

"RAMS Exchange"			October 27, 2018				Cedar Rock SportsPlex		
			4758 Cornfield Drive Cedar Springs, MI 49319						
Zamboni End			Center Ice				Concession End		
9:00 - 9:04	On Ice & Position Teams								
9:04 - 9:25	GRAHA Red	vs	Big Rapids 2	GRAHA Green	vs	Fox Navy	Hawks Green	vs	Rams 2
9:25 - 9:29	Hand Shakes & Position Teams								
9:29 - 9:50	Big Rapids 2	vs	GRAHA Green	Fox Navy	vs	Hawks Green	Rams 2	vs	GRAHA Red
9:50 - 9:54	Hand Shakes & Position Teams								
9:54 - 10:15	Big Rapids 2	vs	Fox Navy	GRAHA Green	vs	Rams 2	GRAHA Red	vs	Hawks Green
10:15 - 10:27	Ice Cut								
10:27 - 10:31	On Ice & Position Teams								
10:31 - 10:52	GRAHA Yellow	vs	Fox Red	Big Rapids 1	vs	Hawks Grey	Fox Orange	vs	Rams 1
10:52 - 10:56	Hand Shakes & Position Teams								
10:56 - 11:17	Fox Red	vs	Big Rapids 1	Hawks Grey	vs	Fox Orange	Rams 1	vs	GRAHA Yellow
11:17 - 11:21	Hand Shakes & Position Teams								
11:21 - 11:42	Fox Red	vs	Hawk Grey	Big Rapids 1	vs	Rams 1	GRAHA Yellow	vs	Fox Orange
11:42 - 12:00	Hand Shakes & Off Ice								

Exchange Guidelines

- Games will start at their scheduled times - have your teams ready to go
- Teams will shake hands during 4 minute break between games
- After a goal is Scored:
 - Scoring team goes back and touches their own net
 - Scored against team takes puck behind their own net
- No Score will be kept
- Horn will sound every 90 seconds for line changes
- Coaches welcome on ice
- Referees:
 - Will drop the puck to start each game
 - Will move puck to neutral ice during line changes (when possible)
 - In the event of "blatent" rules infraction (body check, using stick etc) referee will return player to bench for "teaching moment" with coaches.
- FUN is mandatory!

Locker Room Assignments

<u>Club</u>	<u>Room</u>
GRAHA	1
Fox	2
Hawks	3
Big Rapids	4
Rams	5