



# Milwaukee Angels Softball

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*Milwaukee Angels Softball exists to provide the ultimate travel ball experience.*

**Program Guide 2021-2022**



## About Us

- We are looking for athletes who are competitors, good teammates, hard workers, and hungry to learn.
- Our commitment to developing our players will be second to none. We take a patient and disciplined approach for the long-term success of your athlete.
- We take an overall program approach with consistency in our expectations and skill development. We will often practice together, across age levels, especially in camps and clinics. Players will receive coaching and mentorship from all coaches in the program.
- We encourage multi-sport athletes. Many of our players play multiple sports and we feel this is important for overall development both physically and mentally. However, this is a high level softball program, and we expect full commitment during the season.
- We will complete individual assessments and video analysis on all our athletes several times per year. This will give us a plan to develop every player and measure our progress.

## Calendar Summary

- 12U & 14U tryouts July 19th & 27th
- 8U & 10U tryouts July 20th & 26th
- Uniform fitting and information meeting July 30th & 31st
- Practice starts in late August/early September with tournaments in September and October
- Off for recovery/training time/other sports during November and December
- Preseason practice January through March
- Regular season practice and tournaments April through July



## Tournament Schedule

Level	Fall Tournaments	Spring/Summer Tournaments	Other
10U	2-3	6-7	<ul style="list-style-type: none"><li>• Mix of regional and local with possibility of a national tournament</li><li>• Scrimmages, games, and round robins added at coach discretion</li></ul>
12U	3-4	7-8	<ul style="list-style-type: none"><li>• Will play mainly regional tournaments, a few local, and potential for a national tournament</li><li>• Scrimmages, games, and round robins added at coach discretion</li></ul>
14U	3-4	7-8	<ul style="list-style-type: none"><li>• Will play mainly regional tournaments, a few local, and potential for a national tournament</li><li>• Scrimmages, games, and round robins added at coach discretion</li></ul>

\*Local is Wisconsin & northern IL. Regional is WI, IL, MI, MN, IA, IN. National is anywhere in the U.S.

\*Additional tournaments may be added dependent on fundraising and team success

## Indoor Facility

All teams will practice indoors during our winter sessions. Individual players have the ability to reserve cage time at the facility as well.

- 35,000 total sq. ft. including a 6,000 sq. ft. weight room
- Full infield, 5-8 cages, 160 ft. long toss/velocity tunnel
- Concessions, parents waiting area, team store, Angels and Halos offices
- Located at: W160 S6369 Commerce Dr, Muskego, WI 53150



## Team Practices, Clinics, Camps

- **Throwing program** – All athletes will participate in this program that will last throughout the entire year (except Nov-Dec). Blending tried and true throwing concepts with the latest trends from research and technology, this program will have our athletes performing at a high level. A focus on efficient movement patterns, strength building, and mobility will give our athletes a distinct advantage.
- **Defense - infield/outfield clinic** – All athletes will participate in the fielding clinic held in the fall (Sep-Oct) and again in winter (Jan-Mar). These clinics will allow our coaches to work with athletes on a more focused and specialized level. Held in conjunction with the throwing program.
- **Catchers clinic** – Open to all athletes who are currently catchers or working to become one. The fundamentals of receiving, blocking, and throwing will be covered as well as learning how to lead, manage, and control game situations. Held for 8 weeks during our winter session (Jan-Mar).
- **Offense – hitting/baserunning:** Hitting clinics are held during winter session (Jan-Mar). These concepts are reinforced during team practices. Baserunning is a staple of our program and will be worked on throughout the year as well as during the winter clinic sessions.



- **Sports Performance Training:** We have a dedicated sports performance director for the softball program. We have designed programs targeting the strength, power, and mobility needed for young athletes to aid in better performance and to prevent injury. This includes an arm care program, warmups before practice and games, specialized workouts during winter clinics, and at home workouts. Starting at the 14U level we will have additional emphasis on this as well as the opportunity to schedule small group workouts.

