

Teresa Skinner, OTR/L

WORK and VOLUNTEER HISTORY

Various start dates (since 1996) to Present—Occupational Therapist

Grand Coulee and Almira School District, Rehab Without Walls, Empire Therapy

2008-Present---United States Olympic and Paralympic Committee

- Provide training via clinics and camps for athletes, coaches and administrators in Paralympic Track and Field, throughout the country
 - Provide and monitor training programs for wheelchair track athletes
 - Provide coaching and talent identification assistance to the US Paralympic Track and Field Program
 - Assist athletes and coaches with training programs, and athlete development (including seating and positioning)
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2019-Present---Adjunct Professor at Gonzaga University, Adapted PE course

2015-Present---Wheelchair Track Coach for United States Airforce, Wounded Warriors

2013-Present—Adaptive Sports Related volunteer work

ParaSport Spokane—Executive Director and Wheelchair Track Coach

1998-2012—Adaptive Sports Related work

St. Luke’s Rehab—Adapted Sports Coordinator and Track and field Coach

International and National Teams and Coaching History

2011- 2021

- Wheelchair Track Coach, 2016-2021 US Air Force—Warrior Games
- Wheelchair Track coach, 2020 Selection for Invictus Games (postponed to 2022)
- Assistant Wheelchair Track Coach, 2019 World Championships, Dubai
- Assistant Wheelchair Track Coach, 2019 Parapan Am Games
- Assistant Wheelchair Track Coach, 2019 Jr. World Championships, Nottwil
- Personally coached 4 Junior World Junior Para Athletes in August 2019, 6 at Parapan Am Games, and 2 at World Championships
- Assistant Wheelchair Track Coach, 2017 World Championships, London
- Personally coached 6 Junior World championship athletes and multiple medalists—2017 World Junior Para Athletic Championships
- Assistant Wheelchair Track Coach, 2016 Paralympic Games, Rio

Teresa Skinner

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- Head Wheelchair Track Coach, USA Team 2016, 2017, 2018 Invictus Games—coached athletes, multiple medalists
- Head Wheelchair Track Coach, Air Force Team, 2016, 2017, 2018 and 2019 Warrior Games—coached athletes, multiple medalists
- Assistant Wheelchair track coach for World Championship team—Doha, Qatar 2015—personally coached 2 athletes.
- Team Leader for Parapan Am team—Toronto, Canada 2015—personally coached 2 athletes and bronze medalist.
- Wheelchair track coach-Jr. World Games—The Netherlands 2015—personally coached 3 athletes, multiple medalists.
- Assistant Wheelchair Track Coach, 2013 World Championship Team, Lyon, France—personally coached 2 athletes
- Assistant Wheelchair Track Coach, 2012 Paralympic Games, London, GB---Personally coached 5 athletes, one bronze medalist—classes 33, 34, 52, 54, and one athlete set a new World Record in their combined class 100m event (33/34)
- Served on staff for USA Paralympic Track team projects in Switzerland, Canada and Dubai –2012
- Assistant Wheelchair Track Coach, 2011 World Championships, Christchurch, NZ—personally coached 6 athletes, multiple medalists.

Track Clinics/Presentations

- State High School Coaches Clinic/Collegiate Coaches Clinics:
 - Miami 2014; Southern California 2014; Miami 2014, Massachusetts 2014; Wisconsin 2013; Iowa 2012; Washington 2010
- Track and Field Saturday/Sunday Clinics and Camps:
 - Morocco International Paralympic Committee (IPC) 2019
 - Chicago, IL; Portland, OR; 2018
 - Houston, TX; Jacksonville, FL, Los Angeles, CA; Spokane, WA; 2017
 - Portland, OR; Sacramento, CA; LA, CA; Riverside, CA; Downey, CA; San Diego, CA; Houston, TX; Richmond, VA; Atlanta, GA; 2016
 - Louisville, KY; Berkeley, CA; Sacramento, CA; Columbus, OH; Ft. Wayne, IN 2015
 - Detroit, MI; Chicago, IL; Cleveland, OH; Salt Lake, UT; Los Angeles, CA; Greenville, NC; Colorado Springs, CO; Denver, CO; 2014
 - Alexandria, LA; Warm Springs, GA; Atlanta, GA; Wichita, KS; Indianapolis, IN; Chula Vista, CA; Northampton, MA; 2013
 - Des Moines, Iowa; San Jose, CA; Portland, OR; 2012

Committee's and Other Volunteer Work

- Executive Director of ParaSport Spokane—Adaptive sports program—current
 - Spokane Showdown Wheelchair Basketball Tournament—Co-Tournament Director—2018, 2019, canceled in 2020
 - Move United Competition Committee—2020-current
 - USATF Inland Northwest—Para Athlete Chair—current
 - EWU Para Sports Task Force--current
 - ATFUSA—Track and Field Committee—current
 - Shoe City Open T/F Meet—Co-Meet Director, 2013
 - WASUSA—IWAS Selection Committee—previous
 - National Junior Disability Championship—Co-meet director, 2007
 - Regional Track and Field Meet—Meet Director, 2003, 2005, 2007
 - Quad Rugby National Championships—Tournament Director, 1997
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AWARDS / PRESENTATIONS / ACCOMPLISHMENTS / CERTIFICATION

Graduation Commencement Speaker--Allied Health and Science-Class 2019
State Keynote Speaker State Leadership Conference, WAHOSA (Future Health Professionals) 2018

USATF Paralympic Track and Field Coach of the Year 2010

Spirit of Bloomsday Volunteer of the Year 2007

Chase Youth Asset Builder Award 2008 and 2002

Outstanding Service Award-WA Occupational Therapy Association 2005

USATF Level One Coaching Certified

NCCP Level Three Coaching and NCCP Trained Learner Facilitator

Guest Lecturer at the following colleges: Gonzaga University, Eastern Washington University, Washington State University, Whitworth University, Lewis and Clark State College, Spokane Falls Community College

- Wheelchair Seating and Positioning
- Paralympic Sports Awareness
- Ability awareness seminars
- Seeing beyond the disability—connecting with your clients

Conference Presentations: National Recreation Conference, US Paralympic Amazing Leaders Conference, Joint Commission on Sports Medicine and Science, AT Still University—Sports Conference, ACSM, IAHPERD, LPA, OT

- Impact of sports for youth with physical disabilities
- Developing a sports program/recruitment/volunteers
- Increasing OT services in rural areas
- Working together: US Paralympics, Paralympic Sport Clubs and Schools

Public Awareness Presentations: Rotary Clubs, Rotaract Clubs, Bloomsday Road Runners Clubs, Elementary/Middle/High schools, Kiwanis, Lyon's Clubs, and various businesses and events.