

NIFC PROGRAM INFORMATION 2021-2022

NORTHERN ILLINOIS

U8 Boys and Girls

- Two training sessions per week by professional trainer in fall (Aug-Nov) and spring (Apr-June)
- Minimum one training session per week by professional trainer in winter (Jan-March)
- Possible additional winter training and/or Futsal
- Fall and Spring League Games (YSSL or IWSL, 8 games min per season)
- Additional programming as part of the Illinois Premier Alliance (see separate info packet)
- Tournaments - TBD

U9 thru U14 Boys and Girls

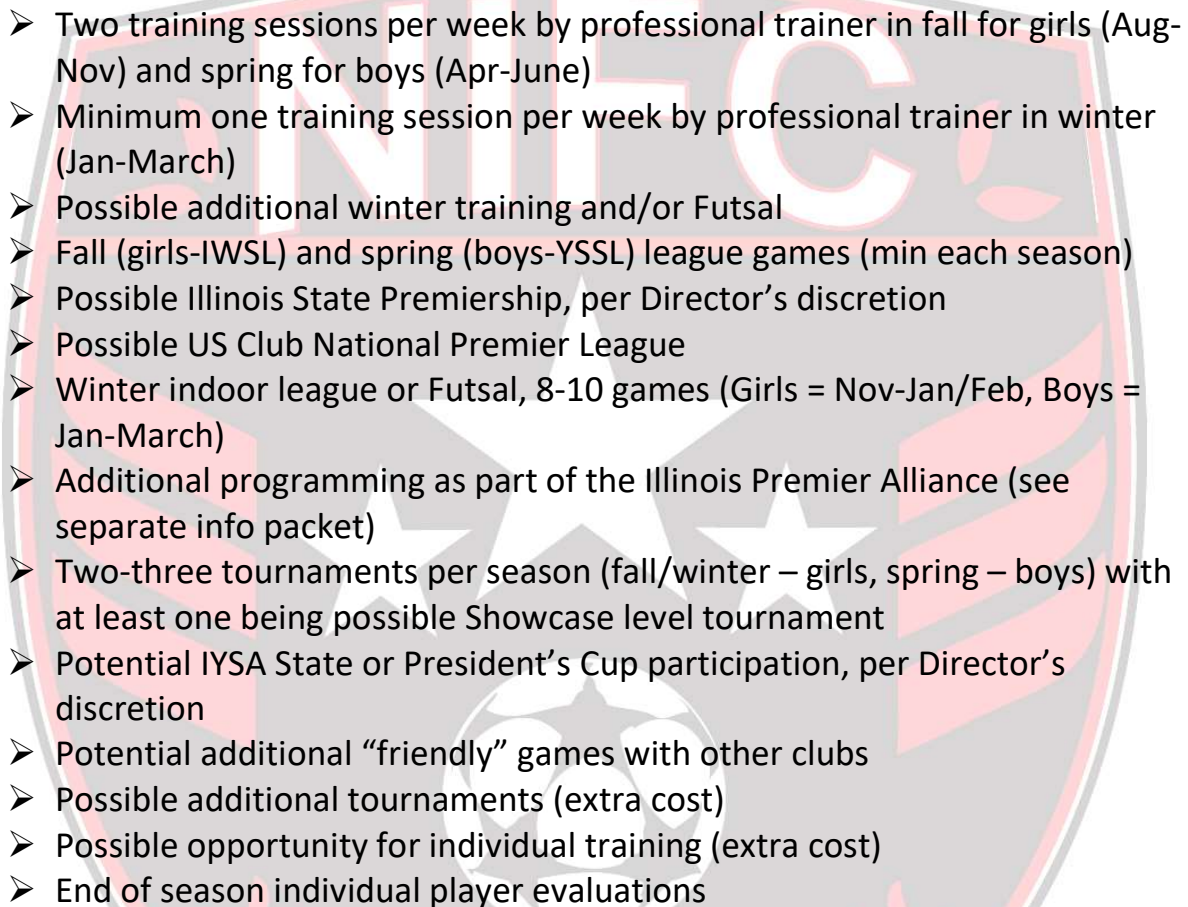
- Two training sessions per week by professional trainer in fall (Aug-Nov) and spring (Apr-June)
- Minimum one training session per week by professional trainer in winter (Jan-March)
- Possible additional winter training and/or Futsal
- Potential IYSA State or President's Cup participation (U13 and U14), per Director's Discretion and at additional cost to team
- Fall and spring league games in YSSL or IWSL (min 8 games in fall, 8 in spring)
- Winter indoor league and/or Futsal, 8-10 games (Jan thru March)
- Three tournaments (1 fall, 2 spring)
- Additional programming as part of the Illinois Premier Alliance (see separate info packet)
- Possible additional tournaments (extra cost)
- Possible opportunity for individual training (extra cost)
- Individual player evaluations

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NIFC PROGRAM INFORMATION 2021-2022

NORTHERN ILLINOIS

High School Boys and Girls, U15 – U19

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- Two training sessions per week by professional trainer in fall for girls (Aug-Nov) and spring for boys (Apr-June)
 - Minimum one training session per week by professional trainer in winter (Jan-March)
 - Possible additional winter training and/or Futsal
 - Fall (girls-IWSL) and spring (boys-YSSL) league games (min each season)
 - Possible Illinois State Premiership, per Director's discretion
 - Possible US Club National Premier League
 - Winter indoor league or Futsal, 8-10 games (Girls = Nov-Jan/Feb, Boys = Jan-March)
 - Additional programming as part of the Illinois Premier Alliance (see separate info packet)
 - Two-three tournaments per season (fall/winter – girls, spring – boys) with at least one being possible Showcase level tournament
 - Potential IYSA State or President's Cup participation, per Director's discretion
 - Potential additional "friendly" games with other clubs
 - Possible additional tournaments (extra cost)
 - Possible opportunity for individual training (extra cost)
 - End of season individual player evaluations

NOTE: This is an example of what the club has offered over past couple of years; all programming subject to change

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