U9-U10 Special Build-Out Line (BOL) Rules Fall 2017

(Revised: 9/23/2019)

The spirit of this new rule is to encourage the U9 and U10 teams to learn how to play the ball forward from the first third. Traditionally keepers have been able to just punt the ball across the midway line which was a detriment to the players learning how to progress the ball forward from defense to mid field to the attackers, hence 'build-out' the attack.

The Build-Out Line (BOL) Rules

- 1. The goalkeeper is only allowed to pass, throw or roll the ball into play (punts and drop kicks are not allowed)
- 2. Build Out Line (please see the picture below, the line will be dotted white, not blue on our fields)
 - a. Build Out Line promotes playing the ball out of the back in a less pressured setting
 - b. When the goalkeeper has the ball in his/her hands during play from the opponent, the opposing team must move behind the build out line until the ball is put in play
 - c. Once the opposing team is behind the build out line, the goalkeeper can pass, throw or roll the ball into play
 - d. After the ball is put in play by the goalkeeper, the opposing team can cross the build out line and play resumes as normal
 - e. For goal kicks, the opposing team must move behind the build out line until the ball is put into play. The ball is in play for a goal kick when the ball leaves the penalty area (we are not using the new 2019 FIFA Law for Goal Kicks in play)
 - f. The ball is in play for a goal keeper distribution when the keeper distributes the ball
 - g. If the goalkeeper punts or drop kicks the ball
 - i. An indirect free kick will be awarded to the opposing team from a point on the penalty line straight out from where the offense occurred
 - h. Build Out Line will also denote offside offense
 - i. Players can't be penalized for an offside offense between the halfway line and the build out line
 - ii. Players can be penalized for an offside offense between the build out line and the goal line.
 - i. Most of the time, the goalkeeper will wait to put the ball in play until the players are behind the build out line.

j. If the goalkeeper decides to put the ball in play before the players are behind the line, the keeper does so accepting the positioning of the opponents and the consequences of how play resumes.

Here are two Youtube Videos to watch that will help explain this

- 1. Explanation of the build out line rule https://www.youtube.com/watch?v=sQ92KfiIwok
- 2. Ideas on teaching the build out line to the players http://www.epysa.org/explaining the build out line for 7v7 play part ii coaching the_build_out_line/

