

# CHARGER YOUTH FOOTBALL RETURN TO PLAY

Charger Youth Football will be following the 3 Phased guidelines adopted by the CHS athletics Dept in cooperation with NACS, IHSAA and the CDC. The CHS phase 1 began July 6<sup>th</sup> and will end July 19<sup>th</sup>. Charger Youth Football will begin with the CHS Phase 2 that begins July 20<sup>th</sup> and ends August 14<sup>th</sup>. We will follow the guidelines that pertain to or fit our League the most. Due to our much smaller group numbers and rare usage of locker rooms and indoor facilities, we have taken the guidelines that make the most sense regarding our league. Please remember these guidelines are subject to change at any time. We will always take the safety of our players, coaches and parents seriously. We look forward to your understanding and anticipated cooperation! If you have questions, please email us.

[Chargeryouthfootball.com](http://Chargeryouthfootball.com)

**Athletes, coaches and trainers who are experiencing symptoms are excluded from practice/events and should remain at home.**

- Symptoms: Fever, cough, shortness of breath, trouble breathing, persistent pain or pressure in the chest, fatigue, body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, diarrhea, new confusion or not able to be woken, bluish lips or face.

Athletes, coaches and trainers who arrive ill, display symptoms of COVID-19 or answer “yes” to the screening questions will be sent home. Communication with parents, school administration and school nurse will be done immediately.

- Athletes, coaches and trainers who are sent home will need to be cleared by a family physician, in writing, before being allowed to return.

Coach, trainers, or any person participating in CYF, who are 65 years or older are in the high-risk category and participate knowing the risks of attendance and participation.

## **CYFL PHASE 1: July 20<sup>th</sup> - August 14<sup>th</sup>**

**Intra-squad scrimmages allowed. No Intra-league scrimmaging**

### **Prep & Cleaning**

- Clothing must be washed before each practice
- Hand sanitizer be made readily available
- Cleaning bottles and supplies will be given to each team’s head coach
- Balls and other practice equipment such as tackling dummies or blocking pads will be cleaned and sanitized before and after each players usage

### **Athlete Intake**

- Complete screening questionnaire daily

## **Group Activities/Practice**

- No shared drinking water bottles or coolers
- No shared personal equipment such as helmets, gloves, shoes, clothing, towels etc.
- No pre-practice gathering or horseplay. Players are to report directly to coaches for temperature screening
- Social distancing should be practiced when possible
- Athletes are to leave practice or activities immediately following the conclusion if possible
- Masks may be worn but not mandated if player or parent chooses and does not cause health issues
- Try to maintain smaller groups when possible
- Parents should maintain proper social distancing if staying on grounds during practice

## **CYFL PHASE 2: August 15<sup>th</sup> and Beyond**

**Full competition with spectators according to local and state guidelines TBD**

### **Prep & Cleaning**

- Continue as in phase 1

### **Athlete Intake**

- Students who are in school may participate unless symptoms develop between the end of the school day and beginning of practice. If symptoms develop parents, school administration and school nurse should be notified, and the student removed from participation

### **Group/Team/Facility**

- Symptoms should be displayed
- Competition is allowed per IHSAA and CHS TBD guidelines
- Concessions are to be prepackaged only or per IHSAA and CHS TBD guidelines

**Please remember that all phases or guidelines within each phase are subject to change at any time. COVID-19 is a fluid situation filled with unknowns and uncertainty. We will always follow and abide by the rules, suggestions or restrictions set by the state of Indiana and our local governing body. We again appreciate your understanding and anticipated cooperation!**