## Fees

Level	Total Fees
10U	\$1700
12U	\$1800
14U	\$2000
This fee is all inclusive and includes: <ul style="list-style-type: none"><li>• Full uniform: home/away jerseys, 2 pants, socks, belts, helmets</li><li>• Tournaments</li><li>• Facility access for team practices, clinics, and individual reservations</li><li>• Team equipment</li><li>• Insurance, administration, program costs</li><li>• Sports performance training at 14U level and above</li></ul>	

## Fundraising

We are a non-profit and can fundraise to reduce our costs. There are several categories of fundraising:

**Milwaukee Angels** – The funds raised here support the indoor facility and directly reduce the facility costs shared by each team. The major fundraising event for 2022 is still being planned but will likely be a beer tasting/raffle style event. Participation is mandatory. These details may change but to give you a sense, here were our responsibilities for 2021:

- Each team to sell 120 tickets at \$20 each
- Work the annual Beer Tasting (duties to be determined)
- Team Basket Donation (x2 per team) - \$100+ Value
- \$10 gift card / cash donation per player per team

**Team Fundraising/sponsorship:** Each team has the opportunity to fundraise to reduce fees, add tournaments, or purchase necessary equipment. This is optional for each team. The head coach will determine and coordinate any fundraising efforts for their team.



**Individual Fundraising:** We will also offer opportunities to fundraise to directly reduce your family's total player fees. This is optional and up to you how much you would like to reduce your player fee.

One of the easiest and most beneficial ways to fundraise is through SCRIP.

<https://www.shopwithscrip.com/>

## Coaches

**Chris Menden:** Chris is the Director of Softball as well as a coach in the program and has over 20 years of coaching experience. Chris was the site director for Midwest Baseball Academy, coach and instructor for Bigler Baseball, and has coached teams in both travel ball and high school programs. Chris will lead the design of our winter clinics and throwing programs as well as help coach at the 10U and 12U levels.

**Brian Johnsen:** Brian will head coach our 8U team, assistant coach on the 10U team, and help coach/design our winter clinics. He has over 20 years of coaching experience and is currently the varsity Head Coach for Greendale H.S. Brian was named the Woodland coach of the year in 2016 and 2019 and the SE Wisconsin coach of the year in 2019.

**Lizzy Menden:** Lizzy is our Sports Performance Director. A certified personal trainer, Lizzy earned her bachelor's in biomedical engineering and will earn her master's in kinesiology this year. Lizzy designs all of our arm care, strength, power, and mobility programs. Lizzy has coached travel softball for the last 5 years and will help coach either our 12U or 10U team.

**Chad Dornbach:** Chad joins Milwaukee Angels Softball as a Head Coach for our 12U team. He has 6 years of head coaching experience in baseball and 5 years' experience as a softball head coach for the Waukesha Blazers. Chad has been a staple in the softball community, and it has been fun to watch his teams and players develop under his leadership.



## 8U Team Information

### Calendar Summary:

Our 8U team will play 3 tournaments between May and July. 2 of these tournaments will be in the Milwaukee area. We will look for 1 overnight tournament most likely in Wisconsin. We will also play in the Wisconsin Fastpitch league (WFL) with scrimmages at coach's discretion.

- 8U tryouts July 20th & 26<sup>th</sup>
- Uniform fitting and information meeting July 30th & 31<sup>st</sup>
- Practice in September and October
- Off for recovery/training time/other sports November and December
- Preseason practice January through March, regular season practice and tournaments April through July

### Player Development and Practices:

The focus for our 8U athletes will be on fundamental skill development as well as learning the game and how to compete. Elements of our throwing, hitting, and fielding programs that we utilize for older levels will be taught during weekly team practices. This will include an age-appropriate introduction to our sports performance training with arm care, proper warm-up, and strength building. This focus on fundamentals will give our athletes a good base for long term success.

### Fees:

Level	Total Fees
8U	\$650
This fee is all inclusive and includes: <ul style="list-style-type: none"><li>• Full uniform: 1 jersey, 1 pair pants, socks &amp; belt</li><li>• Tournaments</li><li>• Facility access for team practice 1X per week Jan-Mar</li><li>• Team equipment</li><li>• Insurance, administration, program costs</li></ul>	