

# 1st Annual Customer Choice Seminars

*6 HOURS of great baseball and softball information ABSOLUTELY FREE!*

Diamond Dreams is going to hold the first ever Customer Choice Seminars (CCS) event on Saturday September 8th. The DD staff will be hosting FREE seminars between 9 and 4:30 pm on topics requested by our customers. Players, parents and coaches are all welcome to attend these informational seminars.

Seminar schedule: There are two seminars being held at the same time throughout the day. If you'd like to listen to both of them, don't worry, they run once in the morning and again in the afternoon to ensure you can make every topic you wish to make. Each topic will be covered with a 45 minute presentation followed by 15 minutes of Q and A. Take a look below to see the full schedule.

Time	Topic 1	Topic 2
9:00-10:00 am	Mental/emotional management - it's 50% of the game!	Why hitters hit better in practice then they do in the game
10:05-11:05 am	Hitting - mechanics of an elite swing	Strength and conditioning for baseball and softball - covering ages 8-25
11:10-12:10 pm	Velocity improvement for throwing and hitting	Speed and agility - becoming a better athlete
Break for lunch on your own		
1:15-2:15 pm	Mental/emotional management - it's 50% of the game!	Why hitters hit better in practice then they do in the game
2:20-3:20 pm	Hitting - mechanics of an elite swing	Strength and conditioning for baseball and softball - covering ages 8-25
3:25-4:25 pm	Velocity improvement for throwing and hitting	Speed and agility - becoming a better athlete

## If you'd like to attend...

We ask that you call or email to register. All of the sessions will be held at the academy (address is below) and space will be limited. Just let us know your name, the number of people you're bringing and which session or sessions you would like to attend. Walk ins are welcome if there is room.

Address: 102 Kestrel Drive Collegeville, 19426

Phone: 610-489-3383

Email: [Info@DiamondDreamsBA.com](mailto:Info@DiamondDreamsBA.com)

## SPECIAL BONUS: Free HitTrax Assessments

In addition to the scheduled seminars we will be doing base assessments on the HitTrax simulator throughout the day. The base assessment is an efficient and comprehensive way to assess the current performance level of a hitter. It will also help to identify weaknesses that can be addressed in future training sessions. A base assessment will take around 20 minutes and is a \$50 value.

Please call or email to register for a specific time slot. Hurry as there are not many slots available and we anticipate that they will sell out!