Minor Head Coach and the New York Islanders Quebec Select Team Head Coach.

### CHRIS & PETER FERRARO

A combined 32 years of professional hockey experience spent in the NHL, AHL, IHL, and the 1994 Olympics.

### BESA TSINTSADZE

World-Renown Power Skating Coach. His clients include Sidney Crosby, Evgeni Malkin & the Boston Bruins.

### PAT FUNG

Current Team Beijing Head Coach. He coached 13 years at the junior and college levels including Penn State ACHA Head Coach.

**PLUS, SPECIAL GUEST APPEARANCES FROM FORMER NHL PLAYERS AND COACHING STAFF.**

## ACCEPTING APPLICATIONS FOR THE BELOW BIRTH YEARS AND GROUPS:

GROUP A: 2006 & 2007

GROUP B: 2008 & 2009

GROUP C: 2010 & 2011

EACH GROUP IS LIMITED TO 30 SKATERS AND 6 GOALIES

## ON ICE SESSIONS

The on-ice curriculum is designed to facilitate skill development for individual players to utilize in group play focusing on the fundamentals and shift by shift skills needed to succeed at the highest levels of hockey.

- Station based on ice sessions with low coach to player ratios ensuring individual feedback and instruction
- Small area games utilized by USA Hockey's ADM program to create game related simulation that will enable players to develop their hockey IQ
- Small area stations to work on specific skills - shooting, passing, skating, agility, on ice athleticism and goaltender development - with a focus on repetition to build routine

## OFF ICE SESSIONS

The off-ice workouts are designed around sport specific exercises for hockey players, by hockey players to teach players how to train themselves with off ice workouts that develop the actions needed to improve speed and strength on ice.

Other off ice sessions include:

- 1-on-1 sessions in the shooting stations
- Video session critiques / assessments of camp performance
- Game strategy and game play

## ALL SESSIONS LEAD UP TO GAME PLAY ON FRIDAY, JULY 17<sup>TH</sup>

**THIS IS A FULL WEEK CAMP – NO DAILY SESSIONS**

**CAMP COST: \$799**

**APPLICATION DEADLINE: APRIL 1<sup>ST</sup>**

**SPACE IS LIMITED AND WILL SELL OUT FAST. TO APPLY VISIT:**

**[WWW.NORTHWELLHEALTHICECENTER.COM/ELITE!](http://WWW.NORTHWELLHEALTHICECENTER.COM/ELITE!)**

**Northwell Health Ice Center - Long Island's Premier Hockey Destination**

Hockey Leagues & Clubs, Clinics & Camps, Learn to Skate & Play, Public Skating, Special Events

Located in Eisenhower Park: 200 Merrick Ave, East Meadow | [NorthwellHealthIceCenter.com](http://NorthwellHealthIceCenter.com) | 516-441-0070